

Taking Advantage Of New Year

We are facing a new year, and we may be sure 1984 will not be a year for idleness. There will be struggles, conflict, disappointments and happiness.

No one will know what he will have to face through 1984. However, now is a fine time to take stock. We can look back and see how we did in 1983, and we can make plans for doing better in 1984.

Naomi's View
NAOMI McLEAN



We may ask ourselves, "Are we satisfied with our progress?" Of course, the past is a prelude and naturally we are more interested in the future than in the past because it is in the future that we are hoping to progress. However, it is admitted truthfully that whatever the disappointments were, or obstacles, our human nature

will not let them run down the stream easily and quickly. But if we can only make and keep one New Year's resolution in mind, there is a possibility of darkness disappearing and the ray of light appearing. That one New Year's resolution is: "Resolve to face each day with faith and confidence."

Beginning a new year is beginning a new life which lies ahead of us. And as we enter new life our faith and confidence will help us to achieve and go forward confidently to greater growth, new happiness and new experiences.

It is a blessing that we cannot know in advance what will be written in the book of 1984; and with a power not wholly our own, we shall need to find our way, sustain faith, confidence, hope and courage to travel the new life's highway. Thus sustained, we shall find our endeavors more interesting and more satisfying. Further involved, we will find our new life, new-strength, new power, new thoughts, new circumstances, new conditions, and we will be new creatures.

Wishing for readers of this column Quiet Peace, Happiness and a Prosperous New Year.

Measuring Man's Achievement From Page A4

malnutrition. By far the biggest killer of children today is dehydration caused by ordinary diarrhea. A simple mixture of salt and sugar, potassium and bicarbonate can be made up and prepacked in factories at a cost of less than 10 cents per package. When mixed with water, these oral rehydration salts have halved child deaths in villages in Guatemala, Honduras, Egypt, India and Bangladesh. With the right kind of community education program, an almost equally effective mix can be made by mothers us-

ing ordinary domestic sugar and salt and bananas, plantains or papaya for potassium.

The solutions are there. Combined, they could save the lives of 20,000 children a day. The question, says the United Nation's Children's Fund, is, "How much longer are we going to ask children to wait?"

If your child is under 5, think about a mother in another, poorer nation, and weep for her and her child.

Marian Edelman is president of the Children's Defense Fund, a national voice for children.

We Should Support Our NAACP From Page A4

Patrick Hairston is fond of saying, "Freedom ain't free." Accordingly, whether you agree with its position or not, certainly you must recognize the invaluable contribution our NAACP has made in the past and will continue to make in the future -- as long as we support it with our time and money.

Locally, we can take a joint stand for black independence and NAACP survival by purchasing \$10 memberships and \$20 tickets to the annual Freedom Fund Banquet. Tickets for the annual fund-raiser have been moving uncharacteristically slow this year due in large part to the local branch's decision to buck the white establishment and oppose the recent bond referendum on the basis that the bonds would do little to bring economic development to the masses of blacks and low-income whites. As a result of this principled stand, traditional white business community assistance has not been forthcoming, and many blacks have been intimidated into

not demonstrating ostensible support. Therefore, if you still believe that freedom is a constant struggle, and that no one can save us from us for us but us, then you need to search your heart and pocketbooks and resolve this new year to support the NAACP and other progressive, action-oriented organizations by securing your membership and by attending the Freedom Fund Banquet on Jan. 12. The featured guest will be Benjamin Hooks, executive director of the national NAACP.

You need the NAACP, and the NAACP needs you. So unless you honestly believe you are free and independent, and that your children's future is secure, then support our NAACP.

For more information, call Patrick Hairston at 748-1072 or 767-3050.

Clifton Graves is affirmative action officer at Winston-Salem State University.

Baseball And Cocaine From Page A4

the drug culture and hop-heads who happen to be baseball stars. In both instances, baseball players reflect the society in which they exist.

With the huge salaries that players have extracted from a leaderless group of owners, the primary ingredient for a cocaine environment, big money, is everywhere. Booze is still there, but drugs are what some contemporary athletes want, so the commissioner has to get tough.

