

GPA

from page A5

major, she aided in a project to enhance the text messaging system with Java using engineering software.

The 21-year-old also interned with the North America Space Agency (NASA) for two consecutive summers in Virginia. There, she worked within the Langley Research Center and had responsibilities ranging from programming a graphical user interface to researching the effects of space weather on aviation communication.

As a student, she was a member of the Computer Science Honor Society, Upsilon Pi Epsilon. She belonged to the university organizations Aggies Elite, Association of Computing Machinery and the National Society of Black Engineers. Marshall also gave back to the Aggie community by being a Student Success

Coach and a Peer Advisory Leader (PAL).

Although she was heavily involved within the university, Marshall still found time to concentrate on her studies.

"Honestly, it was not hard for me to balance everything," she said. "I don't know why it wasn't hard, but it wasn't."

Marshall, as she reflects on her years as a student, is proud of her accomplishments and basks in her success. She offers words of advice for students who have the potential to reach the highest level of academic success as she did.

"Remember that someone is paying for you to be in school. Though it is fun to party, you must remember why you are here," said Marshall, the daughter of Regina Davis and Lee McGill. "Work hard now, because before you know it, your four years in college will be over."

the court, and in a select few instances, a conviction, to be removed from public record.

An expungement is allowed in two specific instances. It is allowed for first offenders like Chris, individuals who had charges against them dismissed or found not guilty by the court. It is also allowed for a person who:

(1) pled guilty or was found guilty of a misdemeanor; (2) at the age of 16 or 17; (3) with no new convictions; and (4) not received an expungement previously.

Deferred Prosecution and an expungement can work together to completely remove a charge from a person's criminal record. However, both options only lend themselves to a person one time in life. It is not for repeat offenders. Therefore, it is important to take advantage of the opportunity at the time it is available.

Obviously, the best way to avoid the criminal process is to stay away from criminal charges in the first place. But, for individuals like Chris, there are options available that may enable defendants to make one mistake without having to endure long-term consequences.

Artreze Ziglar is a local attorney and the treasurer of the Winston-Salem Bar Association.



Getty Images Photo

Second Chances

from page A5

time period, a dismissal of the charge is entered. People like Chris, who take advantage of the program, will still have a clean criminal record.

Of course, if the conditions are not met, the presiding judge is notified and a plea of guilty is entered. Once the plea of guilty is entered, judgment will soon follow. This means that now there is a conviction on the defendant's record and sentencing will occur. No more clean record. Therefore, it is important to comply with the terms and conditions to complete this program.

Assuming that the deferred prosecution program was a success, the law offers one more alternative to completely remove any accounts of this incident from the defendant's criminal record, which is called an "expungement." This is found in North Carolina General Statute Section 15A-145 and 146. Generally, an expungement allows a person's criminal record to be restored to the status he/she occupied before the charges were filed. In its simplest terms, to expunge means to remove, wipe out, or obliterate. It allows defendants to have charges that were dismissed or found not guilty by

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Reggie Lewis died in 1993.

Deaths

from page A8

Louisian Damien Nash, who played running back at the University of Missouri and for the NFL's Denver Broncos, is suspected to have died from HCM.

To help reduce the risk to athletes and raise awareness of this life-threatening condition, Barnes-Jewish Hospital and the Washington University School of Medicine is planning a springtime conference on the topic.

Dr. Mankowitz is targeting the seminar to anyone who works with young athletes because there is some difficulty in spotting HCM by many physicians.

"Patients usually present with either chest pain or shortness of breath and some of them will present with palpitations," says Mankowitz. "It can present and look in many different ways, it has many different faces and the appearance of the heart can

mimic other conditions."

And for a young athlete who may be overexerting, Mankowitz says HCM can bring on abnormal heart rhythms that could be lethal.

"Other conditions such as coronary artery disease are not common for young athletes and this is a condition, that if they're not counseled on it and at exercise activities if they overdo it they can be at risk for dying," he says.

If a patient has a history of HCM in their family or suffering from the aforementioned symptoms, they should talk to their doctor.

"What they need is a history and physical exam, an electrocardiogram and an echocardiogram," says Mankowitz. "With those modalities we can make the diagnosis with certainty in the majority of cases."

He adds that while HCM is not curable, it can be managed with medications like beta blockers and calcium blockers.

