



Rams celebrated for their successes

-See Page B1



Braiders seek to revive from law

North Carolina Room
Wake County Public Library
660 West Fifth Street
Winston-Salem, NC 27101
-See Page A3

75 cents
Celebrating 38 Years of Journalism

THE CHRONICLE

Volume 39, Number 26

WINSTON-SALEM, N.C.

THURSDAY, February 21, 2013

Lent inspires health challenge

BY LAYLA GARMES
THE CHRONICLE

St. John CME Church's "40 Ways in 40 Days" Lent campaign aims to help churchgoers gain faith while losing pounds.



Donald Spencer, 66, works out with other congregants.

Rev. Peris Lester, who became the church's pastor in August, conceived of the idea. The program is twofold. The "40 Ways to Lose" portion consists of fasting and exercise and is designed to help members shed pounds and negative behaviors. The "40 Ways to Gain" component emphasizes a closer relationship with God and the greater community.

Parishioners can select from a variety of suggested fasts to tackle during the Lenten season, which extends from Feb. 13 to March 30. There are language fasts, where churchgoers try to avoid lying, gossiping and cursing; habit fasts, during which they give up unhealthy habits such as overeating, smoking or drinking; and more traditional fasts, where members give up certain foods or abstain from eating during given times of the day.

Members are asked to turn their fasts into monetary gain for the



Photos by Layla Garmes

Rev. Peris Lester stands outside St. John.

See St. John on A8



Photos by Layla Garmes

Nora Fakhri (right) and Erica Navalanc process paperwork.

Clinic helps clear criminal records

BY LAYLA GARMES
THE CHRONICLE

After years of worrying about a criminal charge he incurred three years ago, city native Josh Sargent was given a second chance Tuesday afternoon.

Sargent, who graduated from Western Carolina University in December, received a DUI and underage drinking ticket in 2010. Though the charges were dropped, they still appear on his criminal record, and the 23-year-old said as his graduation date approached, his concern about how that youthful indiscretion would impact his future grew.



Sargent

"As far as careers go, it's definitely a red flag when you're trying to get hired," Sargent said. "You can't just walk around with a DUI on your record."

Luckily for Sargent, he won't have to carry the burden. Upon visiting the Feb. 19 Expunction/Certificate of Relief Clinic at the Experiment in Self-Reliance (ESR), Sargent learned that he is eligible for an expunction, a once in a lifetime procedure that will erase the charges from his record for good. Sargent must obtain additional paperwork in order for his expunction to be processed, but attorneys on hand at the clinic told him he was on track to become the first client of the six week-old clinic to successfully obtain an expunction.

Hosted by the Darryl Hunt Project, Legal Aid of North Carolina and the Wake Forest University Innocence and Justice Clinic and the WFU School of Law Pro Bono Project, the clinic helps local people alleviate the collateral effects of criminal charges. Attorneys and WFU law students work with local residents to determine if they are eligible for expunctions or Certificates of Relief, and walk those who qualify through the process that is required to obtain them.

"We kind of wanted to jump start this here in Forsyth County with the new statutes that came out last year by legislators to help erase records and help people get back on their feet," said Darryl Hunt, who conceived of the project as a

See Clinic on A10

Unlikely Civil Rights icon speaks

BY TODD LUCK
THE CHRONICLE

Dr. Bob Zellner, a white Southerner who played a part in the Civil Rights Movement, shared his story at Wake Forest University last week.

Zellner was born and raised in lower Alabama, or "L.A.," as he called it. He moved to Wilson, N.C. last year to continue his activism. His memoir, "The Wrong Side of Murder Creek," is being made into a Spike Lee-produced movie.



Zellner

He was an unlikely civil rights champion; both his father and grandfather were in the Ku Klux Klan (KKK), whose members Zellner call "fundamentalist terrorists." Zellner said his father quit the Klan when he was a child, causing estrangement between Zellner's father and members of the family still in the KKK. Near the time he graduated from college, Zellner began taking an active role in the



Photos by Todd Luck

Dr. Bob Zellner speaks at Wake Forest University last week.

fight for equal rights for African Americans, although he feared doing so would mean reprisals against him and his parents.

"The best antidote to both fundamentalism and terrorism is knowledge and diversity," Zellner told the racially diverse crowd of mostly college students.

He first became familiar with the Civil Rights Movement when he was a senior at

Huntingdon College in Montgomery. An advanced sociology class assignment required him to write about the racial situation in the South. The five members of his all-white class wanted to talk to black civil rights leaders for the project, although their professor warned them they could be arrested for violating segregation laws.

The class took their chances. They met

See Zellner on A2

Going (Even More) Red



WSSU Photo by Garrett Garmes

On a campus where red (and white) are omnipresent, the color may sometimes go unnoticed. Faculty, staff and students in the Winston-Salem State University School of Health Science made sure that did not happen this week as they decorated their building to show their bold support for the American Heart Association's Go Red campaign. The nationwide effort is designed to raise awareness of the disproportionate number of women who die from heart disease.

Photo by Layla Garmes
Judge Denise Hartsfield (right) presents a scholarship award to Ashley Waring (left), a first year law student.
005*009*****CR LOT0077A**C007
FORSYTH CITY PUBLIC LIBRARY
660 W 5TH ST
WINSTON SALEM, NC 27101-2755 60



Law students celebrate advances

BY LAYLA GARMES
THE CHRONICLE

The Wake Forest University Black Law Students Association (BLSA) hosted its 28th Annual Scholarship Banquet last week, giving students, faculty and alumni a chance to celebrate African Americans' many contributions to the law school.

The banquet, themed "Honoring Our Past as We March into the Future," drew a crowd of more than 100 to the Benson University Center last Friday. The event looked to the past by paying homage to the BLSA's 40-year history on campus and the



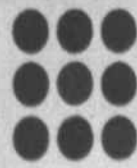
See WFU on A7

Lisa Caldwell



Personal, convenient, secure, professional self-storage.

MOVE IN SPECIAL \$25 for first month



ASSURED STORAGE of Winston-Salem, LLC

(336) 924-7000

www.assuredstoragewv.com

Office Hours: Mon-Fri 9am-5pm, Sat 9am-3pm
Gate Hours: 5am-10pm
4191 Bethania Station Road • Winston-Salem

