

COMMUNITY NOTES

The Citizens Council for Equal Opportunity will hold its second meeting Saturday at 3 p.m. at Plaza-Midwood Library, 1623 Central Ave.

Anyone interested in becoming members will have an opportunity to vote on the mission statement.

For information, call Harold McClure at (704) 537.3139

Charlotte Black Political Caucus will host a chairman's open house Sunday at the Historic Excelsior Club at 7 p.m.

The social will take the

place of the regular business meeting. All members and guests are invited.

For information, call Franklin McCain at (704) 598-7737 or Johnnie Collins at (704) 393-1200.

Charlotte Area Fund is sponsoring a free home weatherization program for low-income families.

Verification of income for 2002-03, proof of ownership and landlord and name and number is required.

For information, call (704) 372-3010 extension 217 or 216.

"For I will restore health unto thee, and I will beat thy wounds, saith the Lord." - Jeremiah 30: 17



On "The Plaza" • 704-535-0400 1805 Milton Road • Charlotte, NC 28215 • Pediatrics

At "The Park" • 704-399-2677 6023 Beatties Ford Road • Charlotte, NC 28216



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Go easy on yourself Get The Post delivered to your home. Call (704) 376-0496, ext. 102.

If, since 1974, you were the beneficiary of a life insurance claim on a policy issued by:

- All American Insurance, All States Life, Allied Security Insurance, American Bankers Insurance, American Family Life, American National Insurance, Atlantic Life, Banner Life of Georgia, Business Men's Insurance, Calhoun Life, Capital City Life, Coastal States Life, College Education Insurance, Columbian National Life, Columbus National Life, Commercial Life, Commercial State Life, Commonwealth Life & Accident, Dixie Life, Druid Life, Durham Life, Empire Life & Accident, Farmers National Life, First National Life, Franklin National Life, Freedom Life, Guaranty Life, Home Security Life, Immediate Benefit Life, Life Ins. Co. of Florida, Lincoln Life, National Equity Life

- National Standard Life, Newbery Life & Health, Orange State Life, Palmetto State Life, Peninsular, Peoples Life & Accident, Peoples Life, Peoples Mutual Benefit Insurance, Peoples Protective Life, Progressive Life, Provident Indemnity Life, Public Savings Life, Reliable Life, Rockford Life, Security Life Ins. Co. of Georgia, Seminole American, Seminole Life, Southeastern National Insurance, Southern Security Life, Southern Standard Life, Southwestern Life, Standard American Life, State Capital Life, Superior Life, Sureway Life, US National Life & Casualty, Universal Life & Accident, Universal Life, Washington Fidelity National Insurance, Washington National Insurance, World Service Life

...you may be entitled to additional death benefits.

These benefits are being awarded based on a settlement of a race-distinct premium market conduct examination with Monumental Life Insurance Company involving the insurance companies listed above. To find out whether you may be entitled to additional benefits, you must act by October 10, 2004 by calling our toll-free number:

1-877-216-0949

or write to:

Monumental Life Insurance Company P. O. Box 61, Special Projects Durham, North Carolina 27702

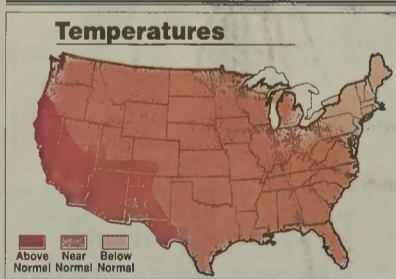
Forecast for Charlotte, NC

All maps, forecasts and data provided by Weather Source, Inc. ©2003 AccuWeather.com

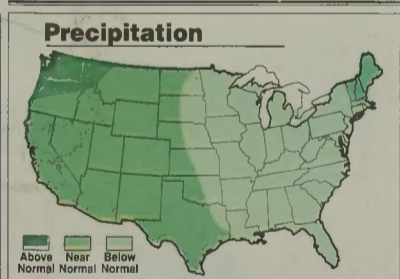
LOCAL 7-DAY FORECAST

Table with 8 columns: Thursday, Thu. night, Friday, Saturday, Sunday, Monday, Tuesday, Wednesday. Includes weather icons and temperature ranges.

THE WEEK AHEAD



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U.S. TRAVELER'S CITIES

Table with 6 columns: City, Today, Friday, Saturday, Sunday, Monday. Lists major cities and their weather forecasts.

THE NATIONAL SUMMARY

California and the Southwest will have warm weather during the period. Temperatures in these areas may average 5 to 10 degrees above normal.

WORLD TRAVELER'S CITIES

Table with 6 columns: City, Today, Friday, Saturday, Sunday, Monday. Lists international cities and their weather forecasts.

SUN & MOON

Table with 2 columns: Sunrise, Sunset. Lists times for sunrise and sunset for Dec 18, 19, 20.

Advertisement for Shop-Vac featuring a large image of a vacuum, text 'The Shop-Vac Was Hung in the Garage With Care...', 'Centralized Cleaning System', and 'Available Only At LOWE'S'. Includes a list of various Shop-Vac models and prices.