

Young will speak at W-S NAACP gala

CHRONICLE STAFF REPORT

Legendary civil rights leader Andrew Young will keynote the Winston-Salem Branch of the NAACP's Freedom Fund Gala on Friday, April 25.

The annual event serves as a fundraiser for the NAACP's scholarship programs, which benefit deserving and talented local high school students.

A native of New Orleans, Young was with Martin Luther King Jr. in Memphis when King was killed in 1968. He is the former

head of the Southern Christian Leadership Conference and a former member of the U.S. House of Representatives. In 1977, President Jimmy Carter appointed Young ambassador to the United Nations. In the 1980s, Young served two terms as the mayor of Atlanta.

In addition to Young's remarks, the gala will feature a year in review of activities of the branch. Topics that will be covered include the branch's hosting of the very first North Carolina NAACP State Economic Empowerment workshop; the recent trip branch members made to Raleigh for the HK

on J rally; and its many community programs. Stephen Hairston is president of the local branch.

The gala, themed "Informed Community...Power beyond Measure," will be held at the Embassy Suites Hotel Grand Pavilion Ballroom at 6:30 p.m.

Contact the local branch for tickets, ads, or sponsorship for the Freedom Fund Gala. You may call the office Monday through Thursday from 11 a.m. - 3 p.m. at 336-767-3470.



Andrew Young is coming to town.

Family

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real kids their age. Chelsea worked with her mother to create an interesting story line and develop the plot.

"They push it as much as I do because they're proud (of the book)," she remarked.

"Quest" is Cook's first attempt at marketing her craft. However, she says writing has been close to her heart for some time.

"I've been writing since I was like 12 years old," she revealed. "It was just an outlet for me; I never took it seriously."

Longtime friend Davida Campbell convinced Cook to pursue the writing in earnest. Campbell, who teaches third grade in Charlotte / Mecklenburg County, offered to test the story in her classroom.

"She loved it and so she read it to her class and they loved it and they wrote little reviews on

it," Cook related. "That let me know it was serious, that there was a market for the book, and so I pursued it."

Like Cook, the mother in the story is a single parent, a fact she felt was important to include.

"A lot of society wants to designate what the meaning of family is," she stated. "(My mission is) just to promote the positive family unit, no matter who the make up of the family is."

Appealing to a broad audience was also a goal for Cook.

"I wrote it for children of diverse backgrounds," she said. "This is a series that any child can pick it up and they can read it and they can find themselves in the story."

Subtle themes also weave their way through the fabric of the stories, Cook says.

"We need to start placing family values and standards and morals in our children," she stated. "We have a lot of books that they just read for fun. (My book

is) a book that is fun, but yet it teaches them something that they can't teach in the schools."

The books also include a reading guide and vocabulary words from the text.

Currently, Cook publishes the books through her own publishing company, Bea Correll Press, named for her grandmother. She has sold more than 150 copies of "Quest" so far and hopes to release the second book later this year.

As for the future, "We just stay prayerful," Cook says. "I have been pitching it to publishers. I love to write, I love to create, and if I could get paid to do that, that would be just awesome. My daughter sees us on Oprah; she's already claimed we're going to be on Oprah one day with her book club."

"The Adventures of Nique, Nick and Nelle: Quest for a Family Pet" is available online at amazon.com and at Body & Soul. For more information, write to info@correllpress.com.

Brothers

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gift of song. The Bloomfield, Conn. resident has sung with numerous groups in New Jersey, Washington, D.C., Maryland, and New York City. He has sung with The Opera Festival of New Jersey, Pro Musica of New Jersey, The Washington Opera, The Southern Maryland Choral Society, Opera Ebony and The Metropolitan Opera Chorus both of New York and the Nevilla Ottley Singers.

Stewart has been featured as the baritone soloist in "The Messiah" with the Paul Hill

Chorale and Mendelssohn's "Elijah," with the Shilow Baptist Church. He made his premier with the New Britain Chorale singing the bass solo in Giuseppe Verdi's "Requiem."

Stewart holds a bachelor's degree in sociology, a master's degree in social work and a juris doctorate degree. He currently is the director of an independent living program in Hartford, Conn. and a member of a specialized clinical group that focuses on the treatment of at-risk juveniles who have been adjudicated by the criminal justice system. He is also a former student of professors Brown and Wyatt of the Juilliard School of

Music and Dr. Cordavana of the Catholic University School of Music.

