SPORTSWEEK

SECTION B

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JANUARY 29, 2009



A Carver player waits to get back into the game.

Carver JV squad smokes Parkland

Yellowjackets have their way with Mustangs in 58-34 victory

BY MARLON HUBBARD FOR THE CHRONICLE

"Play hard, have fun and play for four quarters." That was the advice that Carver High JV Coach Greg Scales gave his players last Friday before they faced off

against Parkland. Judging from the players formance and the game's outcome, the players took their coach's advice to heart and did just what he asked of them, beating the

Mustangs 58-34. Carver arrived at Parkland's gymnasium riding a four-game winning streak, and intended to keep the momentum going, as they

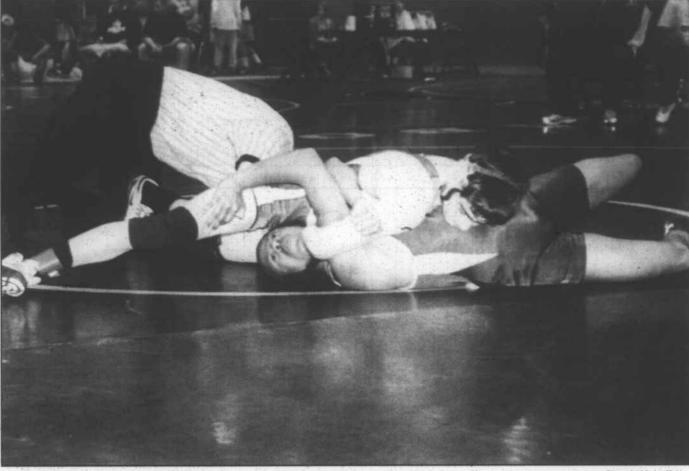
forced turnover after turnover. Parkland Coach

Coach Scales McGuinness had an agenda for his

team at the start of the game.

"We need to work for more consistency in our back court," he said. "Our job is to defend against the other team

See Carver victory on B2



Keyshawn Logan of Mount Tabor unsuccessfully fights against being pinned by West's Cody Motsinger.

Parkland last team standing at weekend wrestling tournament

BY TIM BULLARD FOR THE CHRONICLE

Parkland was the last team standing at Saturday's Countywide Wrestling Tournament. Held at Mount Tabor High School, the tourney pitted the county's 10 junior varsity squads against one another.

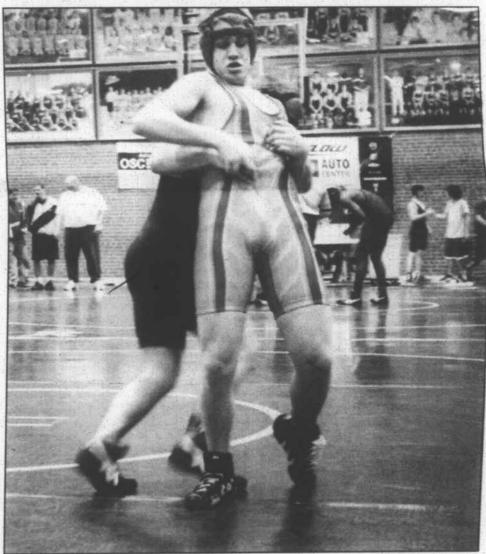
The 262.5 total points earned by the Mustangs gave the team a comfortable victory over second-place finisher Glenn, which had 144 points. Parkland wrestlers were victorious in 11 of the 14 tournament championship rounds.

Parkland's Luis Ramos made history during the event, becoming the first ever four-time City/County Champion.

Saturday's competition was double elimination, so those who kept winning kept moving on to the next round. After a loss, a wrestler then fell into a consolation bracket, where a single loss meant elimination. The tournament, which boasted four wrestling match circles, stretched over much of the of the day, drawing hundreds of supportive parents, students and wrestling fans.

In the high school sports pecking order, wrestling ranks far below sports like basketball and football, but according to the athletes, coaches and fans at Saturday's tournament, wrestling is in a league all of its own.

"This sport teaches a ton of life



Glenn's Grant Lemasters tries to break the grip of East's Austin Sexton.

Rested Rams compete well at Liberty track meet

CHRONICLE STAFF REPORT

It's off and running for the Winston-Salem State University indoor track & field teams.

They returned to action over the weekend at the

Liberty Open in Lynchburg, Va., after a seven week lapse in competition. But the men's and women's squad showed no signs of being rusty.

The men's 4x800m team took first place in the event with a time of 8:05.76. Freshman Andrew Chebii keyed the win

the relay's second leg. start to finish," WSSU track & field Head Coach Halcyon Blake said. "Cornell had a

with a strong performance on



WSSU freshman runner Desmond Wiggan won the men's 1000m run in 2:34.68.,

while junior sprinter Paul Williams also did well, finishing second in the men's 60m dash in 6.98.

The Lady Rams had some stellar performances both on the track and in field events

WSSU junior Jessica Peaks finished second in the

women's high jump, with a leap of 5".05" (1.65m). On the track, WSSU sophomore Allegra Seegars finished fifth "We led the event from in the women's 200m dash. Senior Sandy Harrison finished second in the women's

See Track on B2

AGGIES INFLICT PAIN

See Wrestling on B3



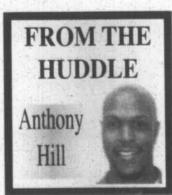
The Aggies of N.C. A&T got the best of both Winston-Salem State's men's and women's basketball teams last week. The ladies went down in flames, 73-40, despite the best efforts of Rams like Rene Rector, pictured above. The guys lost 73-60. Both match-ups took place last Saturday at Joel Coliseum.

SAYING GOODBYE IS MEVER EASY

The title of this column says it all. This is my final column for The Chronicle. And, it's a lot harder to write than I expected. It's even harder to leave the company where I've worked for the last six

There are several things that stick out to me as I

think about my experiences at The Chronicle. Most people tell me that they enjoy my interviews with different sports personalities and athletes each week. I enjoyed those as well. I still think about my first few interviews. I started with Josh Howard, during his senior year at Wake. Then, I talked to



Wake's field hockey coach after the school's first field hockey national title. And I'll always remember and talk about my first interview with Chris Paul, after a game against South Rowan during his senior year at West. My all-time favorite interview would have to be the one I did with legendary Coach Big House Gaines. He even called me The Chronicle's