Kwanzaa events start on Friday

CHRONICLE STAFF REPORT

Kwanzaa, a week-long African American cultural celebration, will begin on Friday, Dec. 26, at the Winston-Salem Urban League and continue through January 1, 2009.

Here is a complete list of locations and activities.

- Friday, December 26 – Umoja – at the Urban League, 201 W. 5th Street at 6 p.m. Sponsored Winston-Salem Urban League Young Professionals and National Association for Black Veterans. The event will include the Otesha Creative Arts Ensemble, Praise Dancers and a Unity Feast.

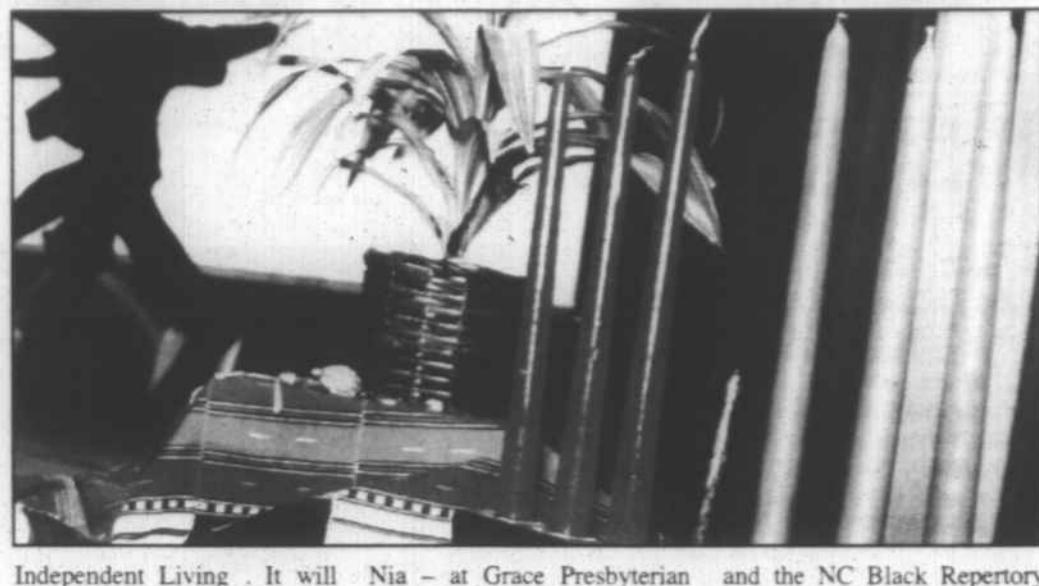
- Saturday, December 27 – Kujichagulia – at Emmanuel Baptist Church, 1075 Shalimar Drive, at 4:30 p.m. Sponsored by The Whole Village Program. Events will include a Rites of Passage and Crossing Over Ceremony.

- Sunday, December 28 – Ujima – at Quality Independent Living House, 5068 Lansing Dr., at 3 p.m. Sponsored by the Quality

- Independent Living . It will feature the intergenerational program, "Rapping With the Elders" and storytelling by Amatullah.

- Monday, December 29 – Ujamaa – at the William C. Sims Recreation Center, 1201 Adler Street, at 6:30 p.m. African American businesses and vendors will be showcased. There will also be a Soul Food feast.

- Tuesday, December 30 –



Nia – at Grace Presbyterian Church, 3901 Carver School Road, (the church is also the sponsor) at 6 p.m. The Otesha Creative Arts Ensemble will perform and awards will be given to Judge Roland Hayes and George Redd. Food will be served!

• Thursday, January 1 – Imani – at Sweet Potatoes Restaurant, 529 N Trade St., at 1 p.m. Triad Cultural Arts Inc. is sponsoring the event. There will be a special tribute to President-Elect Obama.

• Wednesday, December 31 – Kuumba – at the Central Library, 660 West 5th Street, at 2 p.m. The sponsors are the Forsyth County Public Library

Week of 12/26/08 thru 12/30/08

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12 Inch Select Varieties TombStone Pizza

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14-16 Ounce Select Varieties Hillshire Farm Cocktail Smokies

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64 Ounce or 6 Packs Select Varieties Tropicana Pure Premium Juices

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\$5.99

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24 Pack .5 Liter Bottles Aquafina

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HAPPY KWANZAA

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