The Battle brothers, both classically trained soloists, are expected to give a riveting performance with classical pieces, such as, Felix Mendelssohn's "It is Enough" and "If With All Your Hearts." They also will perform spirituals and popular show tunes. Dr. Audrey McCallum will serve as accompanist for the concert and the University Choir will perform.

Tickets are \$25 and can be purchased by calling the University Ticket Office at 336-334-7749.

Heart

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Angina - A type of chest discomfort or pain caused by inadequate blood flow through the blood vessels of the heart muscle. There are 3 types of angina: stable angina, which usually occurs with activity or stress and quickly goes away with medicine or rest; unstable angina, which is sudden and gets increasingly worse and can be a sign of a heart attack; and variant angina which is a temporary contraction of the muscles in the artery wall that stops or slows blood flow to the heart.

Arrhythmia - An arrhythmia is any disorder of your heart rate or heart rhythm, such as beating too fast, too slow or irregularly. This occurs when the electrical impulse that signals the parts of your heart to contract in a synchronized manner is interrupted.

Atherosclerosis - A disease that occurs when fatty material and a substance called plaque

builds up on the walls of your arteries.

Congestive Heart Failure (CHF) - happens when the heart can no longer pump enough blood to the rest of the body. Heart failure is almost always a chronic, long-term condition, although it can develop suddenly. This condition may affect the right side, the left side, or both sides of the heart.

Coronary Artery Disease (CAD) - is a narrowing of the small blood vessels that supply blood and oxygen to the heart. CAD is usually caused by atherosclerosis. As the coronary arteries narrow, blood flow to the heart can slow down or stop, causing chest pain (stable angina), shortness of breath, heart attack, and other symptoms.

Heart Attack - A heart attack occurs when low blood flow causes the heart to starve for oxygen. Heart muscle dies or becomes permanently damaged. Most heart attacks are caused by a blood clot that blocks one of the coronary arteries. The coronary

arteries bring blood and oxygen to the heart. If the blood flow is blocked, the heart starves for oxygen, and heart cells die.

Heart Murmur - a blowing, whooshing, or rasping sound produced by unstable blood flow through the heart valves or near the heart.

There are many other terms related to heart disease. You should always talk to your doctor if there are things you do not understand about your or a loved one's diagnosis and care. Stay tuned next week for Part 2 of our Heart Disease series: Controlling Your Risk for Heart Disease.

- Contribution by Sarah Langdon, BA

For further information, questions or comments about this article, call toll-free 1-877-530-1824. Or, for more information about the Maya Angelou Research Center on Minority Health, visit, <http://www.wfubmc.edu/minorityhealth>.

Screenings

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trend was not observed in black women. Body size was not consistently related to screening for colorectal cancer among any groups of women in the studies that were reviewed.

Breast, cervical and colorectal cancers accounted for 326,290 new cancers cases and 69,850 cancers deaths in 2007 among women in the U.S., according to the American

Cancer Society. The percentage of American women who are overweight or obese has been increasing steadily in recent decades. Between 1976 and 2004, the percentage of overweight women rose from 39 percent to 57 percent in white women, and from 63 percent to 80 percent among black women. According to a study published in the New England Journal of Medicine in 2003, 20 percent of cancer deaths in the U.S. in 2000 were attributable to obesity.

"Our review doesn't tell us

why larger women are not getting screened as frequently for these cancers," Cohen said. "It only reveals the trend. We think this pattern should be studied more thoroughly. And in the meantime, some additional effort should be made to reach women at increased risk of cancer because of their body size and encourage them to get screenings that could save their lives."

The review was supported in part by grants from the National Cancer Institute.

Awards

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Agriculture Organization of the United Nations (FAO) in Rome, Italy as Assistant Director-General and Special Advisor to the Director-General; (ambassadorial rank). A native of Savannah, Georgia, she is a member of Alpha Kappa Alpha Sorority, Inc. She will receive the Dr. Johnnetta B. Cole Living Legend Award.



Dobson

Cole-McFadden of Durham is a member of the Durham City Council and the first African American female to be named Mayor Pro Tempore in the city's history.

