



Want To Hold On To Your House In Retirement?

Financial Pathways of the Piedmont Can Help You Live Independently For a Longer Period of Time

You worked hard all your life to have a house, to save money for retirement and to enjoy life as a senior. But sometimes living on a limited income can present confusing decisions. Financial Pathways' Senior Financial Care program can help you and your family manage your financial matters so that you can maintain your independence.

Support and Coaching Services:

- Preventing Foreclosure
- Understanding Mortgages
- Reverse Mortgage Counseling
- Medical Insurance Counseling
- Monthly Bill Paying
- Bank Account Reconciling
- Public Benefits Check up
- Budgeting
- Personal Expense Management
- Credit Card Debt Counseling
- Senior Housing Options
- Financial Fraud Awareness

If you need help managing your finances, call Senior Financial Care for an appointment or for an in-home visit: 336-896-1328

Senior Financial Care is a program of Financial Pathways of the Piedmont, a nonprofit United Way member agency serving the community for 40 years.



Senior
Financial
Care

If Only...

As individuals are faced with the unexpected, the Department of Social Services (DSS)/Adult Services Division, through a generous gift by former Forsyth County resident, Mr. O. Moser, developed the "If Only" Program in 2008. The "If Only" Program, by and through its Advisory Committee, and administered by the Department of Social Services (DSS) would like to grant residents of Forsyth County that have a chronic or life threatening illness a request that might benefit them in dealing with their illness. By working together with businesses in Forsyth County, we will do our best to make an approved request become a reality. The "If Only" Program will consider requests from applicants who meet the following requirements:

- At least 55 years of age
- Have a chronic disability or life threatening condition
- Have the physical and cognitive ability to participate
- Are fully aware of the request and are able to identify a family or friend that may be able to accompany the individual, if needed.
- A resident of Forsyth County

To begin the application process, please contact Diane Wimmer at 336-703-3870.



Mr. B., pictured here, is a recipient of the "If Only" program. As he lounges comfortably in his new Laz-Z-Boy recliner, Mr. B. recalls what his daily life was like before receiving the recliner. "I used to sleep on the couch but now I don't have to. I had never heard of 'If Only'," Mr. B. states. "I also get a lot of help from the Shepherd's Center in Kernersville with my shopping and appointments."

We Want YOU!

For Seniors Only! Advisory Committee

The *Winston-Salem Chronicle* has been publishing "For Seniors Only!" for over six months now. The publication is gaining recognition as the source for senior news in our county, gaining readership and advertising interest each month.

In order to maintain momentum and quality content, Editor Lucy Shaffer is putting together an advisory committee for the publication. The group will meet monthly and:

- Brainstorm ideas for issue focus, articles and "senior spotlight" individuals
- Collect and evaluate general content submission & photos
- Discuss advertising and suggest leads
- Monthly distribution of tabloids

The committee is open to anyone in the county that has an interest in helping FSO bring relevant news and information to its readers. The next meeting will be held on **Thursday, November 14th, 2013 at 3pm at Chelsee's Coffee Shop in Downtown Winston-Salem**. Contact Lucy Shaffer at (336) 722-8624 ext. 109 if you have questions.