OPINIONS I, OBVIOUSLY, SHOULD KEEP TO

A point on inflation can be found in the fact that it now takes 14 cents for you to say your two-cents worth on a penny post card!

Wonder why good buddy Wylie Harris is prancing like a peacock these days? (Maybe I should have said "strutting.") Could it be that he has finally cranked up the Winston-Salem State Rams and has them moving in high gear? Sugar Ray Leonard is a class guy. To steal a word from the days of yore --- he reflects great credit to his race the human race! Wish I could truthfully say that about our new heavyweight champion, Michael Spinks

Does exercise dent heart disease? According to U.S. Government physical fitness expert, Richard O. Keelor, it does. Keelor cites findings showing that for the first time in nearly a decade, American deaths from cardiovascular disease fell below one million. Could it be that I've finally found the reason my good buddy James Peeler is walking a mile each day? You can bet your Sunday boots it's not to get one of those Camels. He doesn't smoke.

It looks kind of strange to see Livingstone on top of this week's CIAA football standings. It also seems kind of strange to note that the Blue Bears are 4-0 in all games and 2-0 in the league at this late date. Quick now! Can anyone recall when Livingstone was having it so good on the gridiron? Can you remember when once-powerful Virginia Union was this far down near the bottom of the Northern Division pack? They're just ahead of St. Paul's, the division's last-place club, with a 1-2 conference record.

How about Charlie Smith, Livingstone's 5'10", 175pound junior cornerback? The Wadesboro native had two interceptions, 19 yards in returns, recovered a fumble, had 10 tackles and broke-up two passes. Wow, what a day! Small wonder he was such an easy choice for "Defensive Back of the Week" by CIAA experts. Guess who provided the most competition for the honor? His teammate Russell Rice, a freshman cornerback from Winston-Salem who caught three interceptions, including one on the three-yard line to preserve Livingstone's first victory in history over Virginia Union. He also had 11 tackles and broke up two

Looks to me like North Carolina Central coach Henry Lattimore has found an adequate replacement for Gerald Fraylon, the Charlotte lad who set a bucket full of passing records for both the Eagles and the CIAA.

Prior to going up against Wylie Harris' tenacious defense at Winston-Salem State Saturday night, freshman quarterback Earl Harvey had thrown for more than 300 yards in three consecutive starts. The 6-foot-4, 195-pound youngster from Fayetteville stands atop the conference individual passers with an impressive 47 percent completion record. He has connected with 73 of his 155 aerials for 1,197 yards and seven touchdowns. Eight of his tosses fell into the hands of the opponents for interceptions.

Now it can be told, etc. Dan Marino, the Miami Dolphins' super quarterback who demanded that his contract be renegotiated, quickly returned to camp upon learning he was about to lose about \$800,000 in endorsements.

New York Mets' all-star outfielder Darryl Strawberry finished the baseball season in manager Davey Johnson's doghouse for removing himself from the lineup during an important contest. He complained of a sore thumb.

The Atlanta Braves will probably spend the winter months searching for pitchers. Their current starting rotation won a mere 11 times in their first 58 games after the All-Star break. They lead the National League in runs, hits and walks allowed and were last in complete games.

In the meantime, the young man they let get away, reliefer Donnie Moore, has been placed on the California Angels' "Most Wanted" list. He's headed for the free agent class in 1986.

Pat Ewing, who exceeded his wildest dreams of becoming a very rich man, has money coming in from all avenues. He's close to reaching an agreement with signing the richest shoe endorsement contract in sports history. He already has secured the most lucrative deal in NBA history

Get this! Unless they make a trade before the season pens in a few weeks, the Boston Celtics will begin the new NBA campaign with only three black players on its roster.

Here's a new twist! James Worthy would have had to pay the Los Angeles Lakers a substantial sum of money if he didn't receive his diploma from Carolina this past

As if you didn't know already, there are 46 football players playing with NFL teams who performed with USFL teams this past summer. The NFL reportedly paid \$3 million buying players out of USFL contracts. It suddenly occurs to me that the United States Football League would possibly become more firmly secured if they realign themselves as "farm" teams to the NFL.

