



JV wrestlers battle for supremacy

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Public sounds off on police plan

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Locals recall tales from D.C.

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Sana Tariq and Mildred Griffin pose with their awards last week in Raleigh.

Endeavors in diversity earn locals honors

Students and longtime educator honored at Raleigh MLK banquet

BY TODD LUCK THE CHRONICLE

Winston-Salem was well represented the North Carolina Association of Educators (NCAE) recent Dr. Martin Luther King Jr. Banquet in Raleigh.

Each year during the event, the Association looks across the state and honors students and educators whose work promotes diversity and inclusion. Honorees can win for artwork, short stories, poetry or teaching initiatives.

Parkland senior Sana Tariq and Educator Mildred Griffin, who teaches at Whitaker Elementary, were among this year's honorees.

"It was a really unique experience. I think I will always recall it," Tariq said of the awards banquet, where she received a plaque and had her drawing, "The Melting Pot," displayed prominently.

Tariq, 18, won in the artwork category for grades 9-12 with her drawing, which features a portrait of a young girl that Tariq based on herself. The girl has different skin colors and hair textures, representing different ethnicities. She wears a shirt that's a patchwork of flags from all over the world. In the background stands the Statue of Liberty, a pyramid, the Taj Mahal and the Great Wall of China.



Tariq's "The Melting Pot."

See Awards on A9



The President and First Lady dance at the Neighborhood Ball last week.

THE FIRST LADY IS THE REAL DEAL

In October of 2008, I was invited to introduce Mrs. Michelle Obama at a fundraiser in Greensboro, North Carolina. I had met her fleetingly during the Democratic National Convention in Boston, but I had no real sense of her personality.

I telephoned Oprah Winfrey, aware that she knew the Obamas, and asked, "What is your take on Michelle Obama?"

Oprah answered promptly and with conviction, "She is the REAL DEAL."

I waited backstage in the Carolina Theatre wings. Mrs. Obama arrived, and to

say she was easy to talk to is a serious understatement. We sat together and talked on many subjects for forty-five minutes. We spoke about family, the economy, youth obesity, television, music, cooking and men. I was completely taken over. She did not posture, nor preen. I sensed no subterfuge in her conversation. She said what she thought and said it clearly, without bombast.

When I was cued to go onto the stage, I shook hands with her warmly and went to the microphone.



By Dr. Maya Angelou

See Angelou on A5

Sweet harmony of local heritage

Area's rich musical traditions showcased on CD

BY LAYLA FARMER THE CHRONICLE

Jazz. Gospel. Bluegrass. Moravian.

The genres represented in Carolina Music Ways' debut CD, "All Roads Lead Home" are as varied as the artists who performed them. But black or white, old or young, all the musicians have one thing in common: they call North Carolina home.

The CD is the result of a long standing desire of the nonprofit to educate and inform local residents of the rich musical history that surrounds them. It is one of many projects the organization has in place that are designed to increase the visibility of, and appreciation for, the host of talented musicians who call the Yadkin Valley area home. The nonprofit serves Forsyth and five other counties in the Yadkin Valley region, providing local residents with historical background and history of the musicians and musical traditions that are rooted in the area, and up-to-date information about shows and events where the music can be heard. Jazz, blues, bluegrass, old-time stringband, gospel and Moravian music are the primary genres the nonprofit focuses on, each of which is represented in "All Roads Lead Home."

The Twin City Choristers, Bishop John Heath and Trumpeter Joe Robinson are among the Twin City residents featured on the album, which includes commentary from Co-producer Ed Gambill.



Carlson

See CD on A10

PIPES OF POWER



Photo by Layla Farmer

Noted gospel singer Mary D. Williams belts out a tune Sunday during a racial reconciliation program at Green Street Church. Williams is known for her efforts to preserve the traditions of Black Gospel music. Read more about the event on page B4.

Beating the 'Bulge'

Winston Lake Y's Biggest Loser credits trainer, program with success

BY LAYLA FARMER THE CHRONICLE

It's no more Whoppers for Bronna Walker. No more late night meals, unhealthy snacks, and best of all, no more "great big girl stores."

Walker, 33, doesn't need them; she's a whopping 90 pounds lighter than she was this time last year, dropping from a size 26-28 to a 16-18.

"I have lost a person," she said with a grin. "I've just been shocked. I have not seen myself like this in a long time. I don't even remember wearing a 16-18 coming up. I've always been big."

See Walker on A10



Photo by Layla Farmer

Having already lost 90 pounds, Bronna Walker is on a mission to drop 60 more.



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