

Local survivor to be honored

CHRONICLE STAFF REPORT

Winston-Salem resident Aleiah Shabazz will be honored by The Cowboys Stars of the Carolinas Fan Club on Saturday, Oct. 18 at the Second Annual Making Strides Against Breast Cancer campaign. The event, sponsored by the American Cancer Society, will be held in Charlotte at the NASCAR Hall of Fame.

The Charlotte-based Cowboys Stars of the Carolinas is a female club for fans of the Dallas-based NFL team. In addition to sports-related events, members take part in various community service projects and initiatives. Last year, members raised nearly \$1,500 for Making Strides Against Breast Cancer, which includes a fundraising walk that will also take place on Saturday.

This year, the fan club held a raffle to raise funds for the fight against the disease and to save more lives through education, screenings and treatment programs.



www.cowboysstarsofthecarolinas.com

Members of the Cowboys Stars of the Carolinas Fan Club.



Shabazz

Shabazz was 40 last year when she was diagnosed with the disease. She was in Stage 2 and

underwent aggressive chemotherapy and radiation after a lumpectomy.

Shabazz discovered the lump after a self-examine.

"I was lying in bed watching TV and something just told me to touch my breast," she wrote in a testimonial. "Now, I hated self-breast exams, but I've always believed the Lord speaks to you in whispers."

Sara Hyman, a resident of Gastonia, will also be honored. She was 22 in

2004 when she was diagnosed with Stage 4 breast cancer. She had a double mastectomy.

"... I made a hard decision to take them both off," she wrote. "(They are) not worth keeping, but my life is. That was 10 years ago. I'm now 33 and have two beautiful kids."

For more information about the Cowboys Stars of the Carolinas Fan Club, visit www.cowboysstarsofthecarolinas.com.



Sharon Cunningham with Alexis S. Cooper and Julius L. Reese Jr.

Kids help promote golf course changes

SPECIAL TO THE CHRONICLE

and promoting good eating habits.

Sharon Cunningham, founder of U-fit2, conducted a youth exercise session for the City of Winston-Salem Channel, TV13, at the Winston Lake Golf Course on Sept. 24. The program was shot to promote the golf course's new renovations.

Alexis S. Cooper, 11, a swimmer and dancer with Positive Image Performing Arts; and Julius L. Reese Jr., 11, a young gifted golfer, joined Cunningham for the taping. They had a wonderful time exercising

All 18 holes and the practice green were recently renovated at the golf course. In November, the course's four bridges will be reinforced and cart paths will be repaired.

The facility is youth-friendly. The Earnest Morris Junior Golf Academy is based there, students from Carter G. Woodson School and Ashley Elementary School are allowed to come over to utilize the facility and local high schools play golf matches there.

Urban League will use grant to employ older workers

SPECIAL TO THE CHRONICLE

The Winston-Salem Urban League has received a \$2,008,770 million grant from Senior Service America, Inc.

Almost 90 percent of this funding, which is originally from the U.S. Department of Labor, will pay wages and benefits to at least 341 low-income older adults living in Alexander, Alleghany, Ashe, Avery, Burke, Caldwell, Catawba, Cleveland, Davidson, Davie, Forsyth, Gaston, Lincoln, Stokes, Surry, Watauga, Wilkes and Yadkin counties for temporary and part-time jobs through June 30, 2015. These older adults will participate in the Senior Community Service Employment Program (SCSEP). Established by the Older Americans Act more than 40 years ago, the program is the only federal government program mandated to assist unemployed older adults seeking to rejoin the workforce.

Senior Service America has awarded an annual grant to the Winston-Salem Urban League for the last eight



years. The local Urban League is one of its five partner agencies operating SCSEP in North Carolina.

"Together with the partnership of local host agencies in our 18 North Carolina Counties we can effect the barriers to employment of our senior citizens. SCSEP is an integral partner in our mission of 'Empowering communities... Changing lives,'" said Interim Urban League President and CEO Don Williams.

SCSEP participants will be assigned to more than 122 local nonprofit and government agencies, including the Family Promise of Gaston County, Habitat for Humanity of Forsyth County, the Fellowship

Home and Second Harvest Food Bank of North Carolina, the Lincoln County Health Department, Mountain Valley Hospice in Yadkin County, Surry County Government and the Social Security Administration of Wilkes County. They are paid the minimum wage for 20 hours of work per week and receive on-the-job training to enhance their opportunities to obtain jobs on their own.

"Far too many low-income older adults are among the long-term unemployed," says Tony Sarmiento, Senior Service America Executive Director. "This program provides them with skills and renewed

hope as they serve their community. Older North Carolinians are fortunate to be served by the dedicated staff of the Winston-Salem Urban League."

Mature adults who are interested in enrolling in the program or non-profit agencies who wish to have a participant may contact the Urban League's Patricia Sadler at 336 725-5614.

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Tuesday, October 21, 2014, 4-6 PM
Community Care Center

We are celebrating 14 years providing free healthcare services to low-income, uninsured residents of Forsyth, Stokes and Davie Counties. Over 21,000 patients served!

We welcome neighbors, volunteers and civic leaders to tour the clinic and learn about the care we provide. Come meet our staff and volunteers. Tours and light refreshments will be provided from 4:00-6:00 pm on Tuesday, October 21. Free flu shots are available. Call 336-760-1234 for more details.

Open House
October 21,
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• Free Flu Shots for first 100 adults provided by Walgreens pharmacists.

Learn more about the largest volunteer-based, free healthcare clinic in NC and how we impact this community.

Community Care Center
2135 New Walkertown Road
Winston-Salem, NC 27028

336-760-1234
www.cccforsyth.org

