

Washington Heights Garden Club News

Mrs. Gertrude Williams of Huntersville was hostess to the Washington Heights Garden Club. At the Christmas program secret pals were revealed and gifts were exchanged.

The hostess pulled out all stops to make the evening beautiful. The shrubbery was decorated, a handmade center-piece graced the table and a delicious dinner ended the evening. Members expressed the feeling that the evening was so enjoyable that they didn't want to leave.

In attendance were Mrs. Nancy English, Mrs. Lois Scott, Mrs. Edina Williams, Mrs. Ethel Choate, Mrs. Willette Patterson, Mrs. Cora Gaither, Mrs. Essie Stovall, Mrs. Lillie Mae Carter, Mrs. Betty Jean Funderburk, Mrs. Jessie Lee Hamlin, Mrs. Viola Allison and Mrs. Gertrude Williams.

Visitors present were Earnest Williams, Johnnie Gaither, and Walter Alexander and Worrain Stukes. Hosting the club in January will be Mrs. Edina Williams of 1826 Taylor Avenue. All members are urged to attend due to the heavy amount of business that must be taken care of.

Artistic Garden Club Plans Party

To enhance their spirits for the upcoming year members of the Artistic Garden Club have planned a Christmas Party which will be held December 17 on Fairmont Street.

At the recent monthly meeting at the home of Evelyn M. Perry, the feeling of Christmas was already present. Her home was decorated with beautiful holly, candles and greenery depicting the Christmas season.

By-laws and new guide lines for 1981-82 were revised at the meeting also. The workshop project discussed involved forcing bulbs indoors for early spring blooms.

Marie Brown demonstrated how citrus fruits could be used for a delightful fragrance, especially during the Christmas holidays.

A delicious dinner was served by the hostess Mrs. Perry. Following the dinner the following members expressed thanks: Emma Scott, Mini Hethering, Evelyn Perry, Eloise Boyd, Frances Holey, Mattie Kennedy, Katie Vance, Marion Nesbit, Sarah Phillips, Marie Brown, Mary Mitchell and Katherine Bowser.

YWCA Sets Sign Up Winter Class

Arthritis water exercise classes are being offered by the Charlotte YWCA. Although the 10-week co-ed course begins January 11, a sign-up deadline date of December 16 has been set.

The early registration date will allow each participant to obtain the necessary physician's referral release which must be turned in to the YWCA prior to class attendance.

The course is designed to help the individual increase or maintain range of motion, flexibility, strength and endurance; to increase swimming ability and relaxation in the water. It also provides group support and the chance for interaction with others having inflammatory joint disease.

Cost of the sessions is \$18. YWCA membership is required. Membership for adults is \$10 per year.

Mary Sue Tilley, 525-5770, may be contacted for further information.

Art Instructors
Thirty-eight art instructors at Central Piedmont Community College will display their work December 8 through January 3 in the lobby of Knight Publishing Co., 600 South Tryon Street.

Over 75 paintings, drawings, prints and photographs make up the exhibit which is free and open to the public.



Pictured are volunteers who assisted in the Senior Citizens' Craft Bazaar. Seated is Soror Brenda Jones, chairperson; standing are Uphelia Gray, Celesta McCullough, Elsie Woodard, Dorothy Flagg and Beatrice Douglas.

Sorority Sponsors Senior Citizens Bazaar

Shoppers had a busy day recently when the local chapter of Alpha Kappa Alpha Sorority sponsored a two-day Senior Citizens' Craft Bazaar.

The lobby of the Trade Street YWCA was filled with several handcrafted gifts for Christmas and for the home.

Hundreds of items which were made by senior citizens, included ceramics, macrame, toys, dolls, garments, paintings, Christmas decorations, cakes, towels, table covers, afghans and other beautiful and useful artifacts.

Through the Senior Citizens' Craft Bazaar, many senior citizens were given the opportunity to showcase their ability and talent.

The community outreach programs is designed to serve as a positive influence on the lives of local senior citizens.

Two other components of the program are: Adopt-A-Person, a one-on-one plan that enables individual members to provide personal services for senior citizens.

Nursing home project; a plan that provides comfort, companionship, entertainment and gifts for senior citizens who are residents in these homes.



The Charlotte District Christian Education Pageant, which was held at Gethsemane AME Zion Church on December 4, announced a total of \$2,811.55 raised in their drive. Financial contestants included Cheryl Weaver of Gethsemane, Sonja Crockett of Clinton Chapel, Sherri Harris of China Grove, Rhonda Flake of Steele Creek, Ricky Livingston of Weeping Willow, Deirdre Davis of Jonesville and Andrea Michelle Lindsay of Mount Zion. The winner was Cheryl Weaver, center; first runner-up was Andrea Lindsay left; and Rhonda Flake, right, was second runner-up.

