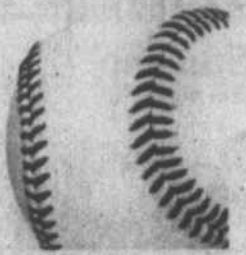




# SPORTS WEEK



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MAY 19, 2016



## Wake Forest student hones coaching skills as high school track assistant

BY CRAIG T. GREENLEE FOR THE CHRONICLE

Angelique Reynolds became a high school track and field coach in a round-about kind of way. Her master plan was to run track at Wake Forest University and go to school on an academic scholarship.

Reynolds came to college as an 800-meter runner and high jumper. To further enhance her development, she started working with Derrick Speas, a highly respected personal trainer who works with

Olympic-caliber and professional athletes. Speas is also the girls' track coach at Reynolds High School.

The two worked out a barter arrangement in which Reynolds agreed to coach RJR's high jumpers and quarter-milers in exchange for Speas serving as her trainer. Reynolds' initial plan, however, never came to fruition. Being a track athlete at Wake Forest required a year-round commitment. As a freshman, she was unable to devote 12 months to track because of a prior commitment to band (she plays clarinet).

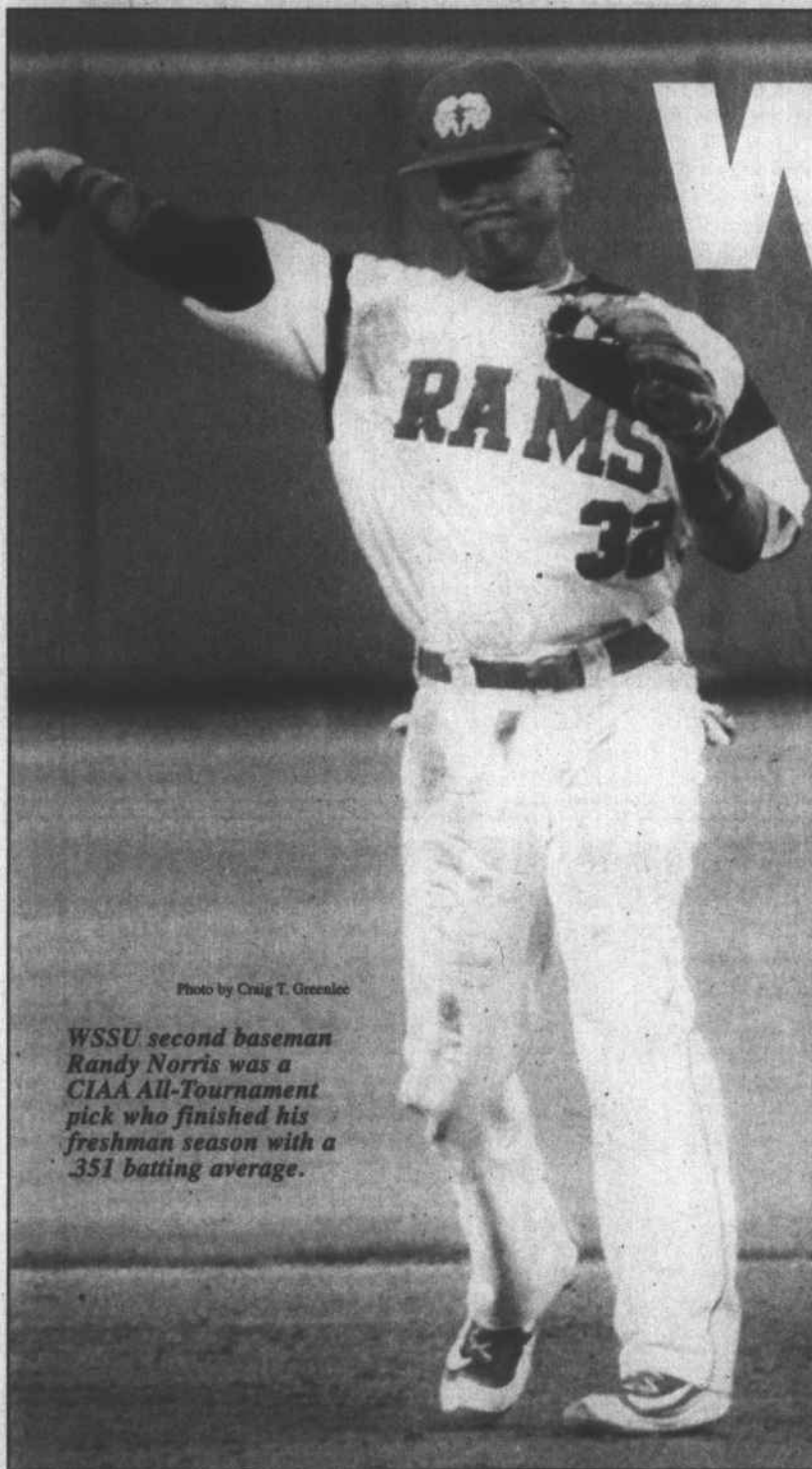
As a sophomore, Reynolds decided to forego a college track career and continue to attend school on academic scholarship. For the past two years, she has served as an assistant coach at RJR.

