Macaroni

Cheese

Natu

3 Lb. Bag

Fresh

12 Oz. Sourdough Or Reg.

10 Oz. Link

Teeter

Diet Coke Or Coca-Cola

2 Liter

Hattis Teetet,

Kraft

Macaroni

Specially Marked Pkgs.

Oral

Toothbrushes

Wise

8 Oz. Harris Teeter

Single

11 Oz.

Homestyle

Williford Receives 1st Rumph Award

from page 17

principal, said he felt honored to have a Parkland student win the award, which was named for a Parkland student.

"I think it's great," Brandon said. "James was an excellent kid and an outstanding player. That he had to die so early in life was tough on all of us. It's

"But we're glad that the Chronicle thought enough of James to name the award after him." -James Brandon

tough to lose a kid like that - who was so positive and had so much to offer.

"But we're glad that the Chronicle thought enough of James to name the award after him," Brandon added. "He was certainly an example of what you would want your student-athletes to exemplify.'



Shawn Williford relied on his elusiveness in the open field to create big plays for Parkland's junior varsity team. The 5-6, 150-pound freshman scored 10

CIAA Must Solve Growing Pains

from page 17

ahead to accomplish them." But unlike Norfolk State and Hampton it appears that the CIAA's leadership isn't looking to the future. Even though the CIAA knew at least two years ago of Hampton's plans it has yet to formally discuss plans to add any new institutions to its constituency.

The loss of Hampton seriously affected this year's tournament. Although it didn't make an impact on attendence, this year's tournament format had to be modified. Instead of awarding a bye to only the regular season champions of each division, the conference awarded a bye to the team with the second best divisional record

With three byes, both the men's and women's tournament alignment was changed drastically. Unlike past seasons when each first round game pitted teams from the Northern Division against most loyal and voiciferous in teams from the Southern Divi- the CIAA. Who will pick up sion, this year two teams from the ticket-buying slack when each division met in the open-the Spartans move to the ing round of the tournament in MEAC? both the men's and women's tournament.

of his touchdowns on kick returns.

In the women's tournament, two Northern Division teams met, Virginia State was forced to square off against St. Paul's in the opening round. The same thing happened in three have the type of athletic the men's tournament. Winston-Salem State of the Southern Division was forced to play Shaw, the runnerup in the Southern Division in the opening round.

Those changes in the toureyebrows. But the changes in store for the tournament might change the outlook for the drops to 12.

Not to mention the prospect Norfolk State's faithful fans, who might just be the

Thus far there has only been a little idle gossip on the future plans possible replacements. The only schools that have been mentioned are Clark-Atlanta, Morris Brown and Morehouse. None of the tradition that CIAA schools carry. Also none of the Atlanta-based schools have the fan appeal or drawing power that Hampton and Norfolk State brought to the table.

Just where the CIAA will nament might not raise any look for potential members remains a mystery. The CIAA's front office has kept a tight lid on its future plans. tournament in the future when However, the league's loyal the number of CIAA programs fans deserve more. Most of them know about the CIAA's humble beginnings and they should know where it is going in the future as well

Winston Lake AAU Gearing Up For New Season

from page 17

coaches recruit and it puts a lot of pressure on the kids to perform well."

For the past three years the 17-and-under national championship was held in Winston-Salem and Winston Lake, served as the host team. This season the championship will be played in Charlotte.

The top three teams from

in the tournament.

be a longshot, Brown said his - tional Tournament on March team does have a chance of 29, 30 and 31. The following making it to the tournament.

putting the team together but I expect to have a young team." he said. We're going to be competitive. I think we have enough talent around here even with the new teams to put

state tournament by participat-Although the Lakers will ing in the High Point Invitaweek the team participates in "We really haven't finished an invitational tournament in Charlotte, which will feature many of the top AAU teams in the southeast. Brown said the team should then be prepared to begin pool play in the state tournament the following week

The team only received "Gold Team", a unit featuring one major challenge during the five reserves to wear down season and that came against Kennedy, which held a 14-Penn used six players on point halftime lead. Cook. the "Gold Team" - Charles sparked by its defensive play. bounced back in the second

"It seemed like each one of "These kids came in to the players had something different to offer." Penn said. "They all wanted to play and pressure on the opponent. they gave everything they had

"I think they all had a lot strong of fun playing together," Penn said. "At the beginning of the Marcus Herndon and Brian season I told them 'You guys play, let the referees officiate the game and let me coach. It was just that simple. Everyone had a role to play and they played it.

some good talent on the court. the state will be invited to play in Charlotte. The Lakers tune up for the Cook Seventh Graders Finish With School's First Undefeated Record from page 17 ing the course of the season. throughout the season.

wanted to do well.'

Another of the team's strengths was its defense. Cook finished the season with a 49.2 scoring average per game and limited its opponents to only 28.3. The team relied on its 2-3 zone as the base defense, but also threw in some 2-1-2 for good measure. Penn said the team also mixed up full-court and three-quarter pressure defense with its halfcourt zone packages.

"We really got after people," Penn said. "The kids liked playing defense and that helped us get into the transition game. We scored a lot of points off of steals and turnovers. We shot a lot of layups.'

Depth was also one of the assets that paid dividends dur-

Penn said he inserted his opposing teams.

Sanders. Tom Maier, Matthew Brandon. Tom Berrier, Taiwan half to win by three points. Clark and Jonathan Botha.

give the first team a rest and they did a good job of putting They scored when they could, to make sure we won. but their main job was to cause problems with defense."

Bach were the top Cook reserves. Penn said the duo was good enough to start, but had to play reserve roles because of the level of play that the starters maintained

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