

See Page BI



Talented dancer plans local showcase

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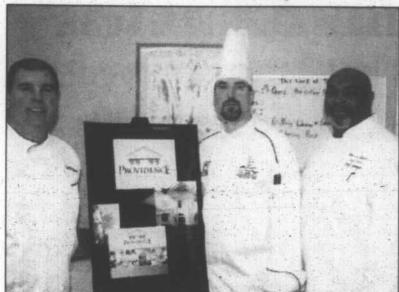
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Vol. XXXV No. 24

THURSDAY, February 12, 2009

Feeding a Need

Food bank to reopen fine dining eatery



BY TODD LUCK THE CHRONICLE

The Triad Community Kitchen is planning to put its own culinary students to work by opening a new fine dining restaurant downtown.

The Community Kitchen is located inside The Second Harvest Food Bank of Northwest North Carolina. It prepares perishable donated food to be given to the needy while providing free training in food preparation for the unemployed and underemployed. The planned nonprofit restaurant, Providence Fine Dining, will hire graduates from the 10-week Community Kitchen class. It will be located in the building that formally housed Michael's restaurant on Fifth Street. Profits from Providence will go to the Community Kitchen:





The former Michael's on Fifth See Providence on A4 Street in downtown.



Dr. James A. Forbes speaks at WSSU.

'The Year of the Lord's Favor' -

Famed preacher speaks of great optimism

BY LAYLA FARMER THE CHRONICLE

The year 2009 will be one to remember, in the estimation of the Rev. Dr. James A. Forbes Jr. Forbes, the senior minister emeritus of the famous Riverside Church in New York City, spoke at Dillard Auditorium on the campus of Winston-Salem State University last Thursday, as part of the James A. Gray lecture

The series, which is free and open to the public, brings a handful of celebrated religious leaders to the school each year, for remarks and discussions on the most prominent religious and moral issues facing the nation today.

An internationally known pastor, Forbes is the president and founder of the New Yorkbased Healing of the Nations Foundation, which seeks to mend societal problems around the globe by encouraging collaboration and fostering goodwill within communities. He became the first African American senior minister when he took leadership of the more than 2,400-member congregation at Riverside nearly 20 years ago. His successor, Dr. Brad Braxton, is a former faculty member of Wake Forest School of Divinity.

Forbes was introduced by Virginia Newell, who hailed him as "the best and brightest North Carolina has to offer."

Newell - a well-known community member and retired educator - taught the prolific preacher as a child.

Forbes, a North Carolina native, had glowing words for Newell, who he said has been an

See Forbes on A12

Chefs Joe Brucato, Jeff Bacon William Webster.

City on Red Alert over heart care

Residents take part in national awareness campaign

BY LAYLA FARMER THE CHRONICLE

More than 60 city residents gathered at City Hall Friday, to take part in a national awareness campaign to promote heart health in women.

"Go Red for Women" is an initiative of the American Heart Association (AHA) designed to shed light on the issue of heart disease - which manifests differently and is often misdiagnosed or overlooked - in women.

Heart disease is the number one killer of women and men nationwide, affecting one in three women, according to the AHA.

Locally, statistics are equally damning, according to Jeff McPherson, president of the AHA's Triad affiliate.

"In 2006, 17,000 people in North Carolina died from cardiac disease," he said. "These people we're talking about are our mothers, our wives, our friends, our sisters ... that's why this day is so important." Winston-Salem participated in

the event for the first time this year, encouraging its citizens to don red clothing and host special events centered around heart disease in women in support of Go Red, which began in 2004.

"Forsyth County is the fourth worst in the state as far as heart disease death rates (are concerned)," commented Sara Fedele, also of the Triad affiliate. "We need to do a lot to change that."



Mayor Allen Joines looks on as Mayor Pro Tempore Vivian Burke speaks.

Mayor Allen Joines read a proclamation declaring Feb. 6 Go Red for Women Day in Winston-Salem in honor of the observance. The issue of heart disease is close to Joines' heart, he said. His mother was being treated for heart problems at the time of the event.

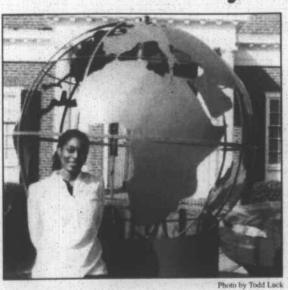
"Across the whole country ... people are coming together to celebrate and bring attention to women's health," the mayor said. "All women should learn their risk for heart disease. Making the right choices ... is essential to living a heart healthy life."

Several local residents were on hand to share their personal stories of heart disease with the group.

Cynthia Charles, director of Marketing and Public Relations at Novant Health and a former resident of Los Angeles, was stuck in

See Go Red on A11

New academy to give kids the world



Yolanda Nolton stands outside of the Cultural Sensations Multicultural Learning Academy.

BY TODD LUCK THE CHRONICLE

A new program hopes to expose children to cultures from around the world without ever leaving Winston-Salem.

Cultural Sensations Multicultural Learning Academy will take children on a global adventure, with each session focusing on a different country. Students will learn the traditional music, dance, language and food of each culture. Teachers hailing from the featured countries will lead the exploration of their native lands.

Cultural Sensations Founder Yolanda Nolton said early exposure to other cultures is important as the community becomes increasingly diverse and globally connected.

"I wanted to introduce them to a world that was so much bigger than what they see everyday and present that world to them in a fun way," she said

Nolton deals with different cultures daily as an employee of MTM Global, a nonprofit that provides global leadership training for people all over the world. She traveled the world for eight years as a missionary and says Cultural Sensations was inspired by the stark contrast she found between American children's knowledge of

See Academy on A11



Actor Daniel Beaty performs in his latest one-man show, "Resurrection," which he will bring to Winston-Salem next week.



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Read more about this talented young man on page A12.



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