Cheryl Rivers



Wanda Murphy Wants husband **Opinions On The Street**

. Give to others

What Is The Greatest Gift You Could Receive?

There's an old saying that goes, "The grass is always greener on the other side of the fence," meaning that what you don't have always looks better than what you do have. It's probably human nature that, no matter how much a person has, he or she wants something else. Alding this perhaps innate desire for something mare is the Madison something more is the Madison Avenue advertising hype which leads us to confuse "want" with

It was with these thoughts in mind that The Post's Opinion reporter set out to get people's responses to the question, "What would be the greatest gift you could receive?"

The answers were surprisingly un-materialistic.

The first three responses came from a group of young women who were on their lunch hour from Dilworth Child Development Center.

WANDA MURPHY of Clawson Court is a childcare teacher. Her in-Court is a childcare teacher. Her in-itial response was, simply, "a hus-band." She explained, "I'm ready to be married, but I just haven't found the right one. I have a son, Ricky, who's four, and I'd like some others." After hearing what her co-workers said, she added, "And I'd also like to live a Christian life before others, so that I can win

others to Christ."

CHERYL RIVERS, a resident of Windsong Drive, described her job as "infant teacher." She approached the question from the point of view of not only receiving a gift herself, but being a gift to others. "I would like to live my life so that others may see Christ in me." Ms. Rivers is a member of Berean Seventh Day Adventist Church.

. . . "Greatest mother"

WANDA MARSHALL lives on Brooksvale Street. She also is employed at Dilworth Child **Development Center and teaches 3**

greatest gift would be "to live my life the way Christ would want me to, and to be the greatest mother possible to my children." Ms. Marshall has three daughters: 5 year old twins, Shamelka and Jameika, who attend Selwyn Elementary School; and 7 year old LaKeisha, who at-tends Ashley Park.

. Peace on earth

Aaron Cason

AARON CASON is a roofer who resides on Thornwood Road. His spontaneous reply to the question was, "Peace on earth, and no more hunger. If I could ask for anything and get it, that's what I would ask for.

VANESSA and WALTER DAVIS, a housewife and busboy, live on West Boulevard. They have three children. When asked this week's question, she replied, "Probably a car or money." He simply said, "Money.'

This little fellow appears to be getting a bit restless as he waits for the bus with his mom. Anthony Vaughn, 5, and his mother, Paulette reside on Westwood Avenue. They were at a bus stop on South Blvd. on a recent gorgeous pre-spring afternoon.

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year olds. Her answer, too, has a Christian element. For her, the Dr. Patrick Box: "There Are No

Preventive Measures To Avoid Arthritis

By AUDREY C. LODATO Post Staff Writer According to the Arthritis Foundation, every year one million people in this country find out they have ar-thritis. Over 36 million Americans —

thritis. Over 36 million Americans — one in seven people — have some form of the disease. While there is no known cure for most kinds of ar-thritis (there are many types), a lot can be done to control arthritic pain and keep joints moving freely. Because there are more than 100 related diseases lumped together as "arthritis" (the word means inflam-mation of a joint), it is dangerous for an individual to self-diagnose and at-tempt home remedies. A delay in getting medical attention or failure to closely follow prescribed treat-ment programs could mean perma-nent joint damage that could have been avoided. bebiov

been avoided. Charlotte rheumatologist Dr. Patrick Box, chairman of the board of directors of the North Carolina Arthritis Foundation, explains that there are no preventive measures one can take to avoid most forms of the disorder, as there are to cut one's risk of heart disease or lung cancer say. But, Dr. Box continues, early treatment is important in preventing disability. Probably because there is no cure for arthritis, because treatment re-quires patience and effort, and because what is effective with one patient does little or nothing to help another some earthritice ture to more

ome arthritics turn to w hless

the same type, there is a lot of variathe same type, there is a lot of varia-tion of response to the same treat-ment." This may reflect genetic in-fluences in how individuals respond to any medication. Too, one person might have a more severe form of the same kind of arthritis, which af-facts treatment fects treatment.

One of the myths about arthritis is that it is a necessary evil of growing old. While it may be true that, if we live long enough, arthritis will affect most of us, the disease is by no means reserved for the elderly. Osteoarthritis is the most common

form of arthritis, affecting about seven percent of the population. This condition results from the effects of wear and tear on a joint. Weight-bearing joints, such as the ankles, hips, and knees, are commonly in-volved.

Rheumatoid arthritis, which is caused by a defect in the body's im-mune system, affects about one per-cent of the population and typically starts between the ages of 20 and 55. Hand and feet joints are most com-monly affected.

Juvenile arthritis affects one out of 1,000 children in this country. While juvenile arthritis disappears as many children grow up, for others, the condition continues into adulthood.

Other of the more common types of arthritis include gout, which oc-curs when an excess of uric acidmes and dam in the body; ankylos ich fuses of the es the inflamma nal organs. warning signs of ar-ing to the Foundation, in one or more joints s in a joint, inabili

redness and warmth in a joint, or unexplained weight loss, fever, or weakness combined with joint pain. Symptoms like these warrant con-tacting your family doctor or a rheumatologist.

For more information about arthritis, contact the Arthritis Foundation at 393-2091. The local chapter's address is 4101 West Blvd.

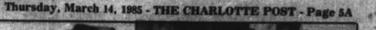
Annual Barbecue

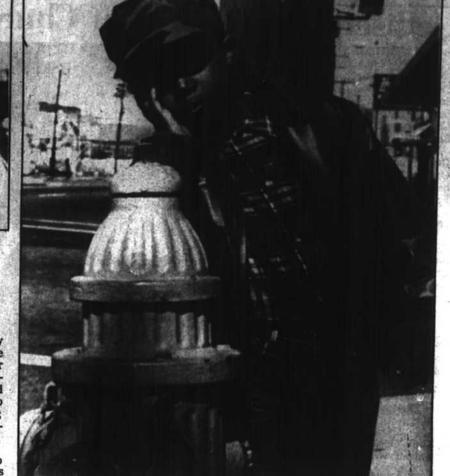
The annual barbecue of the West Mecklenburg High School PTA will be held Thursday, March 21, beginn-ing at 11 a.m. Barbecue sandwiches sold in threes and barbecue plates which include slaw, potato chips and bread will be available at \$3,50. Desserts cost extra. Individual sandwiches will sell for \$1.25. The proceeds from the barbecue

will go for the improvement of the academic, athletic and service pro-grams of the school.

For more information contact Gayle Smith at 399-9960.









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