



Photos provided by #BigColonTour

Participant Christal Stewart (middle) is just one of over 300 runners gathered at Bailey Park Saturday morning, April 23, for the "Get Your Rear into Gear" 5K run in support of the more than one million Americans living with a history of colorectal cancer. This is the 6th annual event hosted by Colon Cancer Alliance.



A huge feature at the "Get Your Rear in Gear" 5K run was a 20-foot inflatable colon showing the different stages of advancing disease. The 2016 Big Colon Tour is a national educational program sponsored by Bayer.

5K run supports those with colorectal cancer

SPECIAL TO THE CHRONICLE

Over 300 runners gathered at Bailey Park on Saturday, April 23, for the "Get Your Rear into Gear" 5K run in support of the more than 1 million Americans living with a history of colorectal cancer. This is the 6th annual event hosted by Colon Cancer Alliance, a patient advocacy organization aiming to raise awareness about the disease.

A huge feature at the event was a 20-foot inflatable colon showing the different

stages of advancing disease. The attention-grabbing giant colon was a hot spot for selfies. The 2016 Big Colon Tour is a national educational program sponsored by Bayer.

In North Carolina, 68 percent of adults over 50 are being screened for colorectal cancer, but that leaves nearly one-third who are not being screened. For more information, visit www.ccalliance.org/awareness-month/big-colon-tour/ or follow the conversation on Twitter with #BigColonTour.



Brian Highsmith and family pose within the 20-foot inflatable colon Saturday, April 23 in Winston-Salem's Bailey Park. His children were among the youngest participants in the "Get Your Rear in Gear" 5K run.

Sigma Beta group attends regional conference

SPECIAL TO THE CHRONICLE

Six members of the Delta Sigma Chapter of the Sigma Beta Club spent part of their Spring Break attending the Southeastern Regional Conference. The Southeastern Region consists of North Carolina, South Carolina and Eastern Tennessee.

Club members in attendance were Adrian Ellis (9) of Whitaker Elementary School, Zyquarius Ellis (16) of Winston-Salem Prep Academy, Nasir McDaniel-Moore (14) of Reynolds High School, Nigel McDaniel-Moore (9) of Moore Elementary School, Tyrek Thompson (15) of Carver High School and Alim Turner (13) of Paisley IB Magnet School.

During the conference, the youth had the opportunity to attend valuable

workshops, learning labs and business sessions. The members will have a chance at the next Sigma Beta meeting to present what they learned at the conference to other club members, allowing them to implement ideas that will help them become a stronger club in the future.

Some of the topics of discussion focused on Financial Money Management, Dress for Success and Imaging, the History of the Buffalo Soldiers and a Real Talk Panel Discussion hosted by Dr. Sheryl P. Underwood, co-host of CBS's The Talk, and the 23rd International President of Zeta Phi Beta Sorority, Inc.

The youth took a college tour of the University of Tennessee in Knoxville to visit their STEM Programs. They also visited Maryville College in



Submitted photo

Shown are (L-R) Alim Turner, Nasir McDaniel, Adrian Ellis, Willie Conner (center back), Nigel McDaniel, Tyrek Thompson and Zyquarius Ellis.

Maryville and completed the Mountain Challenge, which focused on team building and creative thinking.

The conference, held March 31 through April 2 at the Holiday Inn World's Fair Park located in Knoxville, Tenn., concluded

with the group visiting the Haley Heritage Square. Haley Heritage Square is located on the slopes of Morningside Park, a green space with a commanding view of historic Knoxville, the downtown business district and the Smoky Mountains.

The focal point of the Square is a 13-foot-high bronze statue of author and Pulitzer Prize winner, Alex Haley. Haley is best known for his book "Roots," in which he traced his origins back to Africa. His book was made into an acclaimed television mini-

series. Willie Conner is the chapter coordinator and Mark Allmon is the southeastern regional coordinator for the Sigma Beta Clubs.

W-S Youth Chorus holding auditions for 2016-2017 Season

SPECIAL TO THE CHRONICLE

The Winston-Salem Youth Chorus (WSYC), recently endorsed by the mayor as the premier youth chorus and ambassadors of the city, invites children grades 3-12 to audition for the 2016-2017 season, which begins on Aug. 29. Auditions will be held on Tuesday, May 17 and Wednesday, May 18.

For more information and to schedule an audition time, go to www.wsyouthchorus.org or contact the office at 336-703-0001.

The Winston-Salem Youth Chorus, a non-profit arts organization founded in 1993, has over 100 members in four ensembles, ranging from grades 3-12 and representing more than 40 schools in Forsyth and surrounding counties.

Members of the WSYC learn vocal technique, theory, singing in other lan-

guages, discipline, confidence and teamwork while performing beautiful choral arrangements.

The chorus also often collaborates with the UNCSA, The WS Symphony, Piedmont Wind Ensemble, Piedmont Chamber singers and other groups in the region. They also travel and perform in other countries and around the nation. Some tours in the past have included performances in Austria, Italy, France, Chicago, New York City and New Orleans.

WSYC has helped hundreds of children and youth through music education and performance experiences in its mission to engage and develop youth from diverse backgrounds and enrich their lives by inspiring excellence in choral music.

For more information about the Winston-Salem Youth Chorus visit <http://wsyouthchorus.org>.

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