

## Our Sympathy Is Extended To The Hinton Family

Monday, January 4, 1993 - 2:00 p.m. - Carl Russell Recreation Center

A small group of players took advantage of the opportunity to get in some practice, without master points. Hopefully, the Monday group will be in full swing on next week's game day. A number of local players attended the funeral services of Beatrice Yvonne Hinton on Monday. We all will miss Yvonne greatly! Our sympathy is extended on the Hinton Family.

Tuesday, January 5, 1993 - 7:00 p.m. - Winston Lake Family YMCA

Winston-Salem Duplicate Bridge Club

First Place - Inez Gerald and Reginald McCauley  
Second Place - Pauline Caldwell and Floyd Neal

Thursday, January 7, 1993 - 7:00 p.m. - Rupert Bell Recreation Center

Kings and Queens Duplicate Bridge Club

First Place - Rudolph Boone and Charles Gadson  
Second Place - Billie Matthews and Ruth Washington

This was a "team game" and no master points were awarded. It

was an excellent practice session for the players.

**BRIDGE PLAYERS**  
You should not miss the upcoming Annual Grade "A" Bridge Tournament February 19-21, sponsored by the Triad Bridge Unit. There are some special offer-

place winners. A special game for "New Players (0-24 master points)" will be held on Friday, February 19th at 6:00 p.m. Other players will have an "open pairs" game at the same time.

This huge event will be held at the Holiday Inn (I-85 & NC-49, Exit 145), Burlington, N.C., home

## BRIDGE NEWS

By RUDOLPH V. BOONE SR.



ing for this year's players. A \$65.00 per person Package includes: [1] Three days and two night's lodging, [2] two buffet breakfasts [full American], [3] Two late evening hospitalities, and [4] A Sunday luncheon buffet (based on double occupancy per room). It will be a non-smoking tournament with "hospitality breaks." Top-ranked players will give a seminar on "winning bridge tips." Entry fees per session will be \$7.00 so be aware of this slight increase. Trophies or script will be awarded to overall 1st and 2nd

of "The outlet capital of the south" Plan to be there!

**MEMBERSHIP DUES!!**  
Pay now and enjoy your games and fellowship for the year later! Yes, all local players should pay your yearly dues by Monday, January 18, 1993. For persons interested in joining a local club, this is the best time to do so. For further information contact Ruth Washington or Olivia Thompkins, presidents of the local clubs (K&Q, W-S Duplicate Bridge Clubs, respectively).

**R.A.I.N.B.O.W NEWS & CAFE**

"Food for Body and Mind"

712 BROOKSTOWN AVE. WINSTON-SALEM  
919-723-0858  
OPEN DAILY

**1ST PAWN CORPORATION**  
COME BORROW, BUY or just BROWSE

Easy Cash Loan - Jewelry Repair - Use 0% Items  
**723-1234**

We are changing the way America shops or saving you money

2828 University Parkway  
Monday-Saturday 9-9 / Sundays 1-4

JOEL SCOTT  
1993 EMPIRE STATE SUPER HEAVYWEIGHT BOXING CHAMPION

# LEATHER COATS & JACKETS

Genuine Leather and Suede

**\$39<sup>95</sup>** Men's, Ladies' Many Styles, Sizes and Colors

1000'S TO CHOOSE DIRECT FROM FACTORY  
**2 Days Only**  
Sunday, January 17th, 10:00 a.m. - 8 p.m.  
Monday, January 18th, 10:00 a.m. - 7:00 p.m.

## 'You Get On My Darn Nerves'

This is the fourth in our series of eight columns that you can use to improve your life, now.

13. Express Yourself. (Don't be afraid to tell people that they get on your darned nerves.)

The greatest weakness of the abused person is his (her) refusal to say to the abuser— "Stop it, darn it!"

Some people abuse you because you won't fight back. Some people abuse you because shouting, screaming, ranting, and crying are their preferred ways of expressing their frustrations. They choose to kick you around because you won't do anything about it. They think that you are weak. They are bullies and you are their punching bag.

If you want to stop being abused, you are the only one who can stop it. Oh yes, and don't you abuse anyone.

14. Risk Failure and you might find success. (Don't be afraid to take a chance to do it over again. Risking doesn't hurt too much.)

Risking failure in order to achieve success makes a lot of sense.

People risk their lives every day when they drive on the freeway or consume the wrong foods.

However, when you take a chance to tell the abuser that you might succeed in the near future, it might be the best thing you do.

15. Don't be a victim. (Don't let other people get on your nerves.)



### COPING

By CHARLES FAULKNER

another who... We'll do it, then, and forget that darned lost wallet!

Mary doesn't like you? So what? Why do you care? Is it really important? What's the very worst thing that can happen to you as a result of the fact that Mary doesn't like you? Not much can happen. Mary is probably a rather unimportant person in your life. To hell with Mary! Drop her from your life like a piece of dirt. You have much better things to do.

The people who are your true friends, and who like you, are your highest priority. Spend time with

them and your entire life will improve.

16. "Keep your darned mouth shut! Don't spread rumors about other people if you don't know what you are talking about."

If you are a living, breathing human being, somebody is going to talk about you, whether you are the nicest person in the world or

the worst. Get the facts before you give your opinion about somebody.

A fact is a statement that you can support with evidence.

If you don't have facts, don't spread a rumor about another person. You could be condemning the wrong person.

You could be labeling a good person as bad. You could destroy a person's reputation. You could also get sued for defamation of character.

And guess what? Somebody else could spread an ugly rumor about you that could ruin your life.

**TOTAL NUTRITION MANAGEMENT**

Introducing Matola products from Matola Botanical International. High fiber, low fat and much more. Plus, a doctor recommended fitness program for your total health. Your satisfaction is guaranteed 100%.

For more information or to place your order, CALL **788-0758**

**WAYNE'S Lounge**

Thursday, Jan. 14th  
**MELVA HOUSTON V.I.P. NIGHT**  
5:30 - 8:30

Friday, Jan. 15th  
**Illusions**  
9:30 - 1:30

Saturday, Jan. 9th  
**A Moments Notice**  
9:30 - 1:30

128 N. Cherry Street  
Winston-Salem, NC 27101  
Phone: 919-723-1150

Full Food Service Available  
Live Jazz every Friday and Saturday  
Weekly Drink Specials  
Ample Free Parking

**“ True peace is not merely the absence of tension; it is the presence of justice. ”**

-Dr. Martin Luther King, Jr.

We must take responsibility. It is 1993.

Belk in the Triad salutes his memory and his dreams.

**Belk**  
IN THE TRIAD