

Diabetes

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major health disparity that plagues so many communities.

African-Americans and other racial and ethnic minorities have a higher prevalence of diabetes and also have higher rates of complications. Diabetes is considered a health threat affecting nearly 26 million Americans. The disease is the seventh leading cause of death in the United States, costing an estimated \$245 billion per year.

The free diabetes trainings will not only be offered to HOSEA partner

churches, but to all Winston-Salem and surrounding area churches.

Free trainings

Trainings will be conducted on the campus of the individual churches and scheduled based on church preference dates and times. Information sessions regarding the registration process will be conducted at Rupert Bell Recreation Center 6 to 7:30 p.m. April 26, May 24, June 28, July 26, August 23, and Sept. 27. All information sessions will begin promptly at 6 p.m.

The free diabetes trainings will be facilitated by

HOSEA Project Partner Alliant Quality. Alliant Quality, contracted by CMS, is the Quality Innovation Network Quality Improvement Organization for Georgia and North Carolina. A healthcare consulting organization, Alliant Quality is dedicated to improving the quality, safety and integrity of healthcare. A key component of their identity involves forming professional partnerships to extend outreach, effectiveness, increase value and accessibility of healthcare. Trainings will be available through 2019.

As a compliment to its

prediabetes education, HOSEA Partner Church Union Chapel Baptist Church began its diabetes management trainings March 17. Deltra Bonner, one of two Union Chapel liaisons, has been instrumental in their project implementation.

"Having successfully participated in other carefully selected studies, our retention rate in the HOSEA Project has been high because our members feel their participation is in their best interest. Additionally, Pastor [Konnie G.] Robinson played an integral role in recruiting members and is actually participating in the

study." The overarching impact of both prediabetes education and diabetes management training provides HOSEA an opportunity to increase health education and the importance of making lifestyle changes to combat diabetes and other health-related issues. "When we know better we can do better is a philosophy shared among many members participating in the study. The HOSEA project provides us with an opportunity for great fellowship, great fun and a great learning experience," said Bonner.

The HOSEA Project is guided by the Division of

Nursing and the Department of Health, Physical Education and Sport Studies. Purposely named "The HOSEA Project" based on the scripture Hosea 4:6: "My people perish for a lack of knowledge" has a goal to utilize the African-American church to address diabetes prevention in the African-American communities by training pastors and congregations to educate and empower others.

For further information contact the HOSEA Project Coordinator at 336-750-8915.

Lesson

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Lesson: Jesus was buried late Friday afternoon by Joseph of Arimathea and Nicodemus in accordance with Jewish law requiring burial of corpses before the Sabbath. After the Sabbath Mary Magdalene, Salome, and Mary the mother of James bought spices to anoint Jesus' body. Going very early Sunday morning

while it was still dark, the women wonder how they will have the stone blocking the tomb's entrance removed. But finding the tomb open, the women enter and encounter a man in white apparel who tells them that Jesus of Nazareth who was crucified and had been dead was no longer dead but resurrected. Because He had broken the grip of death, He was no longer in the sepulcher (see Mark 8:31; 9:9, 31:10:34).

The women were also

invited by the angel to examine the spot where Jesus had been placed. They found the burial clothes undisturbed because Jesus had passed through them. Note here also that the sepulcher was not opened to let Jesus out, but to let the women in. The angel then tells the women not to be frightened, but to go and tell the disciples and Peter that Jesus is going ahead to meet them in Galilee. The women leave and don't

speak to anyone until they are united with the disciples who don't believe them. Peter however, had to see for himself and went to the sepulchre (Luke 24:11-12).

"There is a great deal of historical evidence for Jesus' resurrection. Ours is the only religion that includes a risen savior; we can fully trust in Him." (Union Gospel Press, Keith E. Eggert)

For Your Consideration: What might have been the

purpose of having an angel greet the women rather than the risen Jesus Himself? Why were the women to direct the disciples to Galilee when Jesus would appear to them that very night in Jerusalem?

