## MEAC gives post-season awards

CHRONICLE STAFF REPORT

South Carolina State running back Will Ford was selected as the Mid-Eastern Athletic Conference (MEAC) Offensive Player of the Year and Morgan State's Jarrell Guyton earned the Defensive Player of the Year honor, as voted by the MEAC head football coaches and sports information directors.

Willie Carter of Howard earned the Rookie of the Year award and South Carolina State's Raymond Harrison was selected as the Offensive Lineman of the Year.

Coach of the Year honors went to South Carolina State head coach Buddy Pough who led the Bulldogs to their first playoff berth in 26 years. Under Pough's guidance, the Bulldogs finished the season with a 10-3 overall mark and clinched the MEAC title with an unblemished 8-0 conference record. The Bulldogs ranked in the top 10 of three FCS statistical categories including tackles for loss (4th), sacks allowed (6th), and scoring defense (9th)

Ford led the MEAC in rushing with 1,499 yards and was tied for third in the conference in scoring (78 points). He carried the ball 246 times for an average of 115.3 yards and accounted for 13 touchdowns. Ford, a junior from Travelers Rest, S.C., is just 1,009 yards away from becoming the MEAC's all-

attention to it. I realized now how much strength I really

have, how much patience I have. I've realized there's so much more to me than play-

That's true strength.

Good luck to the local Pop

Warner squads

local Pop Warner squads that

will be playing for a national championship in Orlando, Fla., next week. If I'm not mistaking, the Forsyth Broncos Jr. Midget, Indians Jr. Midget and Oak Ridge Midgets are representing Northwest Midget at Disney

I want to take the time to wish good luck to all of the

Hill

from page B1

ing football."

World:



MEAC Offensive Player of the Year Will Ford runs for yards on Appalachian State during the first round of the DI-AA playoffs over the weekend.

time leading rusher. The Preseason Player of the Year honoree, he received the Rookie of the Year award in 2006 and was recently named a finalist for the Walter Payton

Guyton earned the MEAC's Defensive Player of the Year honor after leading one of the most dominating defensive units in the FCS. For the second year in a row the Morgan State Bears led the FCS in total defense giving up less than 213.4 yards per game. Guyton collected 35 solo and 35 unassisted tackles for the Bears this season. He

put up numbers in almost every defensive statistical category including 70 total tackles, 13 tackles for a loss of 41 yards, four sacks for a 22 yard loss, one interception for a 22 yards return, three broken up passes, one hurry, and one forced and recovered fumble.

Carter was a key offensive threat for the Howard Bison this season before being sideline with an injury. In just six games of play, he earned two Rookie of the Week honors and caught 44 passes for 477 yards and six touchdowns. He averaged 10.8 yards per catch and was instrumental

Howard's pass offense that finished second in the MEAC averaging 218.5 yards.

Harrison was a key performer in one of the most dominating offensive attacks in the MEAC this season. The Bulldogs' third consecutive Lineman of the Year, Harrison aided SCSU's offense to 4,972 vards of total offense including 2,651 yards on the ground. With Harrison at the lead the Bulldogs posted the league's top rusher in running back Ford. Harrison earned Offensive Lineman of the Week honors two times this

## Richards is named St. Augustine's interim b-ball coach

CHRONICLE STAFF REPORT

St. Augustine's College athletic director George Williams has named Margaret Richards to serve as the interim women's head basketball coach for the Saint Augustine's College Lady Falcons for the remainder of the 2008-09 basketball season. J.J. Oliver will remain in the role of women's basketball assistant coach.

The search for a women's head basketball coach will reopen following the close of the

2008-09 season. Williams affirmed that Richards will be eligible to

Richards joined the Falcon athletic staff in September 2008 as women's assistant basketball coach. She arrived from the University of Louisville Lady Cardinals where she served as a graduate assistant coach for the women's basketball team. Last season, the Lady Cardinals reached the Sweet 16 for the first time in the school's history.

Richards also served as an assis-o tant women's basketball coach at

Kentucky State University from 2005 to 2007. During her two-year stay, Richards helped the women's basketball program go from consecutive losing seasons to a 19-win sea-

As a basketball player, Richards was a four-year guard at the University of Nebraska Lady Cornhuskers where she was team captain her last two seasons. During her time at Nebraska, Richards helped the Lady Cornhuskers reach the NIT Tournament and earn a spot in the top 25 national rank-

Richards earned her bachelor's degree in Communication Studies and double minored in Sociology and Ethnic Studies from the University of Nebraska in

A native of Louisville, Ky., Richards scored over 2,000 points and collected over 1,000 rebounds at Louisville Central High School. She was selected to play on the 1999 Kentucky All-Star Team for the Kentucky-Indiana All-Star Basketball Game her senior year.

