

Military Notes

Russell returns from Mediterranean deployment

Marine Sgt. Michael T. Russell recently returned from a six-month deployment to the Mediterranean Sea.

While deployed, Russell participated in six amphibious operations in Spain, Italy, Tunisia and Portugal.

During the exercise, Russell participated in such activities as helicopter assaults, night patrols, anti-tank training, night attacks, fast-rope practice and live firing of selected small arms.

Port calls were made in Palma De Mallorca, Barcelona, Valencia and Rota, Spain; Venice, Genoa, Naples, Trieste and Palermo, Italy; Toulon and Marseille, France; Lisbon, Portugal and Haifa, Israel.

Russell is currently stationed with the 26th Amphibious Unit at Camp Lejeune.

A graduate of Parkland High School, he is the son of Patricia A. Russell of Winston-Salem. Russell joined the Marine Corps in June 1980.

Marine Lance Cpl. Frederick L. Wilkins recently participated in Team Spirit '86.

During the month-long exercise, approximately 200,000 personnel from all services of the United States and the Republic of Korea participated.

The exercise involved approximately 28 U.S. ships, 218 Navy and Marine Corps aircraft and 28,000 Navy and Marine Corps personnel.

Wilkins is currently stationed with the 3rd Force Service Support Group on Okinawa, Japan.

A 1983 graduate of East Forsyth High School, he is the son of Wilburt and Naomi Wilkins of Winston-Salem.

Navy Seaman Recruit John E. McCoy has completed recruit training at Recruit Training Command in Orlando, Fla.

During McCoy's eight-week training cycle, he studied general military subjects designed to prepare him for further academic and on-the-job training in one of the Navy's 85 basic fields.

McCoy's studies included seamanship, close-order drill, naval history and first aid.

Personnel who complete the course are eligible for three hours

of college credit in physical education and hygiene.

The son of John M. McCoy of Winston-Salem, he joined the Navy in April 1986.

Navy Lt. j.g. Carl J. Sink is currently participating in a Western Pacific deployment.

As a crew member aboard the guided missile cruiser USS *Long Beach*, Sink is participating in history. The *Long Beach* is part of the New Jersey Battle Group, which is the first battleship battle group to deploy since the Korean War.

The *Long Beach* is the world's most versatile cruiser, with an armament of Terrier and Tomahawk missiles, torpedoes, 5-inch guns and Phalanx, a close-in weapons system.

A 1979 graduate of R.J. Reynolds High School, he is the son of C. Jackson and Elizabeth B. Sink of Winston-Salem. He joined the Navy in July 1979.

Navy Fireman Recruit Benjamin L. Williamson has completed recruit training at Recruit Training Command in Orlando, Fla.

During Williamson's eight-week training cycle, he studied general military subjects designed to prepare him for further academic and on-the-job training in one of the Navy's 85 basic fields.

A 1984 graduate of Parkland High School, he is the son of Howard Williamson of Winston-Salem.

Marine Capt. Claude H. Davis recently participated in exercise Agile Sword '86.

The two-week exercise was conducted at Eglin Air Force Base and Naval Air Station in Pensacola, Fla. Nearly 4,000 Marines and sailors participated in this exercise.

The highlight of the exercise was the unloading of the Military Sealift Command from an anchored position offshore.

Davis is currently serving in the 6th Marine Amphibious Brigade at Camp Lejeune.

A 1976 graduate of East Forsyth High School, he is the son of Mae F. and Claude H. Davis II of Winston-Salem. He joined the Marine Corps in May 1980.

MEET WARREN SPARROW
AT A SATURDAY-IN-THE-PARK PICNIC
CATERED BY BRICK JOHNSON
BLUM PARK, PAVILION NO. 1
5-7 p.m., July 26
\$5 per person
For information Call 725-8709

Sparrow
DEMOCRAT
FOR DISTRICT ATTORNEY

Paid for by the Committee to Elect Warren Sparrow
James S. Fox, Treasurer

ATTENTION: NEW AND OLD CUSTOMERS

We are serving the public for general secretarial work in our office. Also, teaching business subjects and typing to qualify students for office positions, gaining steady employment. Call for complete information about our professional services.

McLean's
Stenographic and Tutoring Service
BRUCE BLDG., 218 E. 6TH ST.
(GROUND FLOOR)

Phone: 722-8732 or 722-8278

APPOINTMENTS
24-hour answering service to take dictation and messages when we are away from the office.



SPECIAL NOTE: RESERVE OUR BUSINESS PHONE NUMBER (722-8732) for reference, it isn't listed in the 1986-87 phone directory, or refer to the 1985 directory.

Close-Up

From Page A6

position of assistant United States attorney general in Shreveport, La.

Because she herself was very involved in civil rights activities, Mrs. Hopkins is somewhat disappointed by instances of apathy among today's young black Americans.

"I don't see the fire that I saw when we were in college," she says, an uncharacteristic frown crossing her face. "I don't see the same sensitivity about some of the issues that there used to be. Some black students today don't have a sense of what has come before them. They're not as concerned, not as mobilized to the extent that we were."

