

Glaucoma exam

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of glaucoma may slow the disease's progression and help prevent blindness.

"Eye health is very important," Richardson. "People who may not have full health care don't see eye health as primary health care. There's no pain attached to glaucoma. The only evidence will show up when afflicted. One of the signs you can't see out

of your peripheral vision. You're left with tunnel vision and eventually you will turn blind."

Through a series clinical trials, African Americans responded better than any other race to the Travatan ophthalmic solution. Travatan representatives will also hand out information for the product at its booth.

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Share your story.
Contribute to Voices of Civil Rights.

AARP and the Leadership Conference on Civil Rights are working together to collect firsthand accounts of the Civil Rights Movement. Voices of Civil Rights will not only preserve these stories for generations to come, but will also serve as a memorial to those who lived through the era. The project will commemorate the 50th anniversary of *Brown v. Board of Education* in May 2004. From activists to observers, individual testimonies are crucial in documenting this important time in our nation's history. The stories gathered will be kept in a historical archive, housed on the Voices of Civil Rights Web site and may also appear in other media outlets. To participate visit www.voicesofcivilrights.org or send your 500-word account to Voices of Civil Rights, 601 E St. NW, Washington, DC 20049.



www.voicesofcivilrights.org

Call us at 888-OUR-AARP or visit our Web site at www.aarp.org.



Hippity hoppity, hop aboard the EASTER BUNNY TRAIN.



On Saturday, April 3, hop aboard the *Carolinian*SM in Charlotte and travel to the Salisbury station for an Easter Egg Hunt.

One-way rail fares as low as:

EASTER BUNNY TRAIN TO SALISBURY	\$7
RALEIGH	\$21
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NEW ORLEANS	\$90
NEW YORK CITY	\$81

Starting at \$7 for one-way adult rail fares, and half price for children ages 2 through 15, you can board the Amtrak[®] *Carolinian* in Charlotte at 7:50 a.m., to arrive at the Salisbury station at 8:35 a.m. There, kids of all ages can join in the thrill and excitement of an Easter Egg Hunt. Then, board the

Amtrak PiedmontSM at 9:45 a.m. to arrive back in Charlotte at 10:40 a.m. During the train ride, every passenger will receive a special treat from the Easter Bunny. Plus, cameras are welcomed for taking photos with the Easter Bunny. Reservations are required, so call Amtrak at 1-800-USA-RAIL, go online at www.amtrak.com or visit us at the Charlotte Amtrak Office at 1914 N. Tryon Street.



FOR MORE INFORMATION CALL 1-800-USA-RAIL OR VISIT WWW.AMTRAK.COM

Fares one-way, per person and based on availability. Up to 2 children ages 2-15 may accompany each paid adult at 1/2 of the discounted rail fare. Fares, routes and schedules subject to change without notice and seats are limited. Other restrictions may apply. Carolinian, Piedmont and Amtrak are service marks of the National Railroad Passenger Corporation.