

# ESR clients' Christmases made merrier by donors

SPECIAL TO THE CHRONICLE

The holiday season was filled with joy and giving at the Experiment in Self-Reliance (ESR). The agency's clients were the recipients of the community's generosity during the days and weeks leading up to Christmas.

Faith-based organizations, corporations, the armed services forces, and individual donors and contributors came forth, as they do so faithfully each year with financial and in-kind donations such as toys, food, clothing and other gifts for children and their families in need.

"On behalf of our clients, staff and board members, I would like to personally thank each and every person and organization that contributed to providing our ESR families and children with a brighter holiday," said Executive Director Twana Wellman-Roebuck. "We feel extremely blessed to have such a caring, giving community here in Winston-Salem and

Forsyth County."

ESR officials say they owe a special debt of gratitude to St. Leo's Catholic Church, which provides the makings of a holiday meal for many of ESR's client families each Christmas. The agency is also grateful to the U.S. Marine Corps' "Toys for Tots" program, which donates things like toys, games, stuffed animals, electronics and baby items. Other donors this year included Goler Memorial AME Zion Church, Wake Forest Baptist Church, BB&T and Griffith High School.

"The clients we serve would often go without a special holiday family meal or toys from Santa, if it were not for the generosity of our churches, businesses, and others," said Beverly Alexander, the ESR case manager in charge of coordinating the holiday giving project. "We thank all our community partners for remembering ESR and our client families during this season of the year."



ESR Housing Assistant Manager Johnnie Johnson serves a family during the holidays.

# Church welcomes new year with song, dance and praise

SPECIAL TO THE CHRONICLE

Holy Trinity Full Gospel Baptist Church, where the pastor is the Rev. Richard C. Miller Sr., hosted its annual Watch Night Service on Wednesday, Dec. 31, starting at 10 p.m.

For more than an hour, the praise team led the congregation in worship and praise songs. In between songs, there was testimony time,



Pastor Miller

allowing everyone an opportunity to express their thoughts, love, gratitude and appreciation to God for their blessings.

The A&A Dance Ministry of the church ministered in dance to "Amazing God." The RCM Drama Ministry then performed an inspirational skit. Following the skit, the Majestic Dance Ministry

ministered to "Broken but Healed."

Pastor Miller then graced the pulpit for just a few minutes to encourage the crowd. He only told them that they should have gotten a message from the dance numbers and the skit. When the clock hit midnight, Co-Pastor Ernestine Miller went forth with a spirited New Year's prayer.

Following communion, everyone gathered in the fellowship hall to share in breakfast, which was served by the H.U.G. Ministry.

## Calendar

from page B8

744-9293 for more information.

### Jan. 24

**Plus-size models needed**  
Models are being sought for the "Sista Big, Bone Fashion Show 2009." The models must be sizes 12W and up. The casting call will be on Saturday, Jan. 24 at 3 p.m. at Macedonia Worship Center, 500 Kinard Dr. Models should bring a photo of themselves and be prepared to model in heels or

stilettoes. Those who are auditioning should RSVP by Tuesday, Jan. 20 by calling Ahmad Johnson at 336-918-1225 or e-mailing him at a\_m\_a\_r\_j\_e\_p\_r\_o\_d\_u\_c\_t\_i\_o\_n\_s@yahoo.com.

**Dinners for sale**  
Restoration Christian Fellowship will have a spaghetti dinner sale on Saturday, Jan. 24. This event is sponsored by the Pastoral Care Ministry. Dinners will be available at 11 a.m. at the church, 1931

Vargrave St. To call ahead for orders or for more information, call Shelia Richardson at 336-725-4888. Halbert Richardson Sr. is the pastor.

**Joint worship service**  
Pastor Harry Reynolds and his congregation at Living Witness Baptist Church will worship with Healing House of God of Mount Airy on Jan. 25 at 4 p.m. The host pastor is Healing House's John Ford. The public is cordially invited to attend.

