



Submitted Photo
 Pictured from left to right:
 1. A'Nayjah Bullard, 2.
 Shania James, 3. Courtney
 E. Lennon, 4. Aaliyah
 Dodd, 5. Madison Murrell,
 6. Quincie McKnight, 7.
 Jayla Herndon, 8. Tasianna
 Andrews, 9. Londyn Hunt,
 10. Lauren McKnight

Gleaners spread Christmas cheer

SPECIAL TO THE CHRONICLE

Mary L. Fair Gleaner Branch #137 is the youth group of Sisters of Bivouac Chapter #530 Order of the Eastern Star, PHA. Gleaner Branch #137 members took time out to spread a little Christmas cheer to all of the kindergarten and pre-k classes at North Hills Elementary School.

On Dec. 15, the Gleaners donated snack packs consisting of Nutrigrain bars and

waffle bars and individual applesauce and some with Fruit Loops.

The Gleaners also donated other items consisting of pens, pencils, a backpack filled with notebook paper, some toys and books to be placed in the Panther School Store.

The members of Mary L. Fair Gleaner Branch #137 are committed to being of service and charity to others in the community. The members range in age from age 8-15. Lisa W. Smith serves as Worthy Matron of Sisters of Bivouac Chapter #530 Order of the Eastern Star, PHA. Madison Murrell serves as the Council Matron for the Gleaner Branch.



Submitted Photo
 Pictured from left to right: April Hall, Hattie B. Fulton, Gloria Jerals, Linda Dixon, Shannon Fulp, Sharon Haney, Clara Wilson, Druscilla Fogle, Anne Banner, Eva L. McWillis

OES chapter gives back at Thanksgiving

SPECIAL TO THE CHRONICLE

The members of Sisters of Bivouac Chapter #530 Order of the Eastern Star, PHA, spread some Thanksgiving cheer to five families.

Members of the chapter donated a plethora of items to fill boxes with food for not only Thanksgiving dinner, including dessert, but, also included items for breakfast for days after the holiday.

"While spreading light throughout the community, the mission of the chapter continues to be to spread charity and benevolence and be of uplift to others in the community," the chapter said in a statement.

Lisa W. Smith serves as Worthy Matron of the chapter and David Peay serves as Worthy Patron of the chapter.

Wake Forest offers tips for mentoring

SPECIAL TO THE CHRONICLE

January is National Mentoring Month. Wake Forest University asks: Do you have time to mentor?

Effective mentoring requires investing in another person's growth and development. It is an intentional commitment.

"Mentors share institutional knowledge, develop future leaders, and empower staff for success," says Allison McWilliams, director of Wake Forest University's Mentoring Resource Center. "Managers who choose not to mentor their people find their people choose to go elsewhere."

For those interested in mentoring, McWilliams offers tips for building efficient and effective relationships.

1. Set goals for the relationship and create a learning plan. Effective mentor-



ing requires mutual accountability: both partners should keep their commitments to each other, check-in with each other on a regular basis, and hold each other accountable for doing what they say they will do.

2. Be willing to share stories and trust that the other person will keep confidences.

3. Meet face-to-face. There is no substitute for in-person mentoring. Computers can connect people around the world. Yet, sophisticated technology cannot replicate effective one-on-one relationships. Our high-tech culture makes in-person mentoring invaluable in developing interpersonal skills

such as being present to one another, asking good questions, practicing active listening, and seeking out and responding to feedback.

4. Care about the person you are mentoring. Focusing on a mentee's goals and providing objective feedback and guidance is essential. A mentor can damage another person by using this powerful relationship to influence another's personal or career choices. Those who do not have any time to invest should not take part in the relationship.

Wake Forest was one of the first higher education institutions in the nation to adopt a campus-wide mentoring model.

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