Jennifer Payne Launches Voyage To New York

By Teresa Simmons
Post Managing Editor
"You give but little when you give of your pos-sessions. It is when you give of yourself that you truly give." (From "The Prophet" by Kahili

Giving of herself is ex-actly what Jennifer Payne is about to do when she launches from Marshall Park Saturday, March 31, at 1 p.m. on her voyage to New York. "I am running from Charlotte to New York in order to raise money for sickle cell anemia disease research. I was sitting down in my home one day wondering what I could do to help, and the idea of running came into my mind," Mrs. Payne

St far, there are many supporters, verbally. But what Mrs. Payne wants out of her run is for individuals to donate to a special Sickle Cell Fund that has been set up in Charlotte. She has completed four, 26-mile marathons-three in Charlotte and one in New York. If one is skeptical about her completing 15 to 20 miles a day for five weeks, they should first take a look at her determination.

"I know I can do it. I'm in good physical condition. I know enough not to injure myself because I know the warning signs."

On the average, Mrs. Payne runs six to 12 miles

I'm not racing against time," Mrs. Payne explained. Instead, she will be racing for what she feels is a worthy cause - a solution to a disease mainly found within the black race. A smaller percentage of white individuals of Mediterranean ancestry also have the trait. In the



daily. For the run to New York, she will average 15 to 20 miles per day. In the marathons, one of her best times for 26 miles was five hours and twenty minutes.

"I plan to take it slow -

trait.

Sickle cell anemia occurs only when two genes for sickle hemoglobin are inherited - one gene from each parent. In the U.S., the chance of a black baby inheriting two genes for sickling, one from each parent, is about one in 600.

Mrs. Payne will also be

in Sociology.) Some cities have invited cided to give of herself.

If you would like to donate money to the re-

Post Classified Ads Work For You! Try Them!



JENNIFER PAYNE

....Determined to finish

U.S., hemoglobin S is found mainly in black individuals, almost one in 12 of whom have the sickle cell

running toward something special. "My nephew has sickle cell anemia and he lives in New York." Accompanied by her husband. Bill, Mrs. Payne will run in the following states: North Carolina, Virginia, Maryland, Delaware, Pennsylvania, New Jersey, New York, and Washington,

"I will be running mainly within the cities," Mrs. Payne stated. "All the states and the District of Columbia, have been cleared and they know that I'm coming. Whether there is rain or light snow, I'll make it. If there are any injuries, I'll walk." (Mrs. Payne has a diploma in nursing and a B.A. degree

Mrs. Payne to deliver messages. This will provide a chance for her to express the importance of her run and why she de-

mia, you may send your donations to: Jennifer's Marathon for Sickle Cell, Mechanics and Farmers Bank, 951 S. Independence Blvd., Charlotte, N.C.

Just remember Mrs. Payne's creed: "I'll be running to raise funds to prevent deaths."



THE CHARLOTTE POST

Grand Reopening

March 30, 1984

OPEN 1:00 Until Happy Hour 5:00 - 9:00

Open 6 Days a Week Closed Tuesdays....

Charlotte's Finest Adult Lounge

SILVER DOLLAR FEATURES \$

Big Screen Video Double Bar New Light Show & Sound System

Large Dance Floor Live Entertainment By National Group

Old Silver Dollar Memberships Are Honored

4109 N. Tryon (Easy Access from I-85) Take Sugar Creek Exit, Turn Right on N. Tryon

.. Are your children away in college? Keep them informed of what's happening in Charlotte by sending a copy of The Charlotte Post each week. Yearly subscription rate is only \$17.68. Mar 4 , 10 M/2 17 , 12 11/2-