"I observe and identify what they're doing wrong," said Reynolds, a graduate of Charlotte East Mecklenburg. "Once that's done, we go about making the necessary corrections. But I'm still working on development. I want to make sure that I know

See Student on B2

Angelique Reynolds coaches the high jumpers and quarter-milers at Reynolds High School while attending college at Wake Forest University on an academic scholarship.

Photo by Craig T. Greenlee



## Wrap up!

### Rams baseball team looking to regroup and reload

BY CRAIG T. GREENLEE FOR THE CHRONICLE

Given Winston-Salem State University's (WSSU) dominance in baseball in recent years, it would be easy to write this past season off as a disappointment.

That's because over the past five seasons, the Rams have developed as a full-fledged national-caliber program. Along the way, WSSU bagged five CIAA championships and advanced to the NCAA Division II playoffs.

This year, the Rams' reign as CIAA diamond kings ended in a manner that was shocking and unexpected. WSSU (31-22) breezed through the first two rounds of the conference tournament, but had a crash landing in the final round. In losing twice to Chowan, the Rams surrendered the league crown.

In the title round, the usually resilient Rams came up empty when it mattered most. In both losses, WSSU managed to score a total of four runs.

There were also defensive letdowns, which set the table for the Hawks to score 13 unearned runs in two games. Those losses kept the Rams from securing an automatic bid to the playoffs. This year marks the first time since 2010 that WSSU was absent from the post-season scene.

"Some people might feel that we had

See Reload on B2



Photo by Craig T. Greenlee

WSSU second baseman Randy Norris was a CIAA All-Tournament pick who finished his freshman season with a .351 batting average.

## WSSU's Walker named CIAA Athletics Director of the Year

SPECIAL TO THE CHRONICLE

CHARLOTTE—Winston-Salem State University Director of Athletics, Tonia Walker, has been named CIAA Athletics Director of the Year.

The Central Intercollegiate Athletic Association (CIAA) held its annual Spring General Assembly Meeting and End-of-Year Awards Reception in Charlotte on Monday evening, May 16.

Athletics administration representatives from each of the CIAA's 12 member institutions joined members of the conference office for the recognition of more than 20 conference awards.

The AD Association gave Walker the award. Walker, in her second full year at the helm of WSSU's athletics department, oversaw a 2015-16 year that brought the Rams five championship titles: football, volleyball, women's indoor track & field, women's cross country and softball.

In addition to hosting the Indoor Track & Field Championship and a volleyball roundup with her staff, Walker serves on the Division II Athletic Directors Association's Board of Directors and is the



Walker

president of the CIAA AD Association. Walker called the day "an emotional one", and said she was humbled to be named the CIAA Best AD for the 2015-16 year, as the Rams also captured the Loretta Taylor All-Sports trophy, indicative of the best women's athletics program in the CIAA.

## WSSU Rams take home 2016 Loretta Taylor All-Sports trophy Award

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CHARLOTTE—The 2016 Loretta Taylor All-Sports Award was presented to Winston-Salem State University.

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The All-Sports Award is determined by a point system for achievement in all the institutions programs based on championship finish.

The Loretta Taylor All-Sports Award, granted to the top women's athletic program, was earned by Winston-Salem State after winning championship titles in women's cross country, volleyball, women's indoor track & field, and softball. The Rams also finished third in outdoor track & field and fourth in tennis of



All-Sports trophy

the women's CIAA championship competitions.

Loretta Taylor is a former Fayetteville State women's head basketball coach (1944-1977). She was with the Broncos during an important time for gender equality in collegiate sports in America.