

RELIGION CALENDAR

Shepherd's Center to offer special seminars, support groups for seniors

• Thursday March 20 •

The Shepherd's Center of Greater Winston-Salem will sponsor "Support Groups for Seniors" beginning March 20 and continuing for six Thursdays through April 24, from 10:30 a.m. to noon, at the Shepherd's Center offices, in the Maple Springs United Methodist Church. Topics covered in weekly seminars will include nutrition, drug therapy, coping with stress and depression, etc. Participants are invited to bring a bag lunch and stay for fellowship and group counseling following the program.

For more information call the Shepherd's Center at 748-0217.

• Friday March 21 •

▲ All Night Praise

Spencer Memorial Christian Church invites to public to their "All Night Prayer and Praise Service!!!!" The service will begin at midnight and end at 5 a.m. Saturday. Spencer Memorial Christian Church is at 1410 Douglas St. in Winston-Salem, on the corner of Douglas and Dellabrook Streets. The Rev. Sandy S. Witherspoon Jr. is the pastor. For more information call 852-6655

• Saturday March 22 •

▲ The Consolers

Christ Rescue Temple will sponsor "The Consolers", with Mr. S.S. Pugh, in concert March 22 at 2 p.m. at the Christ Rescue Temple Church, 1500 N. Dunleith Ave.

▲ 'Inreach' Workshop

Genesis Victory Outreach Center will sponsor an "Inreach/Outreach Workshop" at North Hills Recreation Center, 390 Parkwood Ave., March 22 at 8:45 a.m.

The pastor of Genesis is Bishop Claude D. Thomas.

Call 744-7074 for registration information.

▲ Yard Sale

The youth and children of Saints Home United Methodist Church will have a yard sale March 22 from 8:30 a.m. until 3:30 p.m. Hot Dogs and drinks will be sold starting at 11 a.m. The proceeds from the event will benefit the Habitat for Humanity Project sponsored by the United Methodist Church's Blitz weekend. Five houses will be built during that time. Saints Home is at 1390 Thurmond St. in Winston-Salem.

▲ Fish Dinners

Deliciously golden fresh fish dinners (hot dog dinners also) will be sold March 22 from 11 a.m. until 6 p.m. at Bethlehem AME Zion Church in Pfafftown. Take Reynolda Road to Yadkinville Road. The church is six-and-a-half miles on the right. Delivery is available with minimum orders. A \$6 donation is asked.

▲ Health Seminar

The Zion Memorial Baptist Church Enrichment Center will sponsor a seminar March 22 from 10 a.m. until noon at the church. The focus of the seminar will be on male health and disease prevention. The public is invited to

attend, hear speakers, receive valuable information and get questions answered.

• Sunday March 23 •

▲ Galilee Anniversary

Galilee Missionary Baptist Church will celebrate their "43rd Church Anniversary" March 23 at 8 a.m. and 10:45 a.m. The special guests for the 8 a.m. worship service will be the Rev. Percy Smith, associate pastor, and the members of Moors Chapel Baptist Church in Milan, Tenn. The 10:45 a.m. worship service guests will be the Rev. Terry J. Johnson, pastor, and the members of First Baptist Church in Brownsville, Tenn.

▲ Palm Sunday Concert

The Music Ministry of First Presbyterian Church of Winston-Salem (corner of Cherry and Third Streets) presents its 1997 Palm Sunday concert of praise, "Be Exalted, O God!" March 23 at 7 p.m.

The concert will feature the Sanctuary Choir, The Exaltation Ringers, and Instrumentalists presenting a variety of traditional and contemporary repertoire. There will also be congregational singing.

The public is cordially invited to begin Holy Week observance by sharing in this concert of praise.

▲ Deacon/ess Anniversary

The public is invited to join the New Jerusalem Baptist Church as the Deacon and De-

ness Board celebrate their 5th anniversary March 23 at 7 p.m. The Rev. J.R. Samuels and the congregation of St. Stephens Baptist Church will be the guests for the evening.

The public is invited.

▲ Easter Cantata

The Chancel Choir of Shiloh Baptist Church, 916 E. 12th St., cordially invites everyone to attend their first rendition of "Beyond the Cross," an Easter Cantata, Sunday, March 23 at 7 p.m. The narrator will be Martha Meadows. Guest organist will be Dr. Marion Thomas.

The pastor of Shiloh is the Rev. Paul A. Lowe Jr.