In the Howe case, the commissioner acted as best he could. Howe was ill, was treated and had several relapses. Along the way, he had several short term suspensions, including one of a month's duration, which resulted in Howe losing \$54,000 in salary. Kuhn's action showed both his resolve and compassion because drug addiction, and use, is an illness with one significant difference from alcoholism -- it carries criminal penalties.

The sale of cocaine is criminal and a felony, yet users, not sellers, are most often sent to jail.

Wilson, Aikens and Martin were sent to prison for "at-

tempted possession," a misdemeanor. They wanted and tried to get drugs but had none. They started paying for their mistake Dec. 5 in Fort Worth, Texas.

Those men are ill and jails are for punishment, not for treatment of an illness. To sentence the players to jail is a perversion of what jails are for.

The federal judge that heard the players' cases had many tools at his disposal to constructively help them. Among those options were treatment centers, rehabilitation programs, work release programs and counseling.

Both the judge and commissioner said they imposed their version of justice because the players were role models.

That implies that persons of less stature would not be in jail, and that, obviously, is not equality under the law.

What baseball needs is a plan agreed to by the Players' Association. Failing this, there may not be enough players left to provide the role models who urge America to get turned on to a favorite brand of beer.

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Health Care From Page A4

braking total health care expenditures and to providing equal access to health care.

There is nothing sacrosanct about the present system and this is a good time to consider alternatives.

John Jacob is president of the National Urban League.

Fire Prevention From Page A2

you stand, the stronger they become.

That's why these TV and movie heroes burn me up whenever they're shown cavalierly bounding across a burning room. Because they're burning themselves up ... because, in a real fire our hero would be dead of smoke inhalation and covered with burn blisters before he got halfway across that room.

If you ever find yourself in a burning building, don't emulate the TV character's suicidal example. Crawl your way out; since heat and smoke rise, the coolest, clearest air is to be found near the floor.

If one night you waken to smell smoke, here's another

tip: Don't sit up to look around. You could stick your head into a smoke cloud so thick that one breath of it would make you too disoriented to escape. Rollout out bed and crawl to the door. Feel it for heat.

By the way, do your children sleep with their bedroom doors open? That's an invitation to smoke. Close all the bedroom doors at night.

Of course, the wisest thing you can do about smoke is to buy and properly install a quality smoke detector. It detects and announces the presence of toxic smoke long before it's too thick to breathe. If you don't have one, get one!

Crime Prevention From Page A2

- 3500 block, Patterson Avenue
A diamond ring was taken.
- 2400 block, Greenway Avenue
Eyeglasses were taken.
- 2800 block, Glenn Avenue

- Two dogs were taken.
- 1500 block, Mt. Zion Place
A Free Spirit 10-speed bike was taken.
- 4200 block, Brownsboro Road
A billfold and money were taken.

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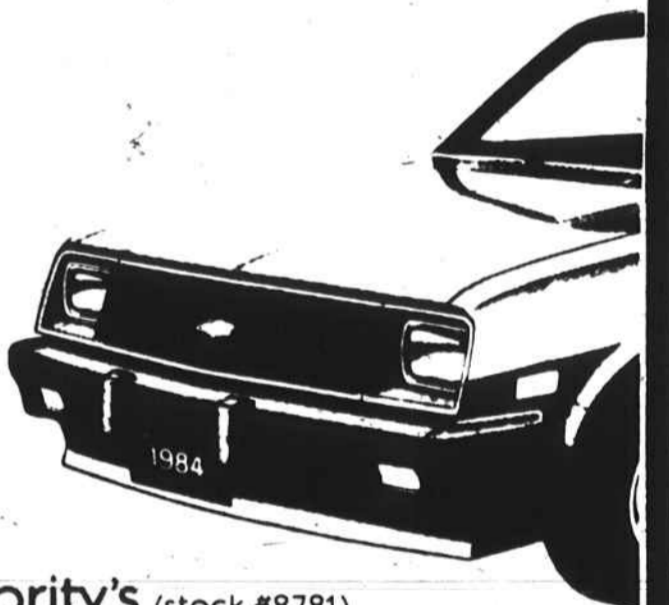
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