Life's Application: As Christians we need to recognize the importance of affirming that Jesus' resurrection actually took place. But how do we do it? We do so by cultivating a personal relationship with the risen Lord in our daily life.

When we pursue a personal relationship with our Savior, we show that we truly believe He is alive, having been raised from the dead. There are many ways we can express our faith in Christ's resurrection, but whatever way we do it, we show our trust and hope in the resurrected Lord. (David C. Cook, Bible Lesson Commentary 2015-16)

Easter

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8717. Also, check us out on Youtube - "Born Again Free Church" or at our website - bornagainfree.com.

March 25

Good Friday Service

The Winston Salem District will sponsor the annual Good Friday Service on March 25 at 7 p.m. at Goler Memorial A.M.E. Zion Church, 630 N. Patterson Ave., where the Rev. Dr. George C. Banks is the Pastor and the Rev. Dr. Calvin L. Miller is the Presiding Elder.

March 25

Annual Easter program and hunt

The Winston Salem District will sponsor the Annual Easter Program and Easter Egg Hunt at 10 a.m. at Bethlehem A.M.E. Zion Church, 6475 Yadkinville Road, Pfafftown where the Rev. Beverly W. McMillian is the Pastor, Marie Jamerson is the District Director of Christian Education.

March 25

Seven Last Words service

Mount Olive Baptist Church, 1301 C. E. Gray Drive, will have their Seven Last Words service on Friday, March 25 at 7 p.m. The public is cordially invited to attend. Rev. Dr. Charles E. Gray is the host pastor.

Beginning March 25

Seven Last Sayings and hunt

Greater Tabernacle Worship Center, 1410 Attucks St., presents the "Seven Last Sayings of Jesus Christ" on Friday, March 25, at 7 pm. On Saturday, March 26, we will have our annual Easter Egg Hunt at Civitan Park in Kernersville from 10 a.m.-3 p.m. Host Pastor is Apostle BJ McCloud. For additional information contact Greater Tabernacle Worship Center at 336-777-1113.

Beginning March 25

Good Friday Commemoration, Resurrection Celebration

Mount Sinai Full Gospel Deliverance Center, located at 2721 Manchester St., will present the annual Good Friday Commemoration, March 25 at noon. The service will depict the Crucifixion aspect of the Easter story through sacred music, spoken word and liturgical dance. The Resurrection Celebration will conclude Sunday, March 27, at the 11 a.m. Worship Observance. The public is invited to attend these services. For additional information, contact the church office at 336-722-2624. The Rev. Yvonne H. Hines serves as Senior Pastor.

March 25

Good Friday Service

Mount Zion Baptist Church will observe Good Friday in a special worship experience occurring at the church on March 25. Beginning at the noon. Pulpit associates at Mount Zion and guest ministers will deliver short messages on the Seven Last Words of Jesus from the cross. Sacred music will be provided. Mount Zion's presentation of The Seven Last Words is open to the public from noon until 3 p.m. Dr. Serenus T. Churn Sr., pastor at Mount Zion Baptist Church, will be the worship leader.

March 25

Seven Last Words of Christ

The congregation of Bethlehem Missionary Baptist church invites the community to attend the "Original Seven Last Words of Christ" on Friday, March 25 at 7 p.m. The church is located at 1711 N. Claremont Avenue, and

the pastor is Rev. L. Dwight Hash, Sr. The phone number is 336-723-1297. Doors will open at 6 p.m. This service is sponsored by the Easter Sunrise Services Committee.

Beginning March 25

Seven Last Words and egg hunt

Greater Higher Ground Ministries and Pastor Janice O. Heath invites the community to join us for a Resurrection Service on Friday, March 25, presenting the "Seven Last Words." Service will be held at the headquarter church at 4175 Moat Dr, at 7 p.m. Also its annual Easter Egg Hunt will be on Saturday, March 26, from 11 a.m. to 1 p.m.. The public is invited. For more information, please call the Administrative Office at 336-725-1125. Senior pastor is Janice O. Heath. Founder is the late Bishop John H. Heath.