▲ Bishop's Birthday

Come and join the Ambassadors

Please see page 7

Registration open for Raleigh/Durham D.C. AIDS Ride

The Washington, D.C., AIDS Ride, presented by Tanager, will bring together 1,700 bicyclists to make a four-day, 300-mile journey from Raleigh/Durham, N.C., to Washington, D.C., June 19-22. Averaging 90 miles a day, the riders are expected to raise more than \$4 million for HIV/AIDS-related services at Food & Friends and Whitman-Walker Clinic in Washington, D.C.

For more information call (202) 293-7433 or 1-800-825-1000.

Donations Needed

Donations are now needed for the Shepherd's Center Annual Used Book Sale, which will take place April 25 and 26 at the Thruway Shopping Center (lower level). They need hard backs, paper backs, records and tapes. Donations may be taken to Westview Baptist Church, 1700 Ebert St. Tuesdays, 10 a.m. to 3 p.m. For pick-up call 924-1305 or 748-0217.

SAVE MONEY ON YOUR TAXES

SUSAN B. BEASLEY
Certified Public Accountant

"Fast & Dependable"
CPA's know the ways to save you up to hundreds of dollars in taxes.

Very reasonable rates
777-8811

Call today for an appointment
Old Greensboro Road near Highway 158

WARDROBE BUILDING TIME!

70% Off

FINAL WINTER CLEARANCE

Buy One Sale Item
Get A Second At-

1/2 Sale Price

All Winter Holiday Dresses, Eveningwear and Sportswear

Buy One Sale Item
Get A Second At-

1/2 Sale Price

All Winter Holiday Dresses, Eveningwear and Sportswear

Monday-Friday 9:30-6:00

Saturday 9:30-5:00

These days,
you want more
out of life.
Start by getting
more out of
MEDICARE.



- \$35 A MONTH FOR MEDICAREGOLD
- 100% HOSPITALIZATION COVERAGE
- \$10 COPAYMENTS FOR DOCTOR VISITS
- PRESCRIPTION DRUG COVERAGE \$6 GENERIC AND \$12 BRAND NAME COPAYMENTS
- NO DEDUCTIBLES INCLUDING THE \$760 HOSPITAL DEDUCTIBLE WHEN USING PLAN PROVIDERS
- 100% COVERAGE FOR MEDICAL AND SURGICAL CARE OUTSIDE THE HOSPITAL
- VISION CARE 100% COVERAGE FOR ANNUAL EYE EXAM AND EYEWEAR (TO \$120)
- NO PRE-EXISTING CONDITIONS EXCEPT THOSE WHO HAVE HAD
 - A KIDNEY TRANSPLANT IN THE LAST 36 MONTHS
 - END STAGE RENAL DISEASE (ESRD)
 - OR ARE RECEIVING CARE FROM A MEDICARE HOSPICE

Introducing

MedicareGOLD

A new health care plan that helps you get more benefits than traditional Medicare and supplement insurance combined. QualChoice of North Carolina, Inc., backed and supported by Baptist Hospital Medical Center, is an HMO with a Medicare contract providing more coverage for less cost.

To learn more, call **1-800-348-7999.**

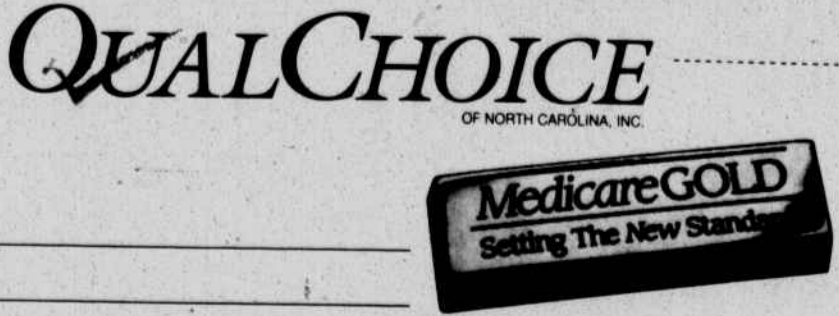
Name: _____

Address: _____

City: _____ State: _____ Zip: _____ County: _____

Phone: _____ Medicare Entitled?: _____

Mail to: QualChoice MedicareGOLD, BRI, 150 South Stratford Road, Suite 500, Winston-Salem, NC 27104



MCGAd1(1/97):A1/97 Some restrictions and/or exclusions may apply. You must have and maintain Medicare Part B. Prescription Drug Benefit is limited to \$500 per year.