

COMMUNITY

SECTION B

Also Sports, Religion, Obituaries and Classifieds

SEPTEMBER 24, 2009



Community Calendar

Community meeting

The residents of Kentucky, Maryland and Cameron avenues and First, Third and Fifth streets will meet on Monday, Sept. 28 at 6 p.m. at Mount Zion Baptist Church, 950 File St. Representatives from various City of Winston-Salem departments will be in attendance to answer any questions or concerns residents may have.

Seniors festival

The 4th Annual Seniors Fall Fun Festival, for ages 50-plus, will be held on Oct. 12 from 10 a.m. - 1:30 p.m. at 14th Street Recreation Center, 2020 N.E. 14th St. There will be fun, fellowship, health screening and prizes. Admission is \$3 and includes a light meal. Call 336-727-2891 for more information.

School seeks exercise bikes, magazines

Ward Elementary is looking for donated exercise bikes and magazines for its new Read and Ride program, in which classes pedal on the bikes while reading. Staff will pick up bike(s) if needed. Please call Scott Ertl at 336-774-4674 for more information.

Free West End walking tours

The YWCA Glade Street, 1201 Glade St., is hosting free walking tours through the West End. The leisurely strolls are done every Monday and Wednesday beginning at noon. Walkers should meet walking leader Brandi at the front of the Glade Street YWCA. For more information, contact Sabrina Slade at 336-722-5138, ext. 225.

Paisley alumni D.C. trip

The J.W. Paisley High School Alumni Association is sponsoring a Washington, D.C. excursion from Oct. 2-4. Activities will include shopping, tours, a casino visit and the Winston-Salem State vs. Howard University football game. For additional information, contact Carolyn Hampton at 336-817-4816 or Robert Noble at 336-764-0980.

WSSU game trip

There will be a bus trip to the WSSU verses South Carolina State football game on September 26. For more information, call 336-764-3601 or 336-301-2087.

Big Four Dance tickets

Tickets to this year's Big Four Dance will be on sale from 10 a.m. to 2 p.m. in the parking lot of the Winston Mutual Building, 1225 E. 5th St., on the next three Saturdays (Sept. 26, Oct. 3 and Oct. 10). Tickets are \$25 each or \$250 for a table. EnVision and Signature Soundz will provide entertainment. Manard "Busta" Brown will serve as emcee. The Big Four Dance is Oct. 24 at 9 p.m. at the Benton Convention Center.

To obtain tickets at other times, call Judy Brown at 336-767-1487 or Linda Davis at 336-767-2714.

Men don women's shoes for awareness campaign

BY LAYLA FARMER
THE CHRONICLE

A crowd of 150 men, many of them in women's heels, embarked on a mile-long journey Saturday morning, as part of an international effort to raise awareness about violence against women.

The "Walk a Mile in Her Shoes" event was founded by Frank Baird in 2001 as a sort of light-hearted way for men to acknowledge the power they have to end the very serious problems of rape, sexual assault and other acts of violence against women.

Saturday's trek marked the first-time Winston-Salem has signed on to host a Walk a Mile in Her Shoes event, but it won't be the last, said Lloyd Leonard of Family Services Inc., which sponsored the event.

"We needed to create some type of awareness in the community about violence against women," explained Leonard, Family Services rape prevention and education specialist. "... but we also wanted the men to come together and hold themselves accountable, because we are the solution to ending violence against women."

Local men were asked to show their support for the cause by signing up to literally walk a mile in women's shoes. Those who answered the call found that this was no simple feat. Many of the men were visibly uncomfortable as they made the walk from Family Services' Southeast Gateway headquarters to Salem College and back. They hobbled, limped, and wobbled in an effort to balance in the heels. Leonard said that the awkwardness is part of the goal of the walk.

"We want them to feel uncomfortable; we want to step outside the box," he stated. "That's the purpose - to empathize about what (women) go through on a daily basis."

Sixty-two year-old Yoshi Nagaishi walked backwards most of the way, in an effort to take the pressure off his heels.

"My toes are numb, my calves are tight, and my ankles are very wobbly," he related with a laugh. "I can see why sometimes I see women toward the end of the day walking barefooted."

Despite his sore feet, Nagaishi, who has worked as a family therapist for the last three decades, said he felt it was important to lend his support to the walk.

