

Self Defense

Security School Plans To Train Local Women

A Security School for Women has been set for March by the Charlotte Mecklenburg Crime Prevention Bureau and the co-sponsoring Charlotte Chamber of Commerce. Instructions on precautions by women in the home, in the car and on the street will be given by police instructors who will also pass along a list of instructions for babysitters. Participation is free.

Police Major Tom Ginn and Lieutenant Marshall Moore will be in charge of the six sessions which will be held in the Law Enforcement Center, Fourth and McDowell Streets in Charlotte. Each two-hour session will be a complete course on one of the three subjects and women need attend only the morning or evening session of their choice. Morning sessions, from 9:45 a.m. until 11:45 a.m., will be held the Wednesdays of March 14, 21 and 28. Evening sessions from 7:30 p.m. until 9:30 p.m. will be held the Thursdays of March 15, 22 and 29.

According to Major Ginn, parking will be available in the County parking lot at the corner of Third and McDowell Streets. Registration is free and registration cards are now being distributed to women's interest groups, churches, YWCA offices and businesses.

The Crime Prevention Bureau and the Charlotte Chamber of Commerce have co-sponsored Security Schools for Women before. The last series was held in 1970 and over 3,000 women went through the course. Since that time the Crime Prevention Bureau has continued to give the course to large companies.

Women who register for the school and attend a session will receive a certificate of completion from the co-sponsors and a series of printed brochures designed to serve as reminders of things to do.

The instruction which has been designed by the Crime Prevention Bureau will be of assistance to women of all ages, from students to retired persons. Further information can be obtained by calling either the Chamber of Commerce, 377-6911, or the Crime Prevention Bureau, 374-2365.



POP MORELAND

Pop Moreland Dies Saturday

Continued from P. 1)

He served numerous positions at Second Ward High school from 1930 until 1952. He later served as principal of Marie G. Davis Elementary School from 1952-1965 up until his retirement because of physical disability.

As a community and civic leader "Pop" was instrumental in the organizing many organizations at the state and local level. He was a leader of the Fullback Club and was one of the founders of the Queen City Classics, the football game between West Charlotte and Second Ward, which became one of the state's biggest football drawing attractions.

"Pop" was also one of the original founders of the Henry L. McCrory Branch of the YMCA. He organized the Piedmont High School Athletic Association in 1937 and served as President of the Charlotte Teachers Association for a number of years.

During his tenure as president he appointed and worked with the committee which establish the School Workers' Federal Credit Union. He later served as President of the North Carolina State Athletic Association and was a



Ronald Wilson (left) Black Belt instructor of the Charlotte School of Karate, defends against a jumping side kick demonstrated by James Laster (right), assistant instructor of the school, to beginning students at a Karate clinic held recently here.

Meet Ron Wilson, Local Black Belt Instructor

Meet Ronald Wilson, Black Belt Instructor of the Charlotte School of Karate. Ron began the study of Karate at the American DoJo (School) in Jackson Heights, New York, in 1967 and worked his way through the intermediate ranks of Karate.

His advanced studies in Karate are at the Omaha School of Karate in Omaha, Nebraska, where he achieved Black Belt rank in TAE KWON DO, (meaning scientifically kicking and punching artistically) under the noted Master Instructor Haeng Ung Yi (Lee) or Seoul, Korea.

Presently Ron is chief of instructions at the Camden Karate Club, in Camden, S.C., and the McCrory Branch YMCA. He also conducts classes for Charlotte Model Cities, and has opened a school on South Boulevard, "The Charlotte School of Karate."

Physical fitness is stressed heavily in Ron's classes. As part of his program the school has a beautifully decorated exercise and conditioning room with its exercise equipment. Ron says "You'll look better in an amazingly short time with personalized conditioning programed the way that I offer it."

Another specialties offered by the school is being able to defend yourself if attacked,

member of the board of trustees of Grace AME Zion Church for a long time.

An ardent sports enthusiast, "POP" is best remembered as one of the state's most popular referee of football and basketball games.

He is survived by his wife, Mrs. Gladys Ford Moreland; one daughter, Mrs. Alma Grace Motley; a son, William Howard Moreland Jr., six grandsons, a granddaughter, two brothers, George W. C. and C. E. Moreland.

choked, mugged, or grabbed. Imagine the peace of mind that goes with knowing you can protect yourself and your loved ones.

Fundamentals and advanced techniques using the TAE KWON DO style of Karate are also taught by Ron and his instructors. Each member receives a registration card reflecting his or her belt ranking and promotions, as he progresses from the beginner white belt through various degrees of yellow, green, blue, brown, and black belt.

Each class begins with formal warm-up exercises especially designed for Karate. The new student starts out slowly in beginner classes and progresses gradually through the various steps of learning: into, intermediate and finally more advanced sessions until all combined techniques of Karate are mastered. Ron says, "the average attendance is one or two classes

per week. There are a specific number of hours that should be covered, depending upon the course and belt ranking desired; but the student may sit his own pace, being that classes are quite flexible."

Ron also says, "coordination improves almost immediately and the student experiences reflexes, timing, and speed, and mental alertness to a degree beyond all expectation."

Oriental are often quoted saying that, "the most difficult step in a 1,000 mile journey is the first step."

prevention of these problems.

Children

Conference

Set For March

The North Carolina Association for Children with Learning Disabilities will hold its annual state conference in Charlotte on March 30-31.