Are We Winning Drug Abuse Fight?

By Chris Tiedemann
N. C. State University
Statistics from a 1980 drug abuse survey of high school seniors show that the country may have turned the corner on drug abuse, says Dr. Leo Hawkins, human development specialist at North Carolina State University.

Among the conclusions of the survey were that marijuana use had fallen slightly, use of "PCP" has dropped substantially; there has been a drop in the use of inhalants, barbiturates and tranquilizers; use of heroin and other opiates has remained stable and use of cocaine has nearly leveled off.

"Thus 1978 and 1979 seem to have been the peak years for drug use. Public concern and media attention are credited with helping to turn the tide," Hawkins explains.

"In 1980, 50 percent of seniors said there was a 'great risk' in the use of marijuana, compared with 35 percent in 1978," Hawkins said. And 75 percent personally disapproved of regular use, compared to 66 percent in 1977.

"Researchers say that our society may be turning the corner on the problem of drug use," Hawkins says, "but even so, there is a long way to go to return to the relatively drug-free years of the fifties."

VEGETABLE PRICES
Smaller supplies of both fresh and processed vegetables this fall point to higher prices for producers and consumers, says the U.S. Department of Agriculture.

Supplies of fresh vegetables during fourth-quarter 1981 are about six percent smaller than a year earlier and processors used about two percent less.

Wholesale prices for canned vegetables continued upward throughout the 1980-81 marketing sea-

son, USDA reports, with October prices averaging 21 percent higher than a year ago. Prices are expected to rise further this season, but they will be more moderate.

And frozen vegetable supplies will also be down this season, with prices moderately higher. Prices for frozen vegetables are higher than those for canned because of the added marketing costs.

CREDIT SHOPPING
In North Carolina, the annual percentage rate (APR) for credit card purchases cannot legally be higher than 18 percent. But that doesn't mean you'll pay the same finance charges with all lenders.

Because terms for repaying loans vary with lender, the simplest way to shop for credit is to compare costs at different lending agencies, says Dr. Justine Rozier, extension specialist in family resource management at North Carolina State University.

"The best method is to ask about costs for the same amount of money borrowed, for the same amount of time, from different lenders," Dr. Rozier says.

Love Lights

The Pilot Club of Charlotte invites everyone to the 1981 Annual Love Lights around Freedom Park Lake December 12. Candles will burn in a sand-filled bag bearing the name of a living or deceased person who will be remembered in a special way this Christmas season.

Donations and the name of the one you wish to remember may be sent to P. O. Box 221368, Charlotte, N.C. 28222. If an acknowledgment card for the gift is desired, please include the name and address of the person to whom it should be sent.

One-Day Workshop Increased Awareness

By Teresa Burns
Post Staff Writer
A one day workshop sponsored by Beta Omicron Sigma, the Charlotte Chapter of the Sigma Gamma Rho Sorority, Inc. increased the awareness of over 100 participants in five various areas.

Politics, the black family, economic crisis, aging crisis, and education were topics discussed in sessions headed by Robert Davis, Carole Ricks, Julia Prince, Karen Owens, and Kathleen Crosby, respectively. The theme "Total Community Involvement" encompassed strides for moving forward.

The workshop was in commemoration of the 59th Leadership Conference of Sigma Gamma Rho Sorority. In addition to the workshops, members held a general morning opening session where the Our Lady Gospel Choir performed and Father Wilbert Thomas gave the invocation. Geraldine Michell, Charlotte Chapter's basileus, presided.

Greetings came from Dr. G. A. Gaston, vice president of Johnson C. Smith Student Affairs. A city proclamation on claiming the day Community Involvement Day was cited by City Councilman Charlie Dannelly.

Warrena Hankinson introduced the special guest speaker, Evelyn H. Hood, past grand basileus of the Sigma Gamma Rho Sorority, Inc.

Silent Vigil

A Silent Vigil will be conducted by SANE from noon to 1 p.m. on the median at the corner of Queens and Providence Roads, Sunday, December 13th.

The group's goals are to halt the nuclear arms race; negotiate disarmament; to end wasteful military spending; and to restore money for needed human service.

The Rev. Art Kortheuer, assistant minister at St. Martin's Episcopal Church, will begin this Christmas vigil with the World Peace Prayer. Other clergy will also participate. The public is cordially invited to attend.

Tepid Water

Use tepid water when watering houseplants. Cold water can injure them.

