

Rams continue to rack up **CIAA** kudos

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Locals head to Raleigh to protest

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Local residents take part in a 2012 Kwanzaa processional.

events sta this even

BY LAYLA GARMS THE CHRONICLE

Following the hustle and bustle of Christmas, residents from across the community will come together this week, during the Winston-Salem City-Wide Kwanzaa Celebration.

An annual Twin City tradition, the sevendaylong celebration will be held Dec. 26- Jan. 1 at venues across the city.

The Winston-Salem Urban League, 201 West 5th St., will again host the opening day celebration of "Umoja,"

or "unity" at 6 p.m. This

Harry



year's theme "Affirmation: Living in harmony with Those Inside and Outside my Circle." District Court Judge Denise Hartsfield will serve as keynote speaker, and Dr. Amber Baker and Chronicle Publisher Ernie Pitt will be honored. Baker, who has near-

ly two decades' experience in education, will be recognized for her efforts to connect community resources to the students Kimberley Elementary School, where she has served as principal for the past six

"You don't ever expect for anybody to

recognize the work that you do when you love it as much as I love it," declared Baker, who also serves on the Board of Directors for Habitat for Humanity of Forsyth County. "The fact that they chose to honor the work that I do with the children as well as the work that I do in the community was very humbling.

Close to 1,000 people are expected to take part in local Kwanzaa events this year, according to Cheryl Harry, founder of Triad Cultural Arts, which has organized the celebration since it was adopted as a citywide event in 2007. Because it is a cultural observance - not a religious one - Kwanzaa has the ability to unify members of the community in a way that few

holidays can, Harry said. "It's a celebration of community, a celebration of family and a celebration of culture as we begin to prepare to move into a new year," she remarked. "I think it's good for us to take time to reflect and take stock of where we are and make plans to have our community be better in

the coming year." The Delta Arts Center, 2611 New Walkertown Rd., will serve as a host site for the Dec. 27 celebration of "Kujichagulia" (Self Determination). The 6 p.m. event will include excerpts from "The Black Candle," a film about

-WINSTON-SALEM, N.C.— THURSDAY, December 26, 2013



Photos by Layla Garms

Megan Shuford hoping to spark a movement of random acts of kindness through her Love

Love in a Jar

Project aims to spread kindness about

BY LAYLA GARMS THE CHRONICLE

"Find a jar and be inspired."

That is what Winston-Salem resident Megan North Shuford is hoping local people will do this March, when she launches her Love Jar Project.

"It's providing an opportunity to share that little spark of joy and that reminder of the real, authentic love and caring that people have to give to each other," the Knoxville, Tenn. native said of the project. "It's kind of like this offering to the community that I'm hoping would inspire some sort of brightness or impact in a way that would have positive effects on people and their

Shuford's concept is simple. She will fill mason jars with notes of inspiration, trinkets and "fun, whimsical things that might be enjoyable" for people to find. Then she and a team of volunteers will distribute them in public places throughout the city, with notes inviting anyone who encounters the jars to take them as personal gifts. Other jars will be arbitrarily mailed to people Shuford does-







Paul Tazewell critiques a student's work.

aster designer imparts his wisdom



UNCSA student Sarah Gray appreciated the

BY TODD LUCK THE CHRONICLE

Tony-nominated costume designer Paul Tazewell spent last Thursday sharing his work and wisdom with students at his alma mater - the University of North Carolina School of the Arts.

Tazewell, a 1986 UNCSA graduate, spent the day with about 40 School of Design and Production students taking a weeklong Intensive Arts miniterm. In addition to discussing his work and the creative process behind his designs, the Akron, Ohio native shared his journey to success. He also gave pointed critiques of the students' designs.

Their sketches - and the material swatches that coincided with them lined a wall of the classroom. Tazewell took his time with each student, dispensing thorough and thoughtful advice and encouraging them to be as

See Tazewell on A7

Tony nominee's feedback. See Kwanzaa on A8 Non-profit helps Lupus-sufferers spread their wings

Brooks Napper (seated) poses with board members, Dr. Louis Sullivan (standing behind Napper) and volunteers at Beautiful Butterflies sympo-



THE CHRONICLE

Keva Brooks Napper's own struggle with Lupus inspired Beautiful start to Butterflies, a nonprofit that assists other's living with the autoimmune disease.

Lupus causes the body to attack its own immune system, causing inflammation that can

affect organs, joints, skin and blood cells. It is more common in women, especially those who are African American, Asian and Hispanic, and is most commonly diagnosed in those from age 15 to 50. The disease is often called "the cruel mystery," Napper said, because it has no known cause or cure and an

See Napper on A10











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