

Grant puts good health in motion

BY LAYLA FARMER THE CHRONICLE

The Blue Cross Blue Shield of North Carolina Foundation has awarded a \$55,000 grant to a local program to aid in its efforts to reduce the instances of hypertension in African-Americans.

The Consortium for Southeastern Hypertension Control (COSEHC) is the beneficiary of the one-year grant, which will fund "Hypertension on Wheels," a new mobile hypertension prevention program devised by consortium members.

Founded in 1994 by Wake Forest University Baptist Medical Center's Hypertension and Vascular Research Center Faculty Members Dr. Carlos Ferrario and Dr. Michael Moore, the consortium is a group of physicians, scientists and

Hypertension on Wheels

A health worker tests the blood sugar of a local woman on Tuesday evening.

and heart failure - in the Southeast.

The consortium has increased its focus on patient education in recent years. according to Dr. JaNae Joyner, a member of the organization.

'They're trying to revamp and build the patient side of organization," she the explained.

Joyner currently serves as coordinator for Hypertension Wheels. The mobile program provides free blood pressure checks and cholesterol screenings, cardiovascular risk assessments and health education to the community, visiting small businesses and churches in the area at each organization's request.

Joyner will return to each site two to three times to follow up with previous participants on health goals and

See Hypertension on A14





Geneva Brown with her winning team at the most recent AKA

A view of downtown Denver. Locals expect peace in Denver

BY LAYLA FARMER THE CHRONICLE

Local delegates are gearing up to travel to Denver for the Democratic National Convention, which will start Aug. 25.

Local party loyalists were chosen for the nearly ten delegate spots based on their dedication and involvement in local precincts. The process is competitive, according to longtime Democrat Denise Adams, who will be serving as a delegate for the third time

"When you want to become a delegate, it's like running for public office," she related.

Adams, who was a delegate for Bill Clinton in the 1992 and 1996, is an Obama delegate this time.

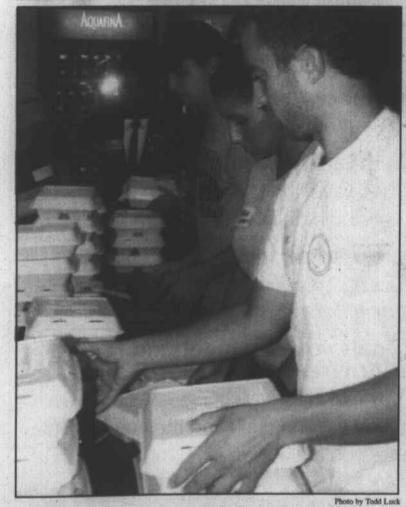
work together to reduce the an effort to lower the inci- afflictions - such as heart healthcare providers who occurrence of hypertension in dence of hypertension-related attack, stroke, renal disease

The Illinois senator came out on top after a protracted primary contest between he and Sen. Hillary Clinton. Obama ended the primary season 2,254 delegates, to 1,890 for Clinton, according to the latest number from the Associated Press. It takes 2,118 delegates to win the party's nomination. There has been much talk





Winston-Salem Urban League President/CEO Keith Grandberry greets Sen. Barack Obama Aug. 2 in Orlando during a convention of the National Urban League. Grandberry, one of the nation's youngest leaders of an Urban League chapter, was among a select few invited to quiz the Obama after his remarks at the convention. To read more about the convention, see page A6.



Freshmen get lesson on giving back

BY TODD LUCK THE CHRONICLE

Volunteering was the first assignment for 40 Wake Forest University freshmen.

The students lent their time and energy to several local agencies this week through the school's annual SPARC (Students Promoting Responsibility and Action to the Community) program, which encourages freshmen to volunteer before the fall semester begins. Each year, the freshmen are led by upper-class students for four days of community service at places like the Ronald McDonald House and The Children's Home.

"We try to give them a broad, over-reaching view of community service," said Sophomore Natalie Halpern, a SPARC leader. "We try to get all different areas of community service."

Students did not have to travel far earlier this week when they helped out at the Wake Forest Campus Kitchen. The Kitchen takes food that is left over from the campus dining hall and uses it to prepare boxed meals for those who could use it. It's student volunteers that make the program happen, says Kitchen Coordinator Melissa Duquette.

"If it wasn't for students, and we do get some faculty/staff

golf tourney. Beside Brown are Deborah Reaves, Melanie Wilkerson and Donna Oldham.



Women's Golf Tournament to benefit worthy causes

BY LAYLA FARMER THE CHRONICLE

Whether it comes in the form of a small white ball or a full-scale fundraiser, School Geneva Board Member Brown loves a challenge.

An avid golfer for decades, Brown is now working to share her love of the sport with others, and make some money for a good cause in the process.

The Sara Lee Center for Women's

Health was chosen by a ninemember committee as the beneficiary of Winston-Salem's Second Annual Women's Amateur Golf Tournament, which Brown started last year.

"It's just a thrill to see the ladies play, to see anybody play." she commented. 'There's so much fun to be had.'

Proceeds from the inaugural event, which drew a mod-

est collection of female golfers of all skill levels, went to families of fallen Winston-Salem Police officers.

Organizers are stepping up their charitable aspirations

this year, offering two mulligans, or "do-over" strokes for those who donate non-perishable items to the Second Harvest Food Bank of Northwest North Carolina. Though she

likes the idea of being able to con-

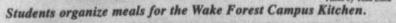
tribute to local entities, it's spreading the joy of the game that Brown says she's most concerned with.

"I'm not looking to raise money - except what we can give to the organizations -I'm looking to increase the number or lady players," she said. "You just don't have as many minority women playing the game as I'd like to

See Golf on A4

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Brown