



The late Larry Leon Hamlin presides over his last National Black Theatre Festival Gala.

# Events will mark late Hamlin's 60th birthday

## Worship service, bash among activities

CHRONICLE STAFF REPORT

The legacy of Larry Leon Hamlin will live on next month as the arts company he founded celebrates what would have been his 60th birthday.

The celebratory events will start Sept. 25, Hamlin's birthday, and continue through Sept. 28. The founder of the N.C. Black Repertory Company and the National Black Theatre Festival, Hamlin, known as "Mr. Marvtastic," passed away June 6, 2007, leaving behind a legacy of artistic excellence and high standards.

"This past year has been very revealing. The visionary has transcended, but the vision continues to grow and evolve. The spirit of Mr. Hamlin still drives the direction and participation of others in accomplishing the work of the North Carolina Black Repertory Company," said Black Rep Executive Director Gerry Patton, who took over after Hamlin's death.

At noon on Sept. 25, Patton and others will hold a news conference downtown at the National Black Theatre Festival monument on

Larry Leon Hamlin Way (4th and Marshall Streets) to talk about the plans for the Hamlin celebration. Attendees are asked to wear purple and black, the signature colors of the Theatre Festival, in honor of Hamlin's birthday.



Patton

The next evening, the Marvtastic Bash fundraising event will be held from 7 -11 p.m. at the Benton Convention Center. The event will feature food, dancing, live music, a silent auction, prizes and much more. Admission is a tax-deductible donation of \$30.

The Marvtastic Walk-a-Thon will be on Saturday, September 27th at 9 a.m. The walk will support the NCBRC Teen Theatre Ensemble. The culmination event will be a 11 a.m. worship service on Sunday, Sept. 28 at St. Stephen's Episcopal Church, 810 Highland Avenue. Hamlin attended the church, where his wife, Sylvia Sprinkle-Hamlin, is still a member.

For tickets to the bash or for more information, call 336-723-2266. Visit the NCBRC Web site at [www.nbf.org](http://www.nbf.org) for upcoming events and productions.

### Freshmen

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volunteers, we wouldn't be able to run it," said Duquette.

SPARC freshmen helped label, pack and deliver 45 meals to senior citizens at Azalea Terrace Apartments, which regularly benefits from the Wake Forest program.

It was a busy time for freshman Stephanie Gifford. Before the Wake Kitchen assignment, she helped out with the Hit the Bricks event, a campus fundraiser for cancer treatment and research. She's no newcomer to volunteering, and said she plans to continue to donate her time once classes start.

"I enjoy doing volunteer work, and I like to give back to the community," she said.

While one group of freshmen was delivering food, another was volunteering at Habitat for Humanity's ReStore, which sells restored furniture and appliances that are donated to the agency.

Though the ReStore has paid staff, volunteers are an important part of making the store run smoothly. The Wake freshmen spent their afternoon sorting and organizing miscellaneous donated items like screws, doorknobs, knockers,



Students work at the ReStore.

switches and plumbing parts. Freshman Katherine DeRosa said the program has been a great introduction to the city and to other people.

"I decided it would be a really good way to ... meet new people before school started, people who were as passionate about volunteering as I was," said DeRosa.

Team leader Dan Schaeffer said that this week was a great opportunity for the freshmen to bond and find out about what volunteer opportunities are out there.

"They get...a better sense of what they can do for the community, what they can do for people that really need help," said Schaeffer.

# BestHealth.

Wake Forest University Baptist Medical Center

## September 2008 Events

Events are held at BestHealth in Hanes Mall or other locations, as noted.

☞ = registration required. Call Health On-Call\* at 336-716-2255 or visit [www.besthealth.com](http://www.besthealth.com). To become a BestHealth member, call 336-765-8804 or visit our web site.

September is cancer awareness month at BestHealth. Special programs on cancer prevention, research and treatment are proudly sponsored by the Comprehensive Cancer Center of WFUBMC.

### 3 WED - Psoriasis Update

10:15 a.m. Dr. Katie Kerchner of WFUBMC Dermatology presents an overview of the latest psoriasis treatments available.

