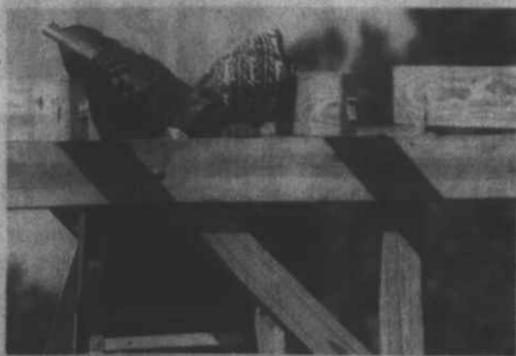




Volunteers work together to put together playground equipment on Saturday, Sept. 24. During Playground Build Day, more than 60 people volunteered to help bring a new play area to children in East Winston.



Photos by Tevin Stinson
Volunteers work together to bring a playground to the children in the 14th Street neighborhood on Saturday, Sept. 24.



More than 60 volunteers came together Saturday morning to bring a new playground to the East Winston Community. Following construction, a ribbon-cutting ceremony was held to officially open the playground.

14th Street Playground comes to life

BY TEVIN STINSON
THE CHRONICLE

Last Saturday, more than 60 volunteers from various walks of life came together, rolled up their sleeves, and worked hours to bring a new playground to the children in the East Winston Community.

The playground, which stands in the previously vacant field near the 14th Street Recreation Center, was made possible by the Rose of Sharon/Dreamland Neighborhood and their partnership with the Kate B. Reynolds Charitable Trust, the City of Winston-Salem and "KaBoom!" a non-profit dedicated to bringing balanced and active play into the daily lives of all kids. The new playground is different from most play areas you may have seen built. Children in the East Winston community had the opportunity to design every aspect of the playground from the equipment to the color scheme.

While lending a helping hand to put equipment together on "Playground Build Day," Council member and representative for the East Ward, Derwin Montgomery, said, "As a city council member and a neighbor, I felt it was important to be here today."

We are happy we were able to partner with Kate B. Reynolds and Kaboom! to make this happen," he said. "When we talk about our kids having a place to come that's recreational fun and something engaging to do, this is very important."

Montgomery mentioned the city has plans to expand the play area in the near future to include areas for older children.

presents

EBOO PATEL

Founder and President of Interfaith Youth Core

Wednesday, October 5

6 p.m.

Broyhill Auditorium

Farrell Hall



Free and open to the public
lead.wfu.edu #wfuleads



CHRONIC KIDNEY DISEASE ANEMIA

There are some things that you should know if you've been diagnosed with chronic kidney disease. In certain people, chronic kidney disease can lead to a serious condition called anemia. Anemia occurs when your body doesn't have enough red blood cells. Red blood cells carry oxygen to the rest of your body, giving you energy to do your daily activities.

If anemia due to chronic kidney disease is left untreated, you are at risk for serious health consequences, including a higher risk of heart complications or needing a blood transfusion. If you are unsure if you have anemia, or it's been a while since you've checked, a doctor can diagnose it through a simple blood test.

QUIZ

COULD YOU HAVE ANEMIA DUE TO CHRONIC KIDNEY DISEASE?

	YES	NO
Do you have chronic kidney disease?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any of the following symptoms:		
> Feeling tired often	<input type="checkbox"/>	<input type="checkbox"/>
> Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>
> Dizziness	<input type="checkbox"/>	<input type="checkbox"/>
> Racing heartbeat	<input type="checkbox"/>	<input type="checkbox"/>

If you have chronic kidney disease and checked off at least one of the above symptoms, you may have a condition called anemia.

ANEMIA SYMPTOMS ARE EASILY MISSED

Symptoms of anemia are very common to many other conditions and can therefore be easily missed. Common anemia symptoms include:

- > Feeling tired often
- > Shortness of breath
- > Dizziness
- > Racing heartbeat

ANEMIA DUE TO CHRONIC KIDNEY DISEASE CAN BE TREATED

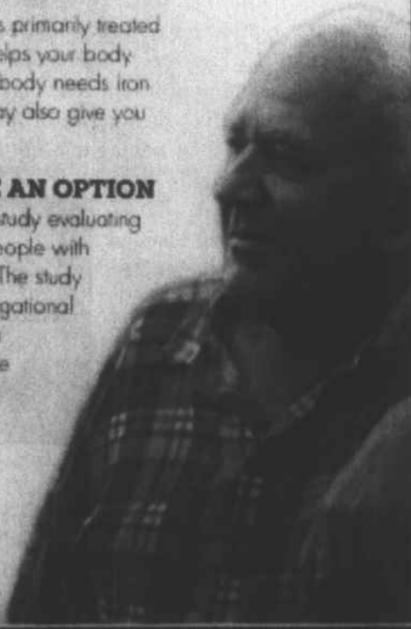
Anemia due to chronic kidney disease is primarily treated with an injection of a medication that helps your body produce red blood cells. Because your body needs iron to make red blood cells, your doctor may also give you iron, either in pill form or as an IV.

A RESEARCH STUDY MAY BE AN OPTION

The PROTECT Study is a new research study evaluating an investigational oral medication for people with anemia due to chronic kidney disease. The study compares the effectiveness of the investigational oral medication to an approved anemia medication given by injection. During the study, qualified participants will either receive the investigational oral study medication or the approved injection.

Treating your anemia may give you more energy and reduce your risk of serious health consequences.

PROTECT STUDY



LEARN MORE TODAY >

YourKidneyIQ.com

844-763-6363