15 Mar 17 15 Mar 17 1

SEND THE BEST

Auto Insurance 30% Lower

Down Payment Low Monthly

& Total Cost BIG SAVINGS

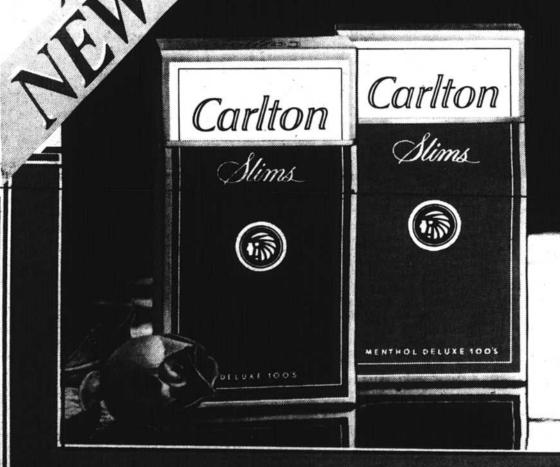
5-15 Points Call & Compare

Phone: 372-5010

Read this cut out & save: Protective Agency, with 11 offices in N.C. has bought Impact Insurance Agency, is giving you Better Insurance at, 1341 East Morehead-Ground Floor. enter back or front door-Big savings on 5 to 15 points. Call & Compare & you will buy. Lowest Down Payment.

Formerly Impact Ins. 1341 E. Morehead St. Ground Floor

PROTECTIVE AGENCY, INC.



Introducing arton Sums "Deluxe 100's"

Elegant, with the class of Carlton.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

av. per digarette by FTC methor

Procurement Workshop For Minorities The U.S. Environmental The workshop is one of a

Protection Agency, Office of Small and Disadvantaged Business Utilization will sponsor a one-day procurement workshop for minority and women business owners. cooperative The workshop will be programs. The objectives

held on Thursday, April 12, from 8 a.m. to 4:15 p.m. in the EPA Auditorium, Environmental Research Center Building, Hwy. 54 & Alexander Dr., Research Triangle Park, N.C.

series of initiatives being implemented by EPA to enhance the utilization of minority and women business contractors in all aspects of the Agency's procurement, grants and

agreement

of the workshop are: -To acquaint minority and women business concerns with the business opportunities resulting from the Agency's procurement and grant programs;

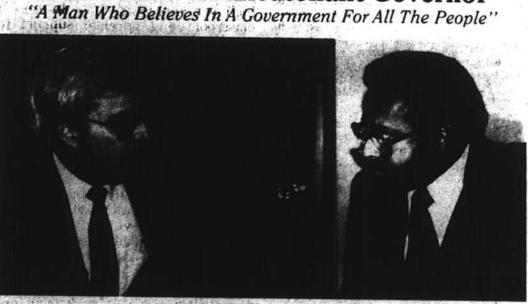
-To afford minority and women concerns an opportunity to market their pro-

ducts and services to appropriate EPA program representatives and participating EPA prime con-

fee. Inquiries may be directed to Mr. Jerry M. Dodson, Small Business Program, at 919-541-2249 or Mrs. Lee Andrews, 541-

There is no registration

Bob Jordan for Lieutenant Governor



Bob Jordan with Campaign Vice Chairman. Sen. Bill Martin (1)-Guilford)

- Bob Jordan has worked to make sure that minority citizens and lower income persons are a working part of the governmental system.
- Bob Jordan has worked extremely hard to create new jobs and opportunities for all of North Carolina's citizens.
- Bob Jordan supported the Martin Luther King bill that resolved his birthday being observed as a bonafide holiday.
- Bob Jordan has worked all his life to make better, the Carolinas educational system, while serving on the Board of Governors he supported strongly our Black institutions of higher education.
- Bob Jordan has been endorsed by several groups including the political action committee of the N.C. Social Services Association, the AME Methodist and the AME Zion Churches.

"When you help elect Bob Jordan as your next Lieutenant Governor, you will be investing your vote in a better future for yourself and all of the citizens of our great State."

Vote for "Bob Jordan the No. 1 Man for the No. 2 Job" **DEMOCRAT** On May 8th