Don't Feel Miserable I his Fall!

Call your doctor and get a flu vaccine today!

The flu vaccine can help protect you against the flu, so you won't have to

experience the common symptoms like headaches, fever, muscle aches, extreme tiredness, sore throat and cough.

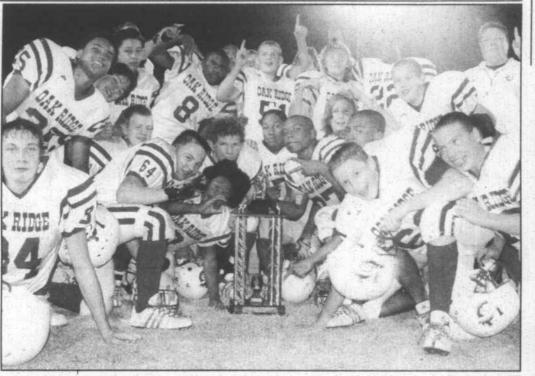
Multiply your results with

Get your 2 column by 2-inch

advertisement in more than 75 N.C. newspapers for \$1,400!

Call this newspaper for details.

Regional buys also available.



(ext. 111) or ahill@wschron-

icle.com.

The Oak Ridge Colts Midget and Tiny Indian Jr. Midget squads will also be heading to Florida. Here, the talented Colts squad celebrates after a win a few weeks ago. Also, Mt. Zion's Karron Admission is \$7 at the door. editor for The Chronicle. He Johnson (committed to can be reached at 722-8624

for advancing to Florida for the first time ever. That is something special.

Also, I hope the local

cheer squads do a great job.

Special shout out to the

Indian Pee Wee cheer squad

Hoops showcase at FCD

It's going down at Forsyth Country Day on Friday and Saturday. A special event is known as the Holiday Basketball Showcase will take place this weekend. There will be almost 30 national college

prospects participating in the event, including Patterson's Arsalan Kazemi, Patterson's Rashanti Harris (committed to Georgia State), Patterson's DeAndre Kane, Patterson's Hassan Whiteside (committed to Marshall), Patterson's Arsalen Kazami (committed to Rice).



Khalid Prince

mitted Missouri), Mason Plumbee, Jarrell Eddie. Bowa Minuri, Lakeem Jackson, Dee Giger, FCD's Tyler Lewis and several other future stars will be participating. The schools playing in the event will be Charlotte

Oklahoma State), Charis

Prep's Bawa Manuri (com-

mitted to Indiana), Charis

Prep's Keith Dewitt (com-

Christian, Wayne Country Day, Charis Prep, Patterson School, Christ School. Mt. Zion, N.W. Guilford, Cannon and FCD.

Friday's first game will start at 5 p.m, with the final game starting at 8 p.m. On Saturday the action will start at 3 p.m., with the final game starting at 6

For more information visit www.furiesonline.com/mer-

> Prayers for Parkland's Prince

I'm praying Parkland's Khalid Prince. who collapsed during Parkand's JV basketball game against North Surry on Tuesday night.

Prince was listed in critical condition yesterday (Wednesday) morning. He's a good kid, and I am definitely hoping for the best. I know everyone at Parkland is hoping the same thing.

Prince made the All-County JV Football team two weeks ago. That was the last time I'd seen him. I definitely look forward to the next time. And, I look forward to hearing some good news about him.

Anthony Hill is the sports

## This od is sponsored by the North Carolina Immunization Brench of the Division of Public Health within the Department of Health and Human Services **Community Care Center**

Volunteers working together to provide free medical and dental care to low-income, uninsured families.

You must be approved as a patient before seeing a doctor or dentist. We accept applications for new patients on Tuesdays and Wednesdays between 1:30-4:30 PM. We suggest you pick up a brochure about our requirements to prepare for the interview. Applications are taken on "first come, first served" basis. We accept only 40 applications per week.

- We are not able to provide care for pregnant women
- We are not a walk-in clinic.
- We can't handle emergencies.
- We can not accept patients with Medicaid, Medicare, Veterans' Administration Benefits or private health insurance.

Volunteers and our small staff provide medical and dental care for our patients. We are supported with donations from churches, individuals, businesses, foundations and the United Way. We do not receive government funds.

> 2135 New Walkertown Road Winston-Salem, NC 27101 (across from Evergreen Cemetery) More Information: 336-723-7904



Major & Minor Repairs