Seniors

from page Al

together. The couple, both Wilmington natives, said it was their first senior event. Shirley, a former nurse who has worked for IFB for the last 18 months, said she was glad they made the trip.

"I think it's nice," she commented. "I like stuff like this."

Both of the Walkers said they would be interested in taking part in future senior events

The Golden Crowns usually hosts a Valentine's dance, but the event was cancelled this year because of winter weather, so many members of the group attended Huntley's celebration instead.

Gloria Lowery, one of the Golden Crowns charter members, volunteered at the party. Lowery, 76, an assistant program director at the Winston-Salem Urban League, said it's important to give seniors a chance to get out and do things for fun.

"It gives them something to do instead of just sitting at home," she remarked.

Mavis Bryant, owner of Big Mama's Catering, provided the seniors with a savory meal of lasagna, chicken parmesan bake, bow



Husband and wife Theadore and Shirley Walker.

tie pasta, triple cheese broccoli, salad and her signature punch. Bryant, a Gastonia native, says she has catered several seniors' events for Huntley.

"It's nice," she said of senior programing Huntley is known for. "I just hope she continues on."

Brown and Douglass evening staff member Mark Holley helped Huntley and her volunteers put on the

"This is my first Valentine's Day (party at the center), so this is exciting," said Holley, a native of Detroit. "I've never been a part of anything like this."

Holley, who has been

Johnson

over two years, says he enjoys working with the senior population.

'I was taught you respect your elders, first of all," he related. "You can always learn something from them and they from you."

Holley, who is pursing a degree in interdisciplinary studies at Winston-Salem State University, said he hoped the party helped put a little romance in the air for the seniors.

"Love is still in the air, and if they don't think it's still in the air, they can get reminded that it's still out there," he stated. "It's never too late."

For Golden Crowns employed by the city for just member Shelma Brown and her husband, John, love has been in the air for more than five decades. The couple will celebrate their 51st anniversary this year. Shelma, 73, said one of the things she and her husband have learned during their many years together is the art of compromise.

"He loves to fish. He goes fishing everywhere, and I like to mingle like I'm doing now," she explained.
"We share this together he's going fishing tomorrow we're going tonight."

With three children, nine grand children and six great grands, in addition to a list of volunteer duties, the Browns stay busy, but they always make time for each other, Shelma says,

"We enjoy each other," she said simply. "I love my husband and he loves me."

For more information about future events for seniors, contact Brown and Douglas at 661-4987.

Hill from page A4

joining Fox News, Hill-was a regular guest on CNN, MSNBC and CourtTV. A nationally syndicated columnist, his writing appears weekly in Metro Newspapers. His award-winning daily blog is updated on his web site, www.MarcLamontHill.com.

In fall 2009, he joined the faculty of Columbia as associate professor of education at Teachers College. He also holds an affiliated faculty appointment in African American Studies at the Institute for Research in African American Studies at Columbia University.

Since his days as a youth in Philadelphia, Hill has been a social justice activist and organizer. He is a founding board member of My5th, a non-profit organization devoted to educating youth about their legal rights and responsibilities. Hill also

works closely with the ACLU Drug Reform Project, focusing on drug informant policy. In addition to his political work, Hill continues to work directly with African American and Latino youth. In 2001, he started a literacy project that uses hip-hop culture to increase school engagement and reading skills among high school students. He also continues to organize and teach adult literacy courses for high school dropouts in Philadelphia and Camden.

The Symposium will also include a morning panel presentation at 10 a.m. in Dillard Auditorium that will include Damon Scott, director of food services at WSSU, Chris Fleming, community service chair of Black Men for Change, Michael Isler, a registered nurse, and Kerry Harbor, certified strength and conditioning specialist.



having only one trash can per department as a way to encourage waste reduction and recycling.'

Eco-friendly practices adopted by businesses can take root in the larger civic community as well. For example, there are often expectations that single-serving bottles of water will be available for meetings, DeLongpré Johnston explains. A business might choose to continue that practice or might decide instead to offer glasses of water rather

than plastic bottles. "If the department decides to offer refillable water glasses, this becomes an opportunity to involve outside constituents in what that organization is trying to accomplish."

Johnston offers five tips to help companies and organizations launch a successful green team initiative:

1. Find a champion on your leadership team. Change doesn't always come from the top down, but it's important to have

2. Prioritize your list of changes by the impact they would make and then assess which are most likely to happen. There isn't any sense in taking on the biggest problem first if you're not likely to get any traction. Small steps can lead to bigger changes down the road.

3. Identify leaders for your peer-topeer education team. Grassroots change is best led by respected members of your organization.

4. Empower members of the team with sound information and guidance. Facts and figures are more compelling than political

5. Be patient. Change takes time.



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