

For Seniors Only is a monthly publication of *The Chronicle*. Content is made possible by contributing members of the community. The purpose of *For Seniors Only* is to engage older adults and offer news, information, entertaining stories and original material that cater to seniors. Inside, readers will find useful information on lifestyle activities and events, senior profiles, health and wellness, technology and more!

Your submissions are welcome!

If you have a story to tell, or a suggestion of a topic for us to cover, please let us know! Contact Judie Holcomb-Pack, Editor, at 336-971-1004 or email: judiehp@triad.rr.com for guidelines on submission and information on how you can become involved.

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THE CHRONICLE

"The Choice for African American News"

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FALL



Festivals

Abound Around the State

By Judie Holcomb-Pack

Fall is in the air as evidenced by the recent drop in temperature and the flurry of fall festivals popping up all over the state. If you like to browse among craft booths, sample an array of foods, and enjoy a variety of music, then fall is definitely the season for you! Festivals celebrate all kinds of foods, such as yams, apples, barbecue, oysters and seafood, as well as activities, such as hot-air balloons and NASCAR. Festivals offer great day trips, as well as weekend excursions to the mountains or the beach.

Here are just a few of the offerings this month:

October 3 - 5: 28th Annual NC Seafood Festival, Morehead City. This festival provides the opportunity for people to enjoy seafood at its finest! Food booths offer an array of delicious seafood specialties. There is also a variety of musical entertainment with Colt Ford as the featured headliner.

October 10 - 11: Eastern Carolina BBQ Throw Down & Festival, Rocky Mount. This is an official North Carolina State Barbecue Championship, and a Kansas City Barbeque Society (KCBS) sanctioned competition.

October 10 - 12: Oktoberfest, Hickory. This festival brings 100,000 people to Downtown Hickory for a juried craft show, "KidsFest," ethnic crafts, rides and games. There will be 33 food vendors selling a variety of irresistible food, including home-baked chicken pot pies, roasted corn-on-the-cob, many ethnic foods, the always-popular funnel cakes.

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