



Garber Tourney is now underway

-See Page B9



Art bringing cultures together

-See Page A2



Teens showcase their talents

-See Page B1

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Photos by Todd Luck

West Forsyth students serve men and women at the Samaritan Ministries Soup Kitchen on Sunday.

Below: Little Richard's Co-Founder Nick Karagiorgis.

Woman to Woman

Fund nears \$500,000 in grant-giving

BY LAYLA FARMER
THE CHRONICLE

Teen moms are among the countless women and girls whose lives will be impacted by grants awarded last week by The Women's Fund of Winston-Salem (TWF).

Launched through the Winston-Salem Foundation, TWF founders took action after they learned that less than seven percent of philanthropic giving is directed specifically toward females.

Today, TWF has more than 700 racially-diverse dues-paying members, who select grant recipients whose programs specifically support women and girls.

In the last three years, TWF has given out nearly \$500,000 in grants to local agencies and programs designed to "address the self-sufficiency, health and safety, leadership capacity, and family issues."

Eleven local nonprofits were awarded grants for the 2009 season. Those grantees were feted at a Nov. 11 luncheon at the Embassy Suites.

"We're very excited about this year's grant recipients because of the potential that they have to make social change," commented Dr. Allison Brashear, the 2009 grant committee chair. "...With the economy the way it is, the infusion of \$162,000 into just Forsyth County, just for women and girls will be substantial."

The Fund offered grants in two categories this year. Community Grants were awarded to established nonprofits in the area, as is tradition. For the first time this year, smaller, Grassroots Grants to fledgling nonprofits were also given.

Aretha "LaMoure" Garr's nonprofit, Striving Spirits, was awarded nearly \$10,000 for the implementation of the Djembe Project, a 12-month initiative designed to foster self esteem and confidence in 24 hand-picked girls from Mineral Springs Middle School.

"These are going to be young girls that unfortunately, aren't going to have the resources of being in a program that is designed specifically for them as individuals ... teaching them to love themselves," said Garr. "...The Djembe



Photo by Layla Farmer

Aretha "LaMoure" Garr of the agency, Striving Spirits.

THANKSGIVING COMES EARLY FOR DINERS AT SOUP KITCHEN

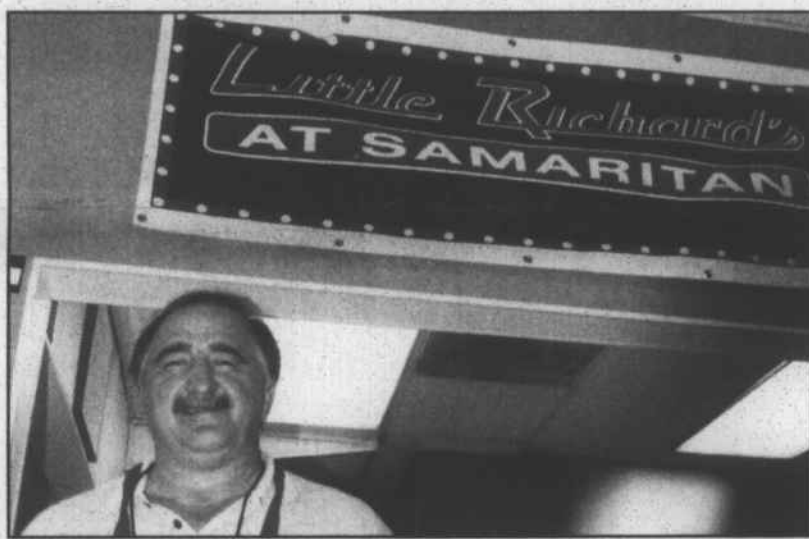
BY TODD LUCK
THE CHRONICLE

Samaritan Ministries Soup Kitchen diners were treated to Lexington-style barbecue with all of the fixings on Sunday.

Employees of Little Richard's BBQ decked the halls of the Samaritan Ministries' dining hall to make it resemble one of its restaurants. A banner outside welcomed guests to "Little Richard's at Samaritan." Tables were covered with checkered cloths and colorful, round signs bearing the restaurant's logo - a singing pig dressed like a rock singer with the words "Eat Mo' Pig" - draped from the ceiling.

The barbecue, coleslaw, baked beans, rolls and banana pudding that were served were lovingly

See BBQ on A2



Photos by Layla Farmer
Jim Conrad

Community Service with a Smile

There's little Jim Conrad has not been involved in over the years

BY LAYLA FARMER
THE CHRONICLE

who has owned three hair studios and two golf shops, shows no signs of giving up.

After more than 40 years of entrepreneurship, Jim Conrad has no plans of stopping.

His retirement date?

"The day the Lord calls me," says Conrad, the owner of Conrad's Hair Design on New Walkertown Road. "I think when you retire, you give up."

Conrad, a former professional golfer

not by choice.



See Conrad on A9

BETTER SAFE THAN SORRY

Locals say women should not change routine for mammograms

BY LAYLA FARMER
THE CHRONICLE

A recently released report from the U.S. Preventative Services Task Force has some local advocates worried that its findings may delay the detection of breast cancer in women.

The Task Force's recommendation this week that women in their 40s skip routine mammograms caught many off guard, especially since none of the 16 health experts that make up the



Howard-McNatt



File Photo

See Report on A5 Breast cancer advocate Betty Meadows.

WOMAN OF THE YEAR



Photo by Lucas Jackson/Reuters

Maya Angelou is escorted by former President Bill Clinton last week as she accepts a 2009 Glamour Women of the Year award during the magazine's annual award show in New York. Angelou joined First Lady Michelle Obama, singer Rihanna and nine other "Women of the Year" honorees.

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