## Lesson

from page B8

**Lesson:** The Jordan River symbolizes the entrance into the their land even though the Hebrews will divide land east of it once they conquer their homeland. For this to make sense, study a map of the Exodus and the twelve divisions. The melting snows of Mount Hermon (in present day Lebanon) along with the spring rains serve as the source of the Sea of Galilee which feeds the Jordan River that empties into the Dead Sea (some 2,380 miles below sea level). The river extends about 200 miles. Usually shallow, about "three to ten feet deep with numerous rapids, whirlpools, and swift currents: (UMI Direction), it becomes impassable during the spring when the snows melt.

Chapter 3 opens with the Hebrews leaving the range of Shittim and camping at the Jordan River for three days. Afterwards, the officers (magistrates) go throughout the camp instructing the people "how" to cross the river. Don't forget that only priests (Levites) could touch the Ark of the Covenant. All of the people are to follow the Ark about a thousand feet away. Joshua tells them to sanctify (consecrate) them-

selves, for they will cross the next day. This is symbolic, indicating their respect for what is about to happen. In most instances in the Old Testament this means to wash the body, garments, and abstain from sex (Exodus 19:10-15). The Scriptures don't imply the sex is sinful. The Hebrew-Greek Study Bible explains this as a moral dedication or commitment to God. When the priests move out towards the river to stand in it, God confirms the leadership of Joshua as was done for Moses. The sign will be as they drive into Canaan the strong nations will fall as a testament that God's hands are upon Joshua. Each tribe (they travel the same way) is to select a man to lift a stone from the river bed to erect a memorial in the area that they spend the night (Galgil).

**Application:** God has something for all of us to do! He calls, prepares, and protects us to get it done. To do His Will, each of us must be faithful and obedient. Notice the priests - they don't doubt - they stand in the swelling river and the waters pile up. The people cross over on dry land. That's power! Joshua is faithful from the early days right up to the present. At times, the message from God seemed strange (see

chapters 6 and 7) but obedience is the order of the day! As we embark on the 2009 journey, let's commit more to Him and depend on the Holy Spirit to empower us to be obedient. We can't do it on our own; we must have faith! Do you have a testimony about God's providence in your life? The answer is yes for all of us - step-out on your faith and do His Will. For some of us, it's time to pass the baton; for others it's time to pick it up and go forward in the mighty name of our God! Amen? Amen!!

### Chapel Series Tuesdays, 11 AM

Inauguration Prayer Service  
January 20

Spring Convocation  
Dr. Mark Jensen  
School of Divinity Faculty  
January 27

Bishop Mildred Hines  
African Episcopal Methodist  
Zion Church  
February 3

Rev Pat Bumgardner, Sr Pastor  
Metropolitan Community Church  
New York City  
February 17

For a complete listing of the series  
divinity.wfu.edu



WAKE FOREST  
UNIVERSITY

SCHOOL OF DIVINITY

## L.I.T.E.: Losing Inches Through Education

This seminar, taught by dietitians, nurses, an exercise physiologist and a motivational speaker, is designed to teach strategies for healthy living and maintaining a healthy weight. We will provide you with a personalized meal plan, exercise guidelines, information on setting goals and overcoming barriers to weight loss. Free maintenance support group available for all attendees.

When: Mondays, January 19 - March 23

Time: 5:30 - 6:45 p.m.

Location: Forsyth Medical Center,  
Diabetes & Nutrition Services  
1900 S. Hawthorne Road, Suite 504  
Winston-Salem, NC 27103

New Year's Family Special: Register with a family member and attend for \$125 per person. Regular price is \$150 per person.

### Class Topics:

- Introduction to program, meet the staff
- Nutrition and Exercise Basics
- Portion Control
- Reading Food Labels
- Barriers to Weight Management and Support
- Exercise - Cardiovascular and Strength Training
- Dining Out, Healthy Cooking
- Stress - Emotional Eating
- Sodium, Fiber and Fluids
- Relapse Prevention and Review

Forsyth MEDICAL CENTER

DIABETES AND NUTRITION SERVICES

To register, call 336.718.7000. Please register before January 15. Seating is limited.  
www.ForsythMedicalCenter.org

## Buried in Credit Card Debt?

Over \$10,000 in credit card bills?  
Only making the minimum payments?