"I am appalled by the lack of concern given to South African issues. We need to be less apathetic about that."

Though she relishes the opportunities that litigation law provides and what she calls the intensive case load, there comes the time when Mrs. Hopkins, the attorney, sets aside her legal briefs and becomes Mrs. Hopkins, dedicated wife and mother. With a little self-discipline and a lot of

determination, Mrs. Hopkins says she is learning to maintain the balance.

"One of the biggest challenges facing professional women today is being able to maintain balance at home and in their professions," says Mrs. Hopkins, who is married to Dr. L. David Hopkins and is the mother of a 3-year-old daughter. "It is very difficult because there are a lot of demands made on your time."

"You're not only an accountant or a manager, but you're also a chauffeur, and you take care of logistical nightmares, and you're a best friend to your husband or partner. There's also the problem of not having enough time for yourself. It's difficult for any professional mother."

Finding personal time is often difficult, Mrs. Hopkins admits, but she says it is a necessary part of life for most working mothers. Although she confesses that she "had never heard of it three years ago," Mrs. Hopkins says she has participated in time management seminars which instruct people in allocating their time.

"I make time to relax," she says, in a positive, absolute tone of voice. "I used to read a lot, but now I have a 3-year-old, so my reading material only includes things like Peter Pan and Snow White and that sort of thing, but relaxing is important to me. If I didn't relax, my brain would go crazy and my fuses would burn out."

Tennis ranks high on Mrs. Hopkins' list of relaxing activities. She is a member of the state's championship Volvo Tennis Team, the Grandslammers, and she says she has enjoyed playing with the team.

She has served on the board of the Children's Theatre and the Forsyth Court Volunteers. She is also an active member of the local graduate chapter of Delta Sigma Theta Sorority.

A person who is in touch with what is happening around her, Mrs. Hopkins says she is concerned about the future of the black family and proposes increased church attendance as a possible remedy for the epidemic.

"I see a weakening of the strong family tradition that I knew when I was growing up," she says. "We need to get more black families into churches, particularly those in their early 20s. They're beginning the ride off into the sunset. They're forming the plan of action for the future."

Robinson

From Page A5

ties with the assistance the Board of Elections and groups like the League of Women Voters should conduct an education campaign to inform voters of residency obligations before Election Day problems. Groups whose voter "education" activities have consisted of teaching black voters how to vote the straight Democratic ticket will have to greatly modify their lesson plans.

Black political leaders must stop acting as if the GOP's increased clout is a bad dream and if they roll over and go back to sleep, everything will be okay when they wake up. One of the best ways to head off these conflicts is to insure that GOP precinct officer slates in the black community are filled. Our community also must insure that the seats available on the county and state executive committees for these precincts are taken.

The state GOP staff did not mean to be insensitive on this issue but it really could not help itself. The all-white staff members probably had no idea of how their ballot-security program might be interpreted from a black perspective unless they asked their janitor.

Conversely, creating a minority affairs position is useless window dressing. These individuals are usually out of the decision-

making process. The only time their opinions are sought is when an issue of obvious concern to the black community comes across their bosses' desk.

The problem with this approach is that the black community's contemporary concerns reach beyond "black" issues. These subtle nuances usually escape the grasp of those who decide what should and should not go to minority affairs. The only way out of this dilemma is to

avoid the minority affairs trap and integrate blacks into all of the functional areas of the N.C. GOP staff.

Misunderstandings and misperceptions between the GOP and the black community can best be addressed through dialogue facilitated by a greater black presence within the GOP party apparatus. This presence must be a priority for black political leaders and clear-thinking white Republicans.

Forsyth

From Page A9

machine, which operates on the same principle as the kidney dialysis machine. Blood removed from the body is treated in the machine with a drug that prevents sickling, then circulated back into the body in a process that takes several hours and must be repeated every two to three weeks.

Treatment of the disease begins with a blood test. The National Association for Sickle Cell Disease recommends that all black people have their blood tested for sickle cell trait.

The test is especially important for people of child-bearing age.

If both parents have sickle cell trait, each child born has a 25-percent chance of having the disease.

Freeman

From Page A7

simply a personal means of escape or a way to relieve tension.

"Mime, to me, is a form of intense self-communication. It's the glue in terms of every aspect of my life."

Le Chic Boutique

- Latest Style of Dresses & Sundresses
- Jeans, Tank Tops & Cool Cotton Knit Sweaters
- Jams & Swim Suits

STORE HRS.: 10-6 Mon.-Thurs.; 10-6 Fri. & Sat.
COMPLETE SELECTION OF LARGE, MISSY AND JUNIOR SIZES
PHONE: 723-3551

Parkway Plaza Shopping Center

We've Got The Loan That's Right For You

It's that time of year again. Bring out the old ladder and paint brushes; it's spring cleaning and fix up time. But before you start, drop in to see us—you'll be surprised how easy it is to finance all of your home improvements. Mechanics & Farmers Bank can help you make your home more comfortable and enjoyable with just the right loan that won't clean you out.

Mechanics and Farmers Bank

HELPING TO CHANGE THINGS FOR THE BETTER