

# Television Hypnosis is a Reality

Under the right circumstances, people can be led to believe almost anything. Aspects of the world in George Orwell's "1984" are in place here in America.

Psychological warfare has been waged through the control of mass media and the altering of our education. Understanding the brainwashing techniques employed and knowing who is in control of influencing our thinking and what is the ultimate goal of this assault are vital to the well-being of this nation.

Think of the times you have caught yourself staring blankly at the television screen, losing all sense of time and place. When you stop conscious thinking and your mind goes blank, this is the hypnotic state of mind.

Watching television often produces an altered state of consciousness. Though not consciously perceived, the TV screen, while appearing static, actually flickers. Any repeating light or sound pattern can lead one into an altered state. A hypnotist uses patterned speech by varying the pacing and inflection of his voice to induce this state of mind in his subject.

It is in this state of mind where one is the most receptive to mental programming. Whether or not the information takes hold in the mind depends on two factors: trust in the source of the information and repetition of the message.

Trust in the source of the information induces acceptance of the message as true even if it is not understood. Repetition of the message embeds it in the subconscious so that acceptance of its truth and accuracy becomes a conditioned response.

Think for a moment about the way newscasters speak and you will realize that they all talk the same way regardless of their ethnic background. Whether they be Black, White, Hispanic, or Oriental, with few exceptions, they all sound alike. The patterned speech of a newscaster is similar to that of a hypnotist. The eye contact made with the viewer is also a hypnotic technique.

Emotions can be stirred, attitudes and states of mind revealed by nuances of tone and variation in vocal quality. The camera can reveal the smallest movement or the most subtle change of expression and give it significance and definition.

It is possible to program an entire population to respond to certain words, images, vocal qualities, body movements, ges-

tures, and expressions? The result of such programming would be a population that is highly suggestible, a population that can be manipulated with precision.

A picture may be worth a thousand words, but it also can deceive one into believing something that is not true. With a selective use of camera angles and judicious editing, it is simple to distort the meaning of what someone says or the meaning of an event.

The practice of staging events and employing impersonators of political figures was often used by the early newsreel companies. During the Mexican Revolution in 1914, arrangements were made with Pancho Villa to fight his battles in daylight and to wait until the cam-


NATO headquarters in Naples investigated the use of film to train servicemen who were not inclined to kill to be able to do so. Films were screened which showed people being maimed or killed violently to desensitize the men to those acts. A progressively more graphic depiction of violence in movies, television, and music desensitizes people, especially young people, to real-life violence and increases tension, anxiety, and fear so that the public demands that government do something. By causing emotional stress and mental confusion, judgment is impaired and suggestibility increased.

Under these conditions, people can be manipulated into allowing their rights to be diminished while governmental

power. The primary means of controlling people is the absolute control of information. There could be no effective propaganda without mass media nor could there be effective propaganda without education. The consolidation of ownership of the press, publishing, radio, TV, and film makes the coordination of propaganda possible.

Education conditions the mind with vast amounts of information disguised as facts and knowledge and dispensed for ulterior motives. The idea that deception has become an integral part of the social framework of society is a difficult idea for some people to accept. Nevertheless, an examination of the idea is worthy of our serious consideration.

Steven Jacobson is a Boston University film graduate who worked in the film industry for 13 years with both documentary and feature films.



**MIND CONTROL IN AMERICA**  
MIND CONTROL USED ON UNSUSPECTING PUBLIC  
By Steven Jacobson

eras were in place before launching his attack.

It is known that events were stage-managed to rally public opinion for the Persian Gulf War. Remember the Kuwaiti refugee girl who testified to atrocities of infants being dumped from their incubators and left to die. These charges were not substantiated, and she was later revealed to be the daughter of Kuwait's ambassador to the U.S. The capacity to lie with a picture and be undetected has been greatly enhanced by modern computer technology.

A report released in 1982 by the National Institute of Mental Health said, "violence on television does lead to aggressive behavior by children and teenagers who watch the programs." Dr. Thomas Narut from the U.S. Naval Hospital at

authority expands. Inducing stress and neuroses is a strategy of psycho-political warfare.

The same strategy applies to other issues. For example, the issue of race has been and continues to be a sensitive topic for African Americans and white America. It is for this very reason that it lends itself well to manipulation in order to direct and control the thinking and behavior of both target groups. "Divide and conquer" is an ancient political adage. Machiavellian politics is well understood in the halls of government and high finance, but not so well understood by the people who are subject to their actions. Niccolo Machiavelli, sixteenth century political theorist, promoted the doctrine that mortality had no relevance in political matters, that deceit was justified in pursuing and maintaining political

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**Week of October 11, 1992**

**ARIES (3/21 - 4/19):** Sense of direction and purpose becomes more clearly defined. Work responsibilities are increased and life at home reaches harmonious plateau.