- ▶ We can get you out of debt in months instead of years
- ▶ We can save you thousands of dollars
- ▶ We can help you avoid bankruptcy

Not a high-priced consolidation loan or one of those consumer credit counseling programs

Call CREDIT CARD RELIEF for your FREE consultation  
800-383-2050

Not available in all states

## Macedonia Holiness Church Of God Of The Apostolic Faith, Inc.

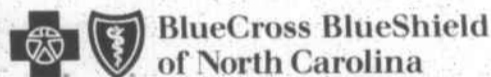


Bishop R.L. Wise, Sr.  
D.D.; S.T.D. - Pastor

Sunday Services  
Sunday School ..... 9:45 a.m.  
Morning Worship ..... 11:00 a.m.  
M.Y.P.U. .... 6:30 p.m.

Wednesday Services  
Prayer & Bible Study ..... 7:30 p.m.

4111 Whiffield Drive  
Phone: 336-767-3700  
Fax: 336-767-7006



Your plan for better health.

## BlueMedicare HMO BlueMedicare PPO

Medicare Advantage plans offered by PARTNERS National Health Plans of North Carolina, Inc. (PARTNERS) and administered by its parent company, Blue Cross and Blue Shield of North Carolina (BCBSNC)

**NEW! \$0 monthly premium plan available with prescription drug coverage!**

Attend an upcoming Medicare Advantage meeting in your area!

CALL NOW!

An authorized sales representative will be present with information and applications. There is no obligation to enroll. For accommodations for persons with special needs at sales meetings, call the number below.

Call today! 1-800-328-9605

Monday - Sunday, 8 a.m. to 8 p.m.

For the hearing and speech impaired (TTY/TDD): 1-888-451-9957

Presentations designed for potential NEW members.

Tues., Jan. 20, 2:00 p.m.  
Broyhill Conference Center  
3540 Clemmons Rd.  
Clemmons (I-40 to Exit 184 on Clemmons Rd.)

Thurs., Jan. 22, 2:00 p.m.  
Winston-Salem Hampton Inn  
1990 Hampton Inn Court  
Winston-Salem  
(Near Hanes Mall)

Mon., Jan. 26, 10:00 a.m.  
Holiday Inn Select  
5790 University Pkwy.  
Winston-Salem  
(Take Hwy. 52 to Exit 115)

Wed., Jan. 28, 10:00 a.m.  
Winston-Salem Hampton Inn  
1990 Hampton Inn Court  
Winston-Salem  
(Near Hanes Mall)

Open Enrollment Period ends March 31st.

Other products offered for Medicare beneficiaries include Blue Medicare Supplement<sup>SM</sup> and Blue Medicare Rx<sup>SM</sup>.

Benefits, formulary, pharmacy, network premium and/or copayments/coinsurance may change on January 1, 2010. Please contact BCBSNC for details. PARTNERS is a Medicare Advantage organization with a Medicare contract to provide HMO and PPO plans. 1 You must continue to pay your Part B premium. 2 BCBSNC is a prescription drug plan sponsor with a Medicare contract. BCBSNC and PARTNERS are independent licensees of the Blue Cross and Blue Shield Association. U4570, 9/08, H3449\_4143, 9/11/08, H3404\_4143, 9/11/08

Inspiring Minds, Hearts, and Souls Since 1953

ST. LEO



education with inspiration

333 Springdale Avenue  
Winston-Salem, NC  
336-748-8252  
www.stleocatholic.com

Financial Assistance Available  
Students are accepted without regard to race, creed, ethnic and national origin.

## Admissions Open House Dates

January 15, 2009 5:30pm - 7:30pm  
January 23, 2009 10:30am - 1:30pm

## Pre-School - 8th Grade

SACS & Diocesan Accredited  
Nationally Recognized Blue Ribbon School