### 3 WED - Live Webcast: Radiofrequency Ablation of a Kidney Tumor

12 p.m. WFUBMC interventional radiologist Dr. Ronald Zagoria performs a radio-frequency ablation to treat a patient's kidney tumor. Watch it live at BestHealth. Registration not required. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 4 THU - Breast Cancer Vaccine: A Clinical Trial

1 p.m. The Comprehensive Cancer Center at WFUBMC is one of seven sites in the world participating in a clinical trial to evaluate an anti-cancer vaccine's effectiveness in reducing the risk of breast cancer recurrence. WFUBMC oncology surgeon Dr. John Stewart discusses the methodology, risks, benefits and findings of the study. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 4 THU - Ask the Dietitian

6 p.m. Join BestHealth registered dietitian Dayle Fuentes for an informative hour of group discussion on nutrition and cancer prevention. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 6 SAT - Head and Neck Cancer Screening

11 a.m. to 2 p.m. WFUBMC oncologists and otolaryngologists provide a FREE basic head and neck cancer screening. Learn your risk for these cancers and how you can lower it. Appt. required. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 8 MON - Estate Planning Basics

11 a.m. Certified financial planner Forrest Childers reviews basic estate planning strategies, including inter-family transfers, tax minimization and charitable giving. For BestHealth members only.

### 8 MON - Dare to be Dizzy

1 p.m. Vestibular rehabilitation can help those who suffer from vertigo and imbalance. Therapist Kathy Kirse of the WFUBMC Neurorehabilitation Program explains how specific exercises can improve balance and coordination.

### 8 MON - Gentle Yoga for Cancer Patients

3 p.m. Suzanne Danhauer, PhD, describes yoga and its benefits for people with cancer. Lynn Felder, RYT, leads an abbreviated gentle yoga class. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 9 TUE - Choosing the Right Words

12 p.m. It's hard to know what to say when someone close to you is faced with a life-threatening illness such as cancer. Increase your comfort and confidence level with Dr. Richard McQuellon of WFUBMC's Cancer Patient Support Program. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 9 TUE - Belly Dancing

6 p.m. Learn a fun way to get in shape with instructor Paula Stump. Dress comfortably to participate.

### 10 WED - Perplexed by Prostate Cancer?

2 p.m. Join WFUBMC urologist Dr. Joseph Pettus to learn the symptoms, diagnosis and treatments available to patients with prostate cancer. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 10 WED - PSA Screening

5 to 7 p.m. Assess your risk of prostate cancer with a simple blood draw. Results mailed to your home. \$25 fee. Appt. required. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 11 THU - Oh, My Aching Back!

2 p.m. WFUBMC neurosurgeon Dr. David Kelly discusses the diagnosis of back pain as well as the various treatment options currently available. For BestHealth members only.

### 11 THU - So Much Soy, So Little Time

6 to 7:30 p.m. Soy is a healthy source of complete protein. Chef Nikki Miller-Ka presents recipes and samples of simple, tasty ways to add soy to your diet.



### 12 FRI - Look Good, Feel Better

11 a.m. to 1 p.m. Women undergoing cancer treatment can learn ways to enhance their appearance. Receive a make-up kit valued at over \$150 for participating. Sponsored by the American Cancer Society and the Comprehensive Cancer Center of WFUBMC.

### 12 FRI - Your Family Legacy: Tales and Treasures

2 p.m. Carol Eickmeyer and Leigh McMillan, experienced organizers and moving coordinators, discuss how to organize, maintain and distribute family heirlooms.

### 13 SAT - The Healing Touch

1 p.m. Deborah Larimore, RN, of the WFUBMC Complementary and Integrative Medicine Program, presents 'Healing Touch,' an energy-based therapy that promotes health and healing. Learn how this innovative practice changes lives by supplementing traditional medical treatments. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### 15 MON - Sarcoma Made Simple

2 p.m. Dr. Paul Savage of WFUBMC Hematology and Oncology presents an overview of the causes, symptoms, diagnosis and treatments for sarcomas, a term used to describe cancers of connective or soft tissues such as fat, muscle, bone, cartilage and blood vessels. Sponsored by the Comprehensive Cancer Center of WFUBMC.

### Other Locations

### 9 TUE - Coping with Arthritis

10 a.m. WFUBMC Hand Center therapist Andrea Couts discusses rheumatoid and osteoarthritis and ways to cope. See examples of adaptive equipment and splints and how they protect joints. Held at the Fulton Family YMCA.



☞ To register for events, receive general health care information, or to schedule a physician appointment, call: Health On-Call\* at 716-2255 or 800-446-2255.

Unless otherwise stated, BestHealth programs are for adults; no children under age 12, please.



Wake Forest University Baptist  
MEDICAL CENTER