

SPORTS WEEK

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WSSU FOOTBALL

WSSU's Massey: a burly back with speed

BY CRAIG T. GREENLEE
FOR THE CHRONICLE

A year ago, Tyree Massey was not an every-down running back at Winston-Salem State. Instead, he was a key element in a three-player rotation which totaled 1,555 rushing yards and 19 touchdowns.

Although Massey was third on the depth chart, he made the most of his opportunities — 402 yards, six touchdowns and he averaged 5.4 yards per carry. With the departure of seniors Maurice Lewis and Mustafa Greene, Massey figures to be the featured Rams runner coming out of the backfield this season.

"I'm ready for the challenge," said Massey, a senior from Bunnlevel. "Things went real well during the off-

season. I stayed here all summer and worked out. As a result, I came to this year's training camp in real good shape and I'm ready to go."

Look for the Rams to give opponents a healthy dose of Massey at tailback all season long. And for good reason. At 5-foot-11, 240 pounds, he's a punishing runner between the tackles. But that's just one aspect of his game. Massey said his best time in the 40-yard dash is 4.7 seconds. Yet, he looks much faster under game conditions. Aside from that, he's agile, elusive and rarely goes down after initial contact.



Massey

Realizing that his work load will increase substantially this fall, Massey was fully engaged in off-season training. Being in peak condition, he explained, will pay off handsomely as the season progresses. Given his training regimen, he's confident that he'll have the strength and stamina to perform well in the fourth quarter.

Massey didn't always have a fullback's body. At Overhills High School in Harnett County, he was "a small guy" at 185 pounds. As a senior, he rushed for over 1,100 yards. During his time as a JUCO at Louisburg College, he gained weight, but it never had a negative impact on his speed and quickness. When he arrived at WSSU last year, it was his first time getting fully involved in a weight lifting program.

"Two summers ago, I wasn't able to stay here [Winston-Salem], so my conditioning wasn't what it needed to be," he said. "This past summer, I followed through on everything my strength and conditioning coach [Marc