Paul Silas will be an assistant coach with the New Jersey Nets this winter...Did you read about the legendary Minnesota Fats getting himself arrested in Nashville, Tn., for shoplifting a \$1.99 box of Ex-Lax? The Utah Jazz is giving former North Carolina A&T standout Joe Binion another chance to perform in the NBA. He recently signed with the Utah team as a free agent.

The Old Crystal Ball will attempt to improve on its 34-6-1

record with 10 picks this week. St. Paul's should experience very little trouble defeating Bowie State; Hampton should sneak by Elizabeth City; North Carolina A&T will edge Fayetteville State; Virginia State will whip J.C. Smith; Norfolk State will beat up on North Carolina Central; Kentucky State will beat up on North Carolina Central; Kentucky State will add further embarrassments to Virginia Union's losing season; Winston-Salem is too strong for Howard; Bethune-Cookman will outscore Georgia Southern; Delaware State will squeak by University of Connecticut; and South Carolina State will win easily over Morgan State.

CIAA football teams are doing very well in the National Polls. Norfolk State (5) and Hampton (15) are in the NCAA Division II. Ton 20 and the Sharidan Polls has Norfolk in

Division II Top 20 and the Sheridan Poll has Norfolk in sixth place, Winston-Salem State ninth, Hampton 11th, and Livingstone 15th.

Burden Of Carrying Bulls To Promised

Land Rest On Westmoreland's Shoulders By James Cuthbertson

Post Sports Writer The burden of carrying Johnson C.

Smith's football team to the promised land rests on the shoulders of a six foot, 173-pound basketball player, who transferred to Golden Bulls land from Maryland Eastern

Recruited by UMES for his basketball ability, Mel Donte Westmoreland shunned Boston College, East Carolina, Georgia Tech, and Wake Forest in search of his first love -- basketball.

Times have changed and fate has been good enough to the young man to place him a top leadership position on one of the CIAA's emerging powers, the Johnson C. Smith University Golden Bulls of coach Horace Small.

The 19-year-old advanced freshman from Greensboro's Dudley High School was All-Central Piedmont Conference and All-City in football and made the All-Metro Basketball team after leading his team to the playoffs with his 14 points per game average.

Always a quarterback, he remembers an exciting game his senior year in which he threw one touchdown, rushed for one and threw for over 200 yards total rushing even though his team lost to Greensboro Grimsley, 28-14.

The young man was marked for an exciting career from the start. He was MVP of the varsity team at Allen Junior High School in seventh, eighth, and ninth grades.

"We were the city champs when I was in eighth and ninth grades," said the affable and articulate young

The major difference in college ball and high school ball? "They hit harder in college

ball," he answered, "and you have to make more decisions on your own. You have to be mature. I sur-

By James Cuthbertson

Post Sports Writer

Smith University will tackle the Virginia State Trojans of Peters-

burg at 13,500-seat Rogers Stadium

in Petersburg, Va., Saturday at 1:30

The Bulls will be trying to ruin

Virginia State beat Winston-

Salem State in its first game, 17-7,

lost a close one to Mid-Eastern

contender Bethune-Cookman, 14-13.

tied Fayetteville State, 7-7, and lost

The Bulls lost 10-6 to Hampton,

24-20 to Catawba, and 38-0 to Nor-

folk before getting on track to beat

They lost to N.C. A&T, 25-7, last

JCSU is 1-1 in the CIAA and 1-4

State is in the Northern Division of

the CIAA. JCSU is in the Southern

Volleyball Marathon

Volleyball teams throughout the

Charlotte area will be joining forces

on November 1-3 for the WBCY-

Cablevision Volleyball Marathon for

Easter Seals at CPCC gymnasium in

Charlotte. The event is being spon-sored by WBCY-FM, Cablevision,

Bud Light (Bealer Wholesale) and

all male, female, or coed teams,

whether in a league or just friends

getting together for the marathon.