McLeod has spent a lifetime serving others. She has been a member of Lewis Chapel Baptist Church since 1942 where she has served faithfully. She worked with the United Order of Tents to secure a \$2.6 million grant from the Department of Housing and Urban

Development to build an apartment complex in Nash County which was named in her honor

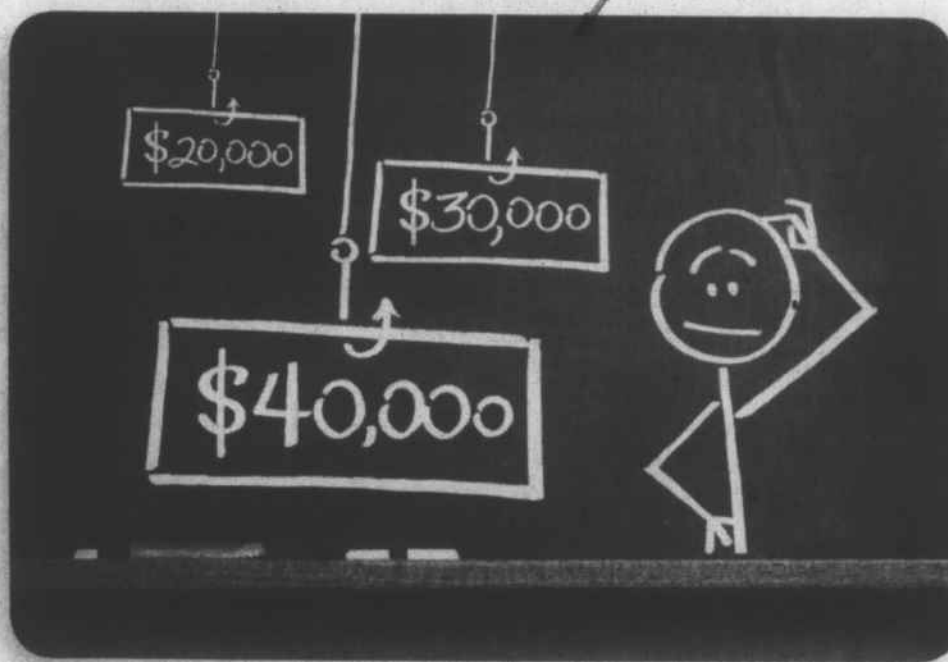
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Dillard is the owner of Dillard's Restaurant which was started by her late husband, Sam, who retired from his namesake restaurant two years before his death in 1997.

Dodson will be recognized as this year's Mahogany Dime in the Making. A sixth-grade student at Zebulon GT Magnet Middle School in Raleigh, Dodson is an actress, violinist and swimmer. Her hobbies include reading, watching television, and cooking.

For more information about the awards program, which is free and open to the public, go to www.mahoganydime.com.

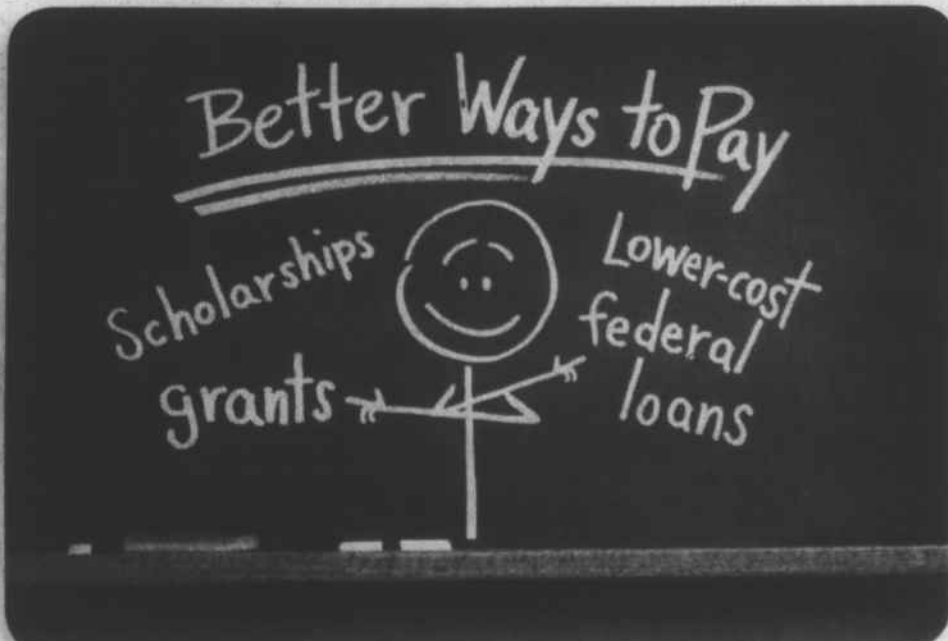
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