**TAURUS (4/20 - 5/20):** Voice your opinions even when unsolicited. Praise will come your way for your wisdom and insight. Romance reaches boiling point. Either take a cold shower or make commitment.

**GEMINI (5/21 - 6/20):** Come to rescue of friend in need. Crisis for help may be both real and uncontained this time. Just you being there will be a comfort. Aries plays role.


**CANCER (6/21 - 7/22):** Don't fish for compliments. Be yourself, not who others want you to be. Realize your true potential and that of co-workers.

**LEO (7/23 - 8/22):** Wandering eyes could get you in trouble. Mate feeling threatened, questions trust and commitment. Possible change in marital status.

**VIRGO (8/23 - 9/22):** Be brave in face of difficult situation. Your attitude will effect that of others around you. Revealed secret could snowball in your favor.

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**LIBRA (9/23 - 10/22):** Don't let the pressures of work guide your attitude at home. Spend quality time with loved ones. Expect the unexpected. Capricorn and other Libra play roles.

**SCORPIO (10/23 - 11/21):** What was anticipated to be imminent may be delayed. Exercise patience. Be frugal to take full advantage of future opportunity.

**SAGITTARIUS (11/22 - 12/21):** Look toward community activities, volunteer work. Become involved in civic affairs, join committees. Good time to make your mark on society.

**CAPRICORN (12/22 - 1/19):** Romantic status in trouble, code blue. Give if your immediate attention. Look mate in eyes and confess true feelings, admit mistakes if you want to salvage damage done.

**AQUARIUS (1/20 - 2/18):** Weather may interfere with plans. Have alternate plan of action. Focus on family harmony, togetherness, group activities and projects. Spend time outdoors.

**PISCES (2/19 - 3/20):** Formerly closed doors will open. Don't blow perfect opportunity to be noticed, recognized and respected. Scorpio involved.

**AUTHOR SIGNING**  
THURSDAY, OCTOBER 15TH - 7:00 P.M.

Lawrence Naumoff  
— author of —  
*Roote Kazoote & The Night of the Weeping Women.*  
Mr. Naumoff will be at Rainbow on Thursday, October 15 at 7:00 p.m. to sign copies of his new book, *Taller Women: A Cautionary Tale.*



Mr. Naumoff says one of the incidents that fueled the writing of *Taller Women* was the "Preppie Murder Case". In *Taller Women* Naumoff explores "how we could have arrived at a moment in our culture when it might be believed that women could break their own necks while making love, and that someone would have the gall to suggest it in a public forum." Lawrence Naumoff is a native Southerner and lives in North Carolina. He is the winner of the Whiting Foundation's Writer's Award and two National Endowment for the Arts fellowships.

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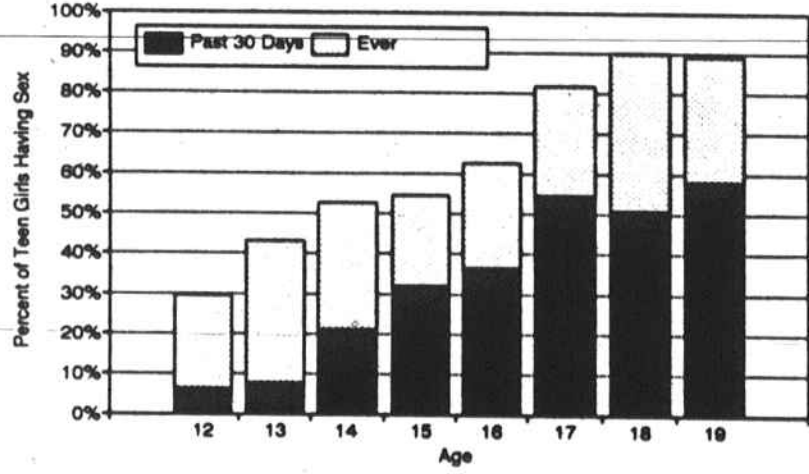
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**Teen Sex & The 70% Solution**



Remember when grandma pinched your cheek on your 15th birthday and called you her "little baby"? Nowadays, you might be having one. In 1990, 604 children were born to teenage parents in Forsyth County. More than 1 in 10 of the girls aged 15 to 19 will become pregnant each year. According to our survey of 1,269 youths in Forsyth County, about 70 percent have been pregnant at least once by age 20! By the time they are 15, more than half of all black males, a third of the black females, about a third of the white males and a quarter of the white females are sexually active. Even more alarming is the growing number of pre-teens having sex. Thirty percent of the 12 year-olds we surveyed said they'd had sex.

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