March 26

Youth Easter Egg Hunt

Holy Trinity Full Gospel Fellowship Center, 5307 Peters Creek Parkway, will sponsor a Youth Easter Egg Hunt on Saturday, March 26, from noon - 2 p.m. Youth of all ages are welcome to attend. Lunch will be provided. All events are free and open to the public. For information call the office at 336-784-9347.

March 26

Easter Egg Hunt

Life Changing Transformation Church Ministries will hold their Easter Egg Hunt on Saturday, March 26, at 2 p.m. Treat bags will still be given out in the event of rain. The church is located on the corner of Ansonia & 25th Streets (the church on the hill). Everyone is invited.

March 27

Easter Sunrise Service

Easter Sunrise Service will be held jointly with Goler Memorial A.M.E. at Goler Metropolitan A.M.E. Zion, 1435 E. Fourth St., at 6 a.m. The Rev. Dr. George C. Banks, pastor of Goler Memorial, will be the messenger. After the service, breakfast will be served.

March 27

Vicki Winans is Guest Artist

Greater Cleveland Avenue Christian Church, 5095 Lansing Dr., will feature gospel artist Vicki Winans at its Resurrection Day Sunday service on March 27 at the 10 a.m. worship hour. Winans is an award-winning gospel artist noted for such songs as "How I Got Over," "Shake Yourself Loose," "As Long as I Got King Jesus," and many more. The attire for Resurrection Service will be dressed down. Bishop Sheldon McCarter is the senior pastor of GCACC. The public is invited to attend this service. For more information contact the church at 336-661-0226.

March 27

School of Ministry

Holy Trinity Full Gospel Fellowship Center, 5307 Peters Creek Parkway, will have School of Ministry on Sunday, March 27, from 4-5 p.m. The facilitator will be Pastor Richard C. Miller Sr. For more information contact the church office at 336-784-9347.

March 27

"The Last Seven Words" cantata

Goler Metropolitan A.M.E. Zion Church, 1435 E. Fourth St., will present a cantata titled "The Seven Last Words of Christ" on Sunday, March 27 at 6 p.m. The Cathedral Choir and guest soloists will perform with the orchestra. Duncan Gray is the director, Marian "Pete" Thomas, is the organist, and Julie Hunter, the pianist. The community is invited to attend.

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Advertisement



Sheila Bailey

In observance of Black History Month, on Saturday, February 20, 2016, Morning Star Missionary Baptist Church hosted their first "African-American Read-In" (AARI). This read-in is an international event sponsored by the National Council for the Teachers of English. Sheila Bailey, a retired librarian for over 30 years and a member of Morning Star introduced this event to the church. She served as the AARI Coordinator, offering over 150 titles written by African American Authors. These books included 25 books for children and 125 books for adults.



There were 16 adults and 8 children in attendance. The first hour was devoted to each attendee silently reading. Children who were unable to read, were read to. The last hour consisted of "The Round-Up." The Round-Up was held in the Church's library, and allowed each attendee to learn what the readers read during the AARI.



The children went first and boldly summarized what they had learned; the adults followed sharing and discussing the titles they chose and what prompted them to select their book. The total reading time including the AARI and the Round Up was 23 hours and 9 minutes. Morning Star Missionary Baptist Church is located at 1400 Fitch Street - Winston Salem, NC. Reverend Dr. Dennis Leach, Sr. is the pastor.

FOR SUCH A ONE AS THIS

A dramatic musical presentation for Holy Week

MARK HAYES BOB HOOSE JIM CUSTEL

Maunder Thursday, March 24th 2016
7:00PM

SHARON SIMS, DIRECTOR
WILLIAM L. LAKE, JR., MUSIC DIRECTOR
REV. DONALD JENKINS, PASTOR

St. Paul United Methodist Church
2400 Dellabrook Road - Winston Salem, NC