Each team rates its own playing

"what's a volleyball?" Teams may

participate in the marathon by

securing pledges and playing against other teams of similar abi-

lities during two-hour playing shifts.

fundraising teams and individuals,

including a team pizza party at

Pizza Hut, including salad, pizza and

soft drinks, a ski vacation-double

accommodations for three week-

days at the Plaza Motel in Boone,

N.C., with complimentary equipment rental from Alpine Ski

Center and two free ski lessons and

Resort, and a dinner for two at Steak

and Ale. Marathon participants may also qualify for T-shirts, visors, duffle bags, and trophies.

Funds raised in the WBCY-Cablestate Vallantally

Funds raised in the WBCY-Cablevision Volleyball Marathon will help Easter Seals continue to provide direct services to physically handicapped children and adults in North Carolina. Easter Seal services include equipment purchases and loans, speech, occupational, and physical therapy clinics, adapted swim programs, respite care services and residential camping opportunities.

ing opportunities.

Anyone interested in entering a team in the marathon can contact

Easter Seals, toll-free at 1-800-

lift passes at Sugar Mountain

Prizes will be awarded to top

ability from "highly skilled" to

The volleyball marathon is open to

Homecoming for the Trojans by

scoring a major victory.

to Elizabeth City, 14-3.

Bowie State, 24-21.

overall.

Pepsi.

week in Greensboro.

The Golden Bulls of Johnson C.

State In Petersburg Saturday

defense.

for the Trojans.

School.

High.

gain.

Jones.



.....Budding quarterback star

vey the opposing defense and sometimes I call a different play after I see what defense they are set up in."

The toughest game in which he has played since receiving the starting nod when Wendell Dixon became injured in the first game was against Norfolk State. The Bulls lost that game by a 38-0 count.

"I think that the Norfolk game was the first game in which I had ever been hit that hard," he said Golden Bulls To Test Virginia

The Trojans are returning nine

Defensive end James Ward, de-

fensive tackle Rudy Goodwine, de-

fensive back Robert Clarke, of-

fensive tackle Oscar Austin, center

Stanley Sexton, tight end Calvin

Deshazo, wide receiver Kim Pride,

quarterback Sam Taylor and run-

ning backs Von Allen, Reginald

Warfield and Tyrus Hill are big guns

Goodwine is a 6'3", 280 pounder.

The Bulls' offense is led by Mel

Westmoreland, the 6', 173-pounder

Westmoreland has passed 123

times and made 44 completions for a

total of 402 yards and three touch-

downs. He is hitting his receivers

Terry Jeter, a standout from Spar-

tanburg High School, and Randy

Jeter has made four catches for 43

Briggs has caught five passes for

Leon Shipp is the leader in the

touchdown derby for the Bulls for

two touchdowns. Westmoreland has

one, Mike Conley one, Terry Jeter

one, James Branch one, Michael

Branch received his touchdown on

Swain received his on a 54-yard

The Bulls are averaging 11.4

points per game. The defense is

Defensive standouts for the Golden Bulls are Craig Warren, Mus-

Swain one, and Tim Newman one.

an interception against Catawba.

punt return against Bowie State.

giving up 23.6 points per game.

66 yards and a per catch average

yards and a 10.75 per catch average

Briggs, also from Spartanburg

The top receivers for the Bulls are

with a 35.8 percent clip.

from Greensboro Dudley High

Ward is 6'5" and 245 pounds.

starters on offense and four on

smiling. "The line felt real bad because they could not hold them out, but they were a big unit."

Basically a scrambler, Westmoreland had to run for dear life at Norfolk after the big 280 pound linemen had broken through. "The Norfolk game was a learning experience for me," he revealed.

With five games on the road under his belt, Westmoreland said the biggest problem is that you don't feel comfortable. "I like to relax before a game," he

said. "When you are at home it is easier to relax." Westmoreland said that coach

Horace Small and coach Ike Fullard have been a big help to him.

"John Thomas, the quarterback coach, tries to show me how to react in different situations," he said. "He has helped me a lot by telling me things that I need to know.

Also helping him is his brother Rodney who was the quarterback at N.C. A&T before he graduated in

Westmoreland has the skills of which a dynasty is made.

With a little seasoning under his belt, he could go down in the Bulls' record book as one of the best quarterbacks ever.

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