During the luncheon Mr. Hood gave a rendition complementing the total community involvement theme. She has received the highest award presented within the Sigma Gamma Rho Sorority - the Blanche Edwards Award. Various other honors have been bestowed upon Mrs. Hood, including her selection to EBONY magazine's list of the 100 most influential blacks. She has collaborated with three presidents of issues affecting

blacks, unemployment and health. Presently Mrs. Hood serves as Master Teacher for Georgia State University School of Education, and trains future teachers. Speakers in each area at the luncheon included Rev. Robert Walton, Rev. George E. Battle, Catherine Wilson and Phyllis Lynch. Resource persons for this workshop effort included Annette McClure and Marnie Shuford, attorney at law. Involved

also in the luncheon were St. Paul Baptist Church Choir and their pastor Rev. Paul Drummond who gave the invocation.

The final section of the evening entailed strategies and projection. Participants plan to use the workshop as a starting ground for community improvements. Hopefully the results of this eventful workshop will see changes for the community...changes for the better.

Lawrence Furlow Is The Messiah UNCC 49ers Needs?

By Chase Vance
Post Sports Writer
One of the big questions to be answered this year has to be whether or not the 49ers can return to big time.

The nagging probe has a simple solution. The weak inside spot must be filled by someone confident and consistent.

Lawrence Furlow believes he is the Messiah the team needs.

"Lawrence struggled through a very rough season last year," coach Mike Pratt remarked. "He started off slowly playing behind George Devone. But after Devone became ineligible, Lawrence was able to pick up some slack late in the year. It seemed to take him a little longer to get adjusted to some of our basketball theories, but all of that seems to be worked out now."

"I believe that we will have a winning season this year," said Furlow commenting on his outstanding game in which he netted 10 points and 15 rebounds.

"Lawrence has added some strength and weight through our weight program and also seems to have more confidence in his shooting away from the basket," Pratt continued. "He needs to become a defensive factor at the post position and also control the boards for us at both ends of the court."

Furlow seems to have found a home at the center position. Added maturity and patience are new aspects of his game plan.

The 6'8", 200-pound junior center from Newark, N.J., hopes to improve on last year's 4.5



Lawrence Furlow... Picks up slack points and 3.2 rebounds per game mark.

Furlow is a transfer from the College of Southern Idaho in Twin Falls, Idaho.

Body Shop Coupons

Flexi-schedules exercise is offered to Charlotte YWCA class participants who find they cannot take part on a regular schedule. With the purchase of a \$40 coupon book, one can attend any scheduled exercise class, a.m. or p.m. For further information, call either the Park Road Center, 525-5770, or Trade Street Center, 333-7553, 8 a.m. to 7 p.m.

Spay Neuter

Beginning mid-January, the City of Charlotte will begin operation of a spay-neuter clinic for cats and dogs. The clinic will be located at the site of Animal Control, 2700 Toomey Avenue.

Cost of spaying a female dog will be \$24.50; cost of neutering a male dog is also \$24.50. Male cats will cost \$11.50 to neuter; female cats will cost \$17.50 to spay.

where he averaged 17 points per game. A former first team all-state player from Newark, N.J., where he was a standout for Malcolm X Shabazz High School, he led the team to the state 3A championship in his senior year becoming All-City and All-County and MVP on the New Jersey AAU team.

Mint Museum

The Mint Museum of History invites the public to see a new exhibition, "Mountain Dew: Part II," open through December 23. The exhibition is both a show and a sale of select North Carolina crafts produced by the Mountain Ski-Craft group of Bryson City.

Included in the exhibition are handmade dolls of all sizes and shapes, quilts from baby to kingsize, hand-carved wooden toys and other objects. There will also be numerous decorations, including pine cone wreaths and handmade ornaments. Proceeds from the sale benefit the Mint Museum and Hezekiah Alexander Homesite, and also serve to support North Carolina craftsmen.

For more information, call the Mint Museum of History at 568-1774.

Tennis Court Use

For 75 cents per person per hour, the tennis courts at the Charlotte YWCA Park Road Center may be used on Mondays through Thursdays, 10 p.m. to 4 a.m. until dark Friday and Saturday, and all day until dark on Sunday. For further information call Park Road Center, 525-5770, 8 a.m. to 7 p.m.



Loretta



James



Teresa

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- Gayle Hinson works closely with the local businessmen and keeps you up-to-date on activities in these vital areas.
- Teresa Burns documents issues concerning the Black Churches with a touch that lifts us spiritually above everyone else.
- Nancy Anderson's sensitive reporting on college students gets to heart of the issues facing tomorrow's leaders.

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