# News Clips

#### Meeting will highlight N.C. adoption options

A Free International Adoption Information Meeting will be held Monday, Oct. 27 from 7 - 9 p.m. at the Family Services office, 1200 South Broad Street, Winston-Salem, NC

National Adoption Awareness Month is celebrated each November to highlight children around the nation and the world who are waiting on an adoptive family. Family Services, in collaboration with the Children's Home Society and Family Services of Minnesota, will host the information meeting about international adoption options in North Carolina.

"International adoption is a wonderful way for families in our community to become parents" says Rebecca Nagaishi, Director of the Family Solutions Division of Family Services, Inc. "Adoption fulfills the promise of a permanent, forever family for children across the world."

### Professor will discuss good, bad and ugly of '08 election

Allan Louden, professor

of communication at W a k e F o r e s t University, will present a lecture t i t l e d "Vote: The 2 0 0 8 Election" at 3 p.m. Oct.



3 p.m. Oct. 29 in Wake Forest's Z. Smith

Reynolds Library, Room

204.

In the lecture, Louden will present a retrospective—what he calls the "good, bad and ugly" of the campaigning in the 2008 presidential race. He will use video clips from his "hit list" of political ads from the primary and general election season to illustrate particular posi-

The lecture, which is sponsored by the library, is free and open to the public.

# Free talk about incontinence slated for Tuesday

Dr. John J. Smith, professor of urology at Wake Forest University Baptist Medical Center, will present a free talk on the latest treatments for urinary incontinence from 11 a.m. to 1 p.m. on Tuesday, Oct. 28 at Cornerstone Baptist Church, 4507 Thomasville Road, N.C. Highway 109.

Urinary incontinence affects about 20 percent of women over age 40 and nearly 30 percent of elderly people active in the community. One percent to 30 percent of men are affected following prostate surgery. Incontinence can result in loss of self-esteem and in some people, anxiety and depression.

About 80 percent of people with bladder control problems can be helped or cured.

For more information about the talk, call Evelyn Hord at 336-769-0887.

### Substance abuse help

If you or a family member is struggling with substance abuse HELP is a phone call away. The Twin City Area Narcotics Anonymous Helpline can be reached at 800-365-1035 or online at www.tcana.org. For meeting schedules and additional information for this 12-step Recovery Program, please call the number of visit the Web site.



## TAKING CHARGE

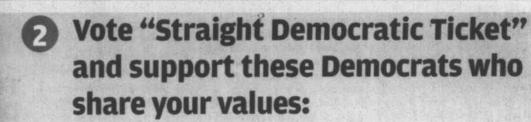
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Army Lt. Col. James C. Parks has assumed command of the 41st Signal Battalion, Yongsan Army Garrison in Seoul, South Korea. The lieutenant colonel has served in the military for 18 years. He is the son of James and Corine Parks of Salisbury. His wife, Tracci, is the daughter of Pauline Cunningham of Winston-Salem.



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and Joe Biden for Vice President

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# Our next Commissioner of Labor, Mary Fant Donnan • maryfantdonnan.com Don't forget to flip your ballot over and vote for these candidates:

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Judge Kristin Ruth\* for NC Court of Appeals
Judge Cheri L. Beasley\* for NC Court of Appeals
Court of Appeals Judge Linda Stephens\*
Court of Appeals Judge John S. Arrowood\*
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### FOR MORE INFORMATION, PLEASE VISIT ncdp.org



# Change is as easy as 1-2-3

You Can Vote NOW until November 1st with One Stop Early Voting. You can VOTE even if you are not yet registered or have never voted before. Call 888-NC-EARLY (888-623-2759) or go to voteforchange.com for times and locations.

### **Election Day is Tuesday, November 4th**

Polls are open from 6:30 a.m. to 7:30 p.m. If you are in line by 7:30 p.m., you have the right to vote.

Call 1-877-NC-4-CHANGE(877-624-2426) or go to voteforchange.com for your polling location, or if you need a ride to the polls.

First time voters should bring ONE of the below:

- Any current and valid photo ID (e.g., driver's license, student ID, employee ID, government ID), OR
- Non-photo ID with a name & address that matches your registration: utility bill, bank statement, paycheck, or government document.

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\* = publicly financed candidate

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