"It's both men's and women's responsibility to really do something about the level of relational violence," he commented. "It's a matter of really literally getting into somebody else's shoes and

High-Heeled Hike

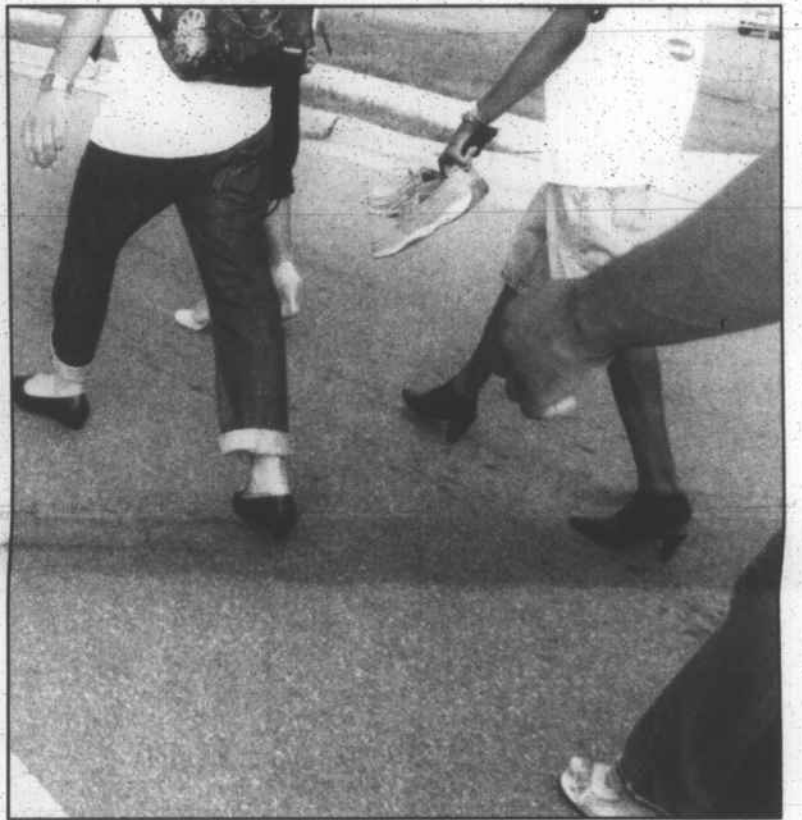


Dozens of men begin the trek on Saturday morning.

Photos by Layla Farmer

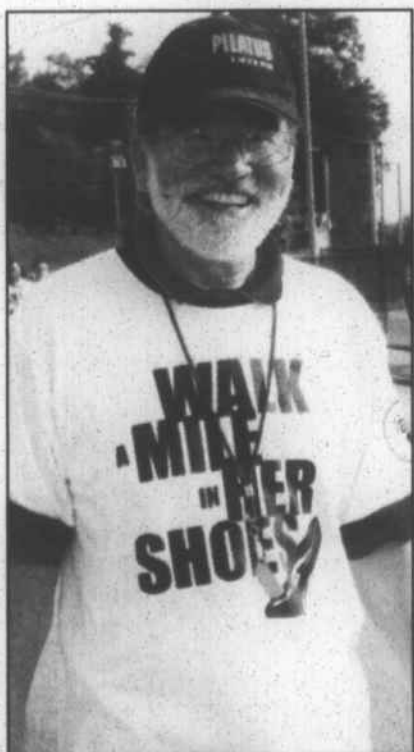


One of the fellas gets help while walking in heels. Men wore a variety of women's shoes for the event.

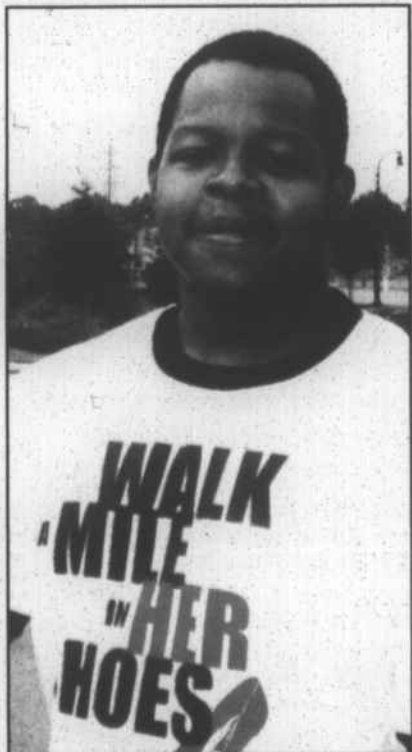


Scott Abdul-Salaam (center) of the ScottCares Foundation (one of the sponsors of the event) walks with other guys.

See Walk on B8



Yoshi Nagaishi



Chester Coleman Jr.



Mar-Qui Harris



Two guys make it look easy.