



### ▲ McNair Memorialized

The late black astronaut, Dr. Ronald E. McNair, a 1971 A&T State University graduate, was memorialized by the university on Jan. 28. From left to right are Dr. Edward B. Fort, chancellor; Dr. Daniel Goldin, NASA administrator and Mrs. Ronald McNair. McNair died in the Space Shuttle Challenger on Jan. 28, 1986.

### Volunteer Training Sessions

Family Services Inc. of Forsyth County will have a volunteer training session on Saturday, February 17, 1993, from 8 a.m. to 5 p.m. for volunteers interested in working with its Family Services Shelter for battered women and their children. The training will include information on battering, medical and legal procedures, and crisis intervention counseling skills. Family Services Inc. staff will present the training. Volunteers are needed to staff the domestic violence crisis line at night and on weekends. Other volunteers are needed to plan and supervise activities and outings for shelter residents and their children. Daytime volunteers

are needed to assist victims during court proceedings. Through its Family Violence Division, which includes the Shelter and Sexual assault response programs, Family Services Inc. provides shelter, counseling, information, and 24-hour crisis intervention services for victims of domestic violence and sexual assault. These programs are supported by the United Way of Forsyth County, Area-Wide United Way, the N.C. Council on the Status of Women, the Governor's Crime Commission, local government, and private donations. For more information contact Lisa Allred at 722-4457.

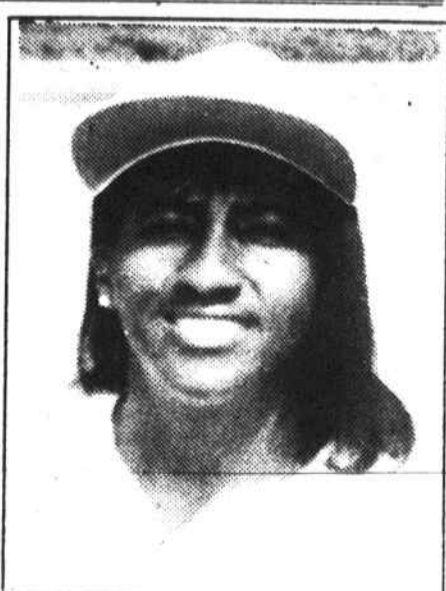
### WSSU Students Research On African-American Health

Three Winston-Salem State University students presented research on the health and physical activity habits of African-Americans at the annual meeting of the Southeast Chapter of the American College of Sports Medicine in Norfolk, Va., Jan. 28-30. The students, Victoria Snyder, Tracee Hodge and Sessie Vickers, and a student from Wake Forest University, were the only undergraduates to present at the professional meeting. Snyder's oral presentation on cardiovascular risk among African-American male employees at the Department of Transportation, was commended by Dr. Steven Blair, the keynote speaker for the conference and one of the leading exercise epidemiologists in the country. Dr. Blair, of the Cooper Clinic in Dallas, Texas, is responsible for much of what is known about the serious health consequence of a sedentary lifestyle.

Hodge presented research on the effect of an "activity coping" lifestyle as a contributor to increase blood pressure in African-Americans. The study by Vickers dealt with physical inactivity and cardiovascular risk in a group of local high schools students. During the conference, Snyder was elected student representative to the ACSM's executive board, becoming the only undergraduate to ever hold the position. The three WSSU students are members of Project Strengthen, and their research is supported by the Minority Biomedical Research Project, which is a part of the National Institutes of Health. Project Strengthen is under the direction of Dr. Wilveria Atkinson, chairman of the department of life sciences. Dr. Carolynn Berry, chairman of the department of physical education, directed the student's research.

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