

# COMMUNITY

SECTION B

Also Sports, Religion and Classifieds

NOVEMBER 28, 2013



## Community Calendar

### McCrory to speak

The Forsyth County Republican Women will hold their annual Christmas Dinner, auction and the installation of its 2014 officers on Tuesday, Dec. 10 at the Forsyth Country Club, 3101 Country Club Rd. The social and silent auction will begin at 5:30 p.m. The dinner starts at 6:15. The speaker will be Governor Pat McCrory. Tickets per person are \$50 and payment must be mailed to FCRW, P. O. Box 30160, Winston-Salem, NC 27130. For more information, contact Sue Wingate at [sewingate@juno.com](mailto:sewingate@juno.com) or 336-972-2074. RSVPs are needed by Friday, Dec. 6.

### 'Black Nativity'

The North Carolina Black Repertory Company will perform Langston Hughes' "Black Nativity" on Dec. 6, 7, 13 and 14 at 8 p.m. and Dec. 7, 8, 14 and 15 at 3 p.m. Tickets are \$15-\$24, and group rates are available. Call 336-723-2266 or go to [www.ncblackrep.org](http://www.ncblackrep.org) to purchase tickets.

### Cemetery clean-up change

Happy Hill Cemetery Friends will have a slightly different clean-up schedule next month. Clean-up efforts at the cemetery in the Happy Hill Gardens community will be held from 9-11 a.m. on Saturday, Dec. 7 in lieu of the previously-scheduled second and fourth Saturday of December. Volunteers with chainsaws are especially needed.

### Equalization and Review meetings

The Forsyth County Board of Equalization and Review will meet at 3 p.m. on Thursday, Dec. 5 in the Board of Equalization and Review room on the first floor of the Forsyth County Government Center, 201 North Chestnut St.

### HOF applications

The 2014 Atkins High School Hall of Fame Inductee applications are available at Russell Funeral Home, 822 Carl Russell Ave., by writing to: Atkins High School Hall of Fame; P.O. Box 1072, Winston-Salem, NC 27102; or by contacting Rev. W. Cockerham at 336-829-8748 or any member of the Hall of Fame Committee. The deadline for application is Saturday, Nov. 30.

### 'Trust Talks'

The Winston-Salem Police Department and the Human Relations Department are seeking citizens who are interested in participating in "Trust Talks" next year. The Talks give police officers an opportunity to interact and improve relations with residents. Pre-registration is required due to limited seating. Interested citizens should call Pam Peoples-Joyner of the Police Department at 336-773-7962 or Jayme Waldeck of the Human Relations Department at 336-734-1228.

### Day trip

The Funtime Group will sponsor a day trip on Saturday, Dec. 7. The trip will include a Christmas shopping outing and holiday lights tour. Call 336-767-0105 or 336-724-4432 for

See Community on B2



The women in the Centering Pregnancy group take part in an activity last Thursday.

Photos by Todd Luck

## EXPECTANT MOMS EXPERIENCE UPS AND DOWNS OF PREGNANCY TOGETHER



BY TODD LUCK  
THE CHRONICLE

Part check up, part support group, the Centering Pregnancy program at Wake Forest Baptist Medical Center's Downtown Health Plaza is helping to reduce the county's staggering premature birth rate and improve the experience of pregnant women.

A national program offered at more than 700 sites across the nation, the program regularly brings together a group of young expectant mothers, usually eight to 10, who are due to deliver at roughly the same time.

The women build camaraderie at the gatherings by checking one another's blood pressure and vital signs. They weigh themselves. A health care professional also gives the women physical exams. Meetings also include a group discussion led by a facilitator who guides the women in chats about nutrition, healthy living, newborn care and other pregnancy-related issues.

Mary Fitzmaurice, a certified nurse-midwife and coordinator of Centering Pregnancy at the Downtown Health Plaza, facilitated a session last Thursday morning. The Health Plaza, located on Martin Luther King Jr. Drive, welcomes low income, uninsured and underinsured patients

See Pregnancy on B2



Above: Papers for an activity dealing with labor lay on the floor of the meeting room.

Left: Facilitator Mary Fitzmaurice speaks to the group.



Sisters Inez Nunez and Angelica Nunez praise the sessions.



Victoria Hayes pregnant for a third time.