See Massey on B2

JV FOOTBALL

Third-quarter avalanche dooms Carver JV in loss to Dudley

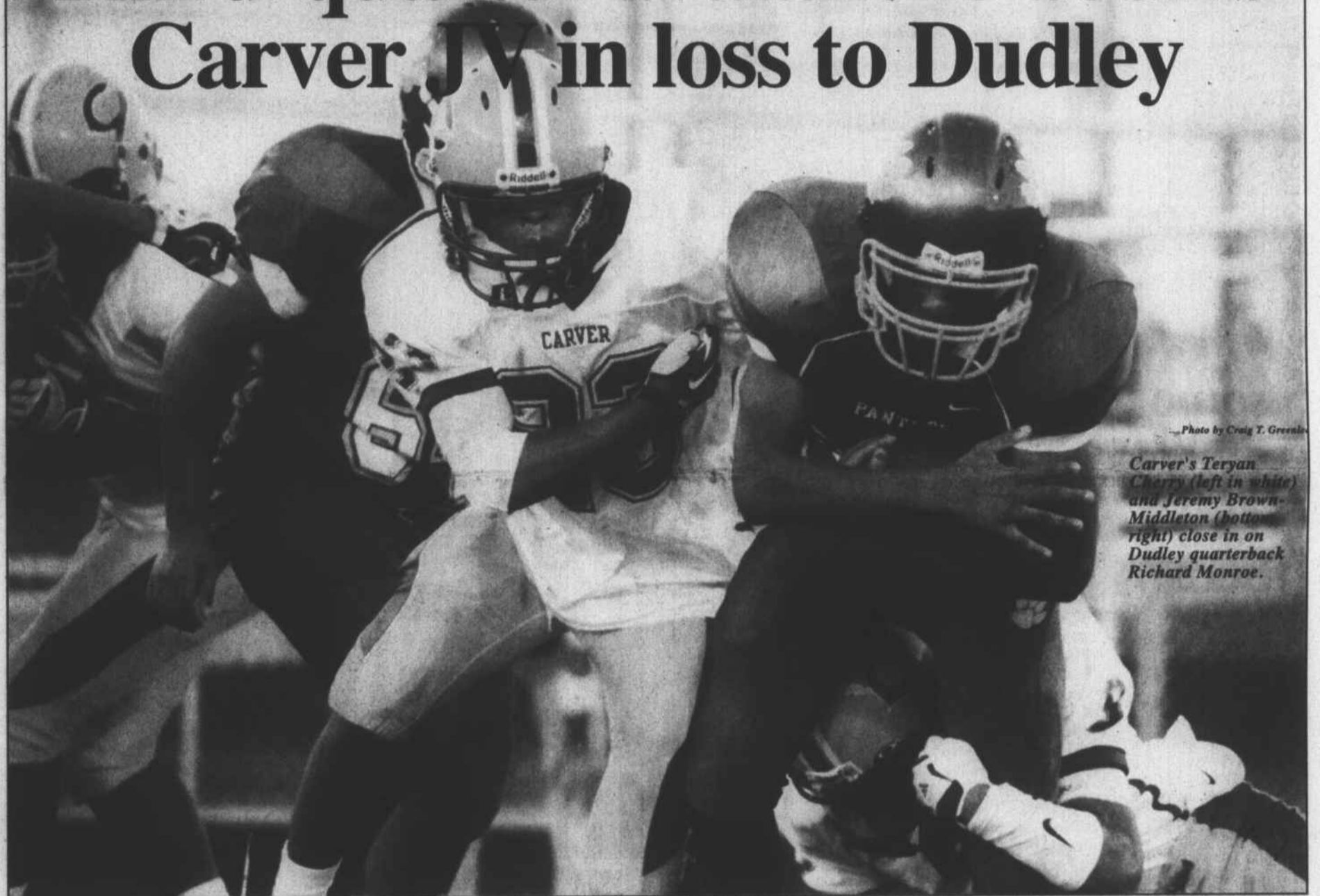


Photo by Craig T. Greenlee

Carver's Teryan Cherry (left in white) and Jeremy Brown-Middleton (bottom right) close in on Dudley quarterback Richard Monroe.

BY CRAIG T. GREENLEE
FOR THE CHRONICLE

Up until the early stages of the third quarter, visiting Carver hung tough in its season opener against Greensboro Dudley. Yet, there was a critical six-minute stretch in the second half which proved to be disastrous. The end result was a 36-6 loss for the Yellowjackets in JV football action last Thursday.

The final outcome was hardly a shocker. As a Class 4-A school, Dudley has a large talent pool to draw from, which typically equates to having a greater number of athletes on the roster who are bigger, faster and

stronger. In too many instances, Carver, which competes in Class 2-A, was over matched, especially on the offensive and defensive lines.

"Dudley has a great program, so we knew what we were up against," said Coach Alonzo Winfield of Carver. "When I look at them, I see us. They're just a bigger version. Competing against teams like Dudley will only make us better as we get deeper into the season. This game was like a measuring stick for us to see where we are. Now we know exactly what we need to work on to be ready when it's time to start league play (in the Western Piedmont Conference)."

See Loss on B2

Reynolds JV enters new season with new mindset

BY CRAIG T. GREENLEE
FOR THE CHRONICLE

Reynolds is looking for redemption in junior varsity football. It's not that the Demons have been the expected "easy win" for opponents (7-12 over the past two seasons). It's more a matter of them being able to consistently play up to their capabilities.

"We've put a lot of work in to help change the program's culture and the mind-

set," said first-year coach Rod Dunlap. "Play fast, play smart and be physical. That's what we expect on every down of every quarter. As long as we can limit turnovers and get the ball to our skill guys in open space, we'll be in good shape."

Reynolds begins its season today with a home game against East Forsyth. Kickoff is 6 p.m. at Deaton-Thompson Stadium.

The Demons, which are said to be top-heavy at the skill positions, will operate

See Mindset on B2



Photo by Craig T. Greenlee

Adonis Jones is the key figure in the defensive scheme for the Reynolds JV team. Photo by Craig T. Greenlee

JV Football Today
August 27
Glenn @ Reagan, 6
Parkland @ Carver, 7
Mount Taber @
Winston-Salem Prep,
6:30*
East Forsyth @
Reynolds, 6
*Winston-Salem Prep
plays its home games at
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