



Be There.

It's a fact.

The more you get involved in the lives of children, the less likely they are to use alcohol, tobacco, and illicit drugs.

Positive, healthy activities help kids build skills, self-discipline, and confidence.

Get into the act. Call **1.800.729.6686**. Se habla español.

Your Time. Their Future. Let's Keep Our Kids Drug Free.

TDD 1.800.487.4889. <http://www.health.org>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention