

Fourth Breaking the Cycle class graduates

SPECIAL TO THE CHRONICLE

Crisis Control Ministry's Breaking the Cycle program recently held its fourth graduation ceremony.

Ten graduates earned certificates of completion from the Dave Ramsey Financial Peace University and the MoneySKILL program.

As part of the program, the graduates were required to open an emergency savings account at Truliant Credit Union and make regular deposits. For the first time, every participant in the class saved the maximum of \$500, which was matched dollar-for-dollar by Crisis Control.

Studies show that when people have at least \$1,000 in a savings account, they are less likely to need assistance when an emergency arises.

The graduates are Patricia Harrison, Mary Ann Kipuros-Jones, Shane Merriman, Beverly Miller, Jennifer Mills-Owen, Dereika Stone, Sharon Taylor-Foster, Samantha Ward, Michelle Wilkins and George Aldhizer, a Wake Forest University intern for the Breaking the Cycle program.

Celebrating 41 years of service as Forsyth County's largest emergency assistance provider with offices in Winston-Salem and Kernersville, Crisis Control Ministry is a four-star rated charity whose mission is to assist people in crisis to meet essential life needs and to become self-sufficient.



Graduates (front row, from left) Patricia Harrison, Samantha Ward and Michelle Wilkins with (back row) Sharon Taylor-Foster, George Aldhizer, Bailey Dempsey, Program Manager, Jennifer Mills-Owen, Beverly Miller and Mary Ann Kipuros-Jones.

Community

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Medicare prescription drug programs, Medicare supplements and Medicare Advantage plans. The session will be held from 5:30 - 7:30 p.m. on Tuesday, June 3 at the Lewisville Branch Library, 1197 W. Main St. The session is provided at no cost. Because space is limited, reservations are required. Contact the Shepherd's Center at 748-0217 for more information or to reserve a seat.

March

The Carl H. Russell Sr. Community Center will sponsor "The Mission to Inspire the Young Black Male Father and Son Unity March 2014" on Saturday, June 7 at 10 a.m. The march will start at Absolute Enterprize, 3000 Carver School Rd., and end at the Russell Community Center, 3521 Carver Rd. Anyone who has an interest in motivating young black males is invited. Contact Ben Piggott at 336-727-2580 for more information.

Juneteenth volunteers

The 10th anniversary Juneteenth Festival is seeking volunteers. This year, it will be known as the Juneteenth Jazz Festival and held outside on 5th Street, between Martin Luther King Jr. Drive and Cleveland Avenue, from 4 - 9:30 p.m. on Saturday, June 21. To volunteer or be a vendor, call 336-757-8556 or email info@triaculturalarts.org.

Reunion

The 50th consecutive reunion of the Walter and Ella Allen Gwyn family will be held the week of July 21-27 and will include a black tie gala on Saturday, July 26 at the Embassy Suites. RSVPs are needed by June 15. Contact Zoe Gwyn at 336-774-1744 for more information.

Anderson reunion

The A. H. Anderson High School Class of 1969 is celebrating its 45th Anniversary with a dinner-dance on the weekend of June 6-7 at the Ramada Plaza Inn Hotel on University Parkway. For tickets and/or more information, contact Amanda (Ingram) Donaldson at 336-723-8623 or James McCants at 336-771-9946.

Blues concert

"Blues from the Underground," featuring the Underground Funk &

Blues Band, is held every first Thursday at 7:30 p.m. in the Underground Theatre at Community Arts Café, 411 West Fourth St. The performance by the core band is followed by an open community jam. There is a \$5 cover.

Anderson meeting

The 1970 graduating class of Anderson Senior High is organizing a reunion for 2014. It will be 44 years since the last class graduated from Anderson. Contact Fleming J. El-Amin on Facebook, Twitter or ntv754@yahoo.com to join the planning committee. He can also be contacted at 336-575-0895.

NYC trip

Paisley Alumni are sponsoring a shopping and entertainment trip to New York from June 19-22. They will leave Thursday, June 19 at 10 p.m. from the Walmart on Hanes Mill Road and return Sunday, June 22. For more information, call 336-724-6864 or 336-722-7710.

NWOA meetings

The Kernersville Chapter of National Women of Achievement holds its monthly meetings on the second Wednesday of each month at 6 p.m. All members, including inactive members, are invited to attend meetings. For more information, contact president Evelyn Sanders at 336-784-6677 or evelsndrs@aol.com.

Volunteers needed

The Shepherd's Center of Greater Winston-Salem has openings for volunteers who can assist older adults with transportation, home repairs, friendly visits or caregiver respite. Male visitation volunteers are especially needed. Call 336-748-0217 or visit www.shepherdscenter.org for more information.



Memorial Day SAVINGS

Week Of 05/21/14 - 05/27/14

 <p>Value Pack Fresh Ground Chuck Without MVP Card \$4.19 LB</p> <p>\$2.99 lb.</p>	 <p>25% off All Varieties All Natural Nature's Place Hand Trimmed Chicken Without MVP Card Regular Retail</p>	 <p>\$2.99 lb. Pork Back Ribs Without MVP Card \$4.49 LB</p>
 <p>2/\$4 1 Lb. Container Strawberries Without MVP Card \$2.29 EA</p>	 <p>2/\$5 5 Lb. Bag Russet Potatoes Without MVP Card \$3.49 EA</p>	 <p>3/99¢ Yellow or White Corn Without MVP Card 2/\$1</p>
 <p>\$1.49 lb. Roma Tomatoes Everyday Low Price</p>	 <p>\$1.29 ea. Hass Avocados Without MVP Card Regular Retail</p>	 <p>\$3.99 ea. 5 Lb. Bag Sweet Onions Without MVP Card Regular Retail</p>
 <p>88¢ ea. 32 Oz. - Select Varieties Gatorade Without MVP Card \$1.39 EA</p>	 <p>buy 1 get 1 free single item at 1/2 price 9.5-11 Oz. - Select Varieties Lays Potato Chips Without MVP Card \$4.29 EA Limit 2 Free</p>	 <p>2/\$3 18 Oz. - Select Varieties Sweet Baby Ray's Barbecue Sauce Without MVP Card \$2.49 EA</p>
 <p>2/\$5 48 Oz. - Select Varieties Turkey Hill Ice Cream Without MVP Card \$2.99 EA</p>	 <p>buy 1 get 1 free single item at 1/2 price 7.5-16 Oz. - Select Varieties Nabisco Ritz Crackers or Nilla Wafers Without MVP Card Regular Retail Limit 2 Free</p>	 <p>2/\$5 10-16 Ct. - Select Varieties my essentials Ice Cream Sandwiches Without MVP Card 2/\$6</p>
 <p>99¢ ea. 8 Oz. - All Varieties Cool Whip Without MVP Card \$1.99 EA</p>	 <p>\$3.99 ea. 32 Pack - 16.9 Oz. Bottles Aquafina Water Without MVP Card Regular Retail</p>	 <p>2/\$4 30 Ct. - 18 Oz. Hefty Easy Grip Party Cups 16-54 Ct. - Select Varieties Dixie Cups, Plates or Bowls Without MVP Card Regular Retail</p>

Prices and promotions included in this ad are based on the use of a Food Lion MVP card. Without a card, regular retail prices will apply.

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