

SPORTS WEEK

Also Religion and Classifieds

JULY 9, 2015



Photo by Erin Mizelle for the Winston-Salem Chronicle

Campers at the S.T.A.R. Football camp apply the fundamentals learned earlier during football drills on Monday, July 6, 2015 at Winston-Salem Preparatory Academy in Winston-Salem, N.C.

'FUNdamentals' camp offers three days of football and life lessons

BY TEVIN STINSON
THE CHRONICLE

Student athletes from across the city gathered at Winston-Salem Preparatory Academy for the opening day of the "FUNdamentals" Football Clinic on Monday, July 6.

The free, three-day clinic, designed to introduce children to football by teaching basic skills in a fun and energetic environment, is supported through a grant from the NFL Foundation.

"FUNdamentals" incorporates a series of drills to teach passing, catching and running skills in a non-contact setting. All the drills selected for the camp are based on

USA Football's Player Progression Development Model. The model was developed to ensure children are learning in an age appropriate manner, based on cognitive and physical maturity.

The age range covered is 5 to 18.

Campers were split into different groups by age and grade level. Although football is the center of all the activities of the clinic, counselors make sure campers also



Scales

learn lessons that can help them off the field.

Lamont Scales, head coach at Winston-Salem Prep, was a coordinator and counselor of the event. He said that to learn the game of football, you must be disciplined and responsible.

"I think what we're really trying to do is make sure the kids are more responsible and respectable, and try to get them to make the right decisions off the field," Scales said.

Each day of camp, campers learned a character trait that could help them be more productive students and all-around people. The theme of the first day of camp was responsibility, followed by leadership and determination on the remaining days of camp.

See Camp on B2

TRACK

Breakthrough: Parkland sprinter McNeill ranks among best in U.S. at 400 meters

Colleges heavily recruiting the rising senior

BY CRAIG T. GREENLEE
FOR THE CHRONICLE

The first day of July produced mixed emotions for quarter-miler McKinley McNeill.

The day didn't turn out as she expected. The Parkland sprinter was deeply disappointed after running a sub-par race (54.94 seconds) and finishing sixth in the girls' 400-meter dash at the USATF World Junior Trials. Had she placed among the top two, she would've made the U.S. team for the IAAF World Junior Track and Field Championships, which begin next week in Colombia.

On the flip side, McNeill had much to celebrate after being contacted by 10 colleges



McNeill

See McNeill on B3

FOOTBALL

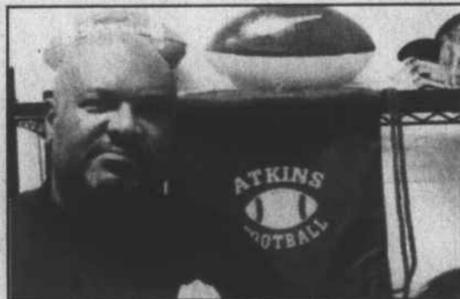
Atkins High's Hamlin primed to meet every challenge as the new head-Camel-in-charge

BY CRAIG T. GREENLEE
FOR THE CHRONICLE

Being the head football coach at Atkins High School is arguably the least coveted gig in Forsyth County. The school started playing football in 2005 and has never experienced a winning season.

In years past, the seemingly-dwindling number of available athletes has made it difficult to build and sustain continuity. David Hamlin, the newly installed head coach, has heard all the negatives.

"A lot of people saw this job opening, but they didn't apply for it, they didn't want it," said Hamlin, who is the school's fourth football coach in 10 years. "I've heard it said that they can't win at Atkins, they don't have the right kids, etc. I didn't run from this position, I ran



Hamlin

See Hamlin on B3



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