Dr. Marvil L. Gottlieb, associate professor of pediatrics, at the University of Tennessee College of Medicine and director of the Leigh Buring Memorial Clinic for Exceptional Children in Memphis Tenn., will be keynote speaker. His topic will be "The Child in Educational Jeopardy-Everybody's Problem."

Theme for the two-day event will be "All Children Learn Differently."

Sponsored by the Charlotte-Mecklenburg Association for Children with Learning Disabilities, the conference will be held at the University of North Carolina at Charlotte.

Conference participants may attend three of 27 mini-workshops to be offered. In addition, there will be three general meetings designed for parents, professionals, volunteers, teachers on all grade levels, learning disabilities teachers and representatives from parent-teacher groups.

Early registration for the conference is \$7.50. Interested persons should write Registrar CMAACLD, 5926 Kfrkpatrick Rd., Charlotte.

ACLD (Association for Children with Learning Disabilities) is a non-profit organization of parents, professionals and other interested persons. The purpose of the association is to increase public understanding of and to stimulate, on state and local levels, public action to meet the special educational requirements of children with learning disabilities by promoting study, treatment and

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Barbers Wives

Donate \$500

Continued from P. 1)

currently there are "about 16 enrollees participating in an educational program at Central Piedmont Community College. "These people were chosen from persons who had shown some interest in our program. They were people who wanted to set aside six or eight weeks of their time to learn more about the program."

Mrs. Beckwith indicated these students will be used instrumental in the research program the organization plans to institute here.

The Barber Wives also honored their treasurer Mrs. Rebecca Taylor, who was presented a trophy for "outstanding service."

Super Sounds

- (1) Love Train by The O'Jays
- (2) Superstition by Stevie Wonder
- (3) Could It Be I've Fallen In Love by The Spinners
- (4) Why Can't We Live Together by Timmy Thomas
- (5) Ants In My Pants by James Brown
- (6) Daddy's Home by Jermaine Jackson
- (7) Trouble Man by Marvin Gaye
- (8) Neither One of Us by Gladys Knight & The Pips
- (9) World Is A Ghetto by War
- (10) Love Jones by The Brighter Side of Darkness
- (11) Don't Leave Me Starvin' by Holland-Dozier
- (12) Harry Hippy by Bobby Womack
- (13) Love Is Here by The Futures
- (14) Give Me Your Love by Barbara Mason
- (15) Don't Burn Me by Paula Kelly
- (16) Do It In The Name Of Love by Candi Staton
- (17) Think It Over by The Delfonics
- (18) We Did It by Syl Johnson
- (19) Killing Me Softly by Roberta Flack
- (20) Keeper Of The Castle by The Four Tops

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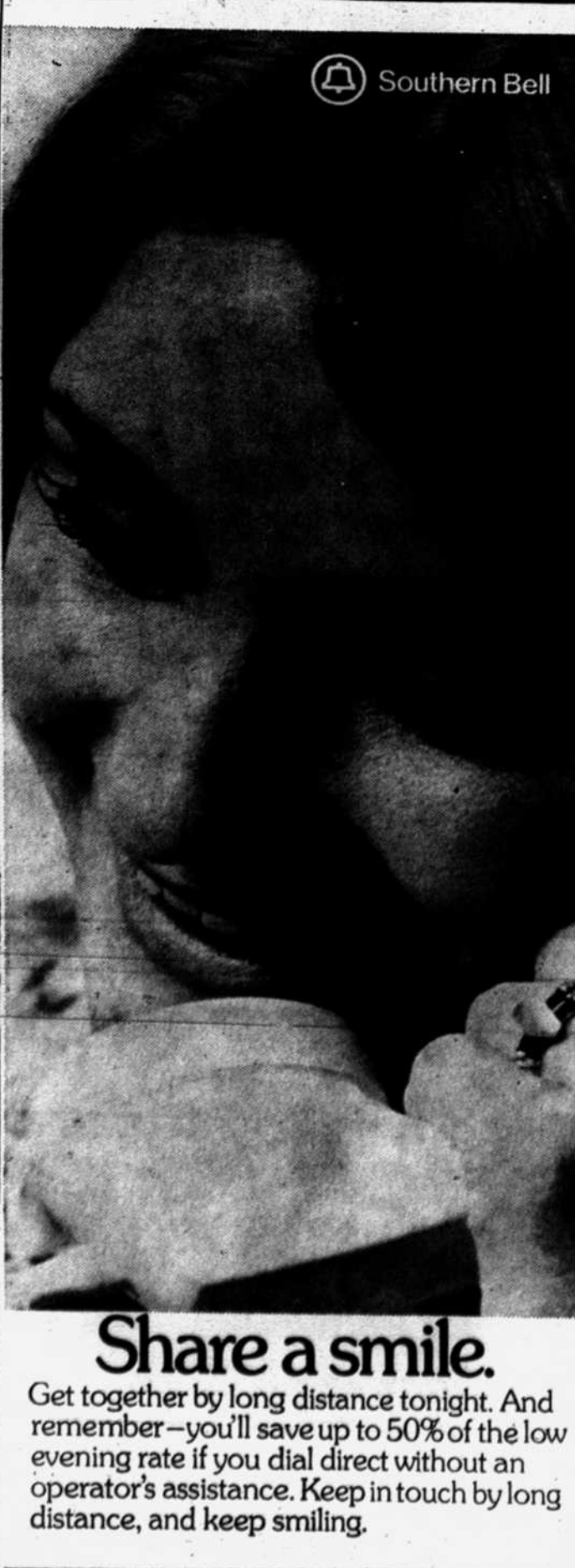
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