

# Golf Insider

## IT'S GOOD FOR YOUR GAME

### Finish the way you're built

The differences in swing mechanics mirror the differences in body characteristics, and nowhere is that more evident than at the finish.

The finish of your swing is a position that tells the story about what went on during the swing. But because of the variations in body types, not all finishes are the same. The finish depends on your body type, i.e., how you're built, your strength and, of most importance, your flexibility.

#### The Leverage player



Ben Curtis, pictured here (the only American player under 30 on the PGA Tour to win twice in 2006), is a flexible Leverage player (of average height and build). His right shoulder often ends closer to the target than his left, with the chest facing left of the target.

If you're a Leverage player, you should finish with the majority of your weight on your left side, at your full height, with the front of your body facing the target and your back foot used as a rudder. Your upper body is upright, but tilted a bit to the right with the right shoulder slightly lower than the left (sideways "C" or bow). The club shaft finishes behind your head on a line that runs through the ears, but since the head is tilted slightly, the club shaft is diagonal with the ground.

#### The Arc player



The high acceleration of an Arc player's club head as it clams into the ball causes the body to rebound into the characteristic Arc follow-through. Tall and flexible, an Arc player's lower body actually swings out under his neck, creating the reverse "C" finish position so characteristic of the Arc swing. His arms are in a high position over his left shoulder, his chest facing the target and his body is bowed, with his head over his right foot.

#### The Width player



The Width player has a stocky build and limited flexibility. His finish is erect, in a straight-up "T" position, with his shoulders level to the ground and the club shaft horizontal to the ground, a result of the club traveling around and out during the downswing rather than down and under. His head should be over his left foot with no bend in his back.

To find out which swing you should use, take the LAWS test at [www.tjtomasi.com](http://www.tjtomasi.com).

## THE GOLF DOCTOR

### Use the correct club in autumn winds

Blustery fall weather adds an extra challenge to your game, and you'll have to take the wind into account as you make your club selections. Here are some things to keep in mind.

Only when the wind blows more than 5 mph will it affect your club selection — anything less, ignore it.

If the wind is blowing hard enough to ruffle your clothes and the flag is straight out, it's at least a 10-yard wind, meaning you add or subtract 10 yards. If the flagstick is bowing and you can't keep your hat on, it's a 20-yard-plus wind.

First check the direction and speed of the clouds, the flag and, most im-

portant, the movement of the tree-tops. The wind will have its greatest effect while your ball is above the tree line, so the higher the shot, the more it's influenced by the breeze.

A side wind won't hurt you until the ball gets to its apex and begins to blow sideways.

Thus, a side wind is usually not a helping wind because the ball will be going into the wind for most of its flight. Figure that only about one-third of your shot's flight will be aided in a crosswind; during two-thirds of its flight, the wind will be against you.

— T.J. Tomasi

# LPGA's Daniel moves toward retirement

On the cusp of 50, golfer looks back on a 'great' career

By CRAIG DOLCH  
Cox News Service

West Palm Beach, Fla. — All of Fame golfer Beth Daniel turns 50 this month. If her first name was Brian or Billy, her birthday would be cause for an even greater party.

But because women can't look forward to a Champions Tour with an additional chance to compete and make more millions, this milestone simply moves the Delray Beach, Fla., resident ever closer to retirement. Not that she worries too much about something that's not there.

"It's a waste of energy because it doesn't exist. A good tour for senior women just isn't out there," Daniel said. "You can play in a few events, but there's not much money in it."

Daniel is fueled by more than monetary reasons these days. She has earned more than \$8.7 million during her 28 years on the LPGA Tour, ranking her sixth all time, so she doesn't need the cash.

With 33 LPGA titles, including the 1991 LPGA Championship, Daniel has left little on the table. She was inducted into the World Golf Hall of Fame in 2000, and three years later, she became the oldest winner (46 years, 8 months, 29 days) in LPGA Tour history when she claimed the Canadian Women's Open.

What she continues to want, however, are things you can't buy. "I made up my mind several years ago that I would continue to play as long as I enjoy it and I'm competitive," Daniel said. "I was going to look at my schedule and look at my stats and determine whether I will go back out and play. The last two years, I've not been as competitive as I want, and that's been a little frustrating."

Daniel ranks 46th on the LPGA's money list with \$252,200, despite playing 15 events. She has had five top-20 finishes, but only one in the top 10, though that came in a major (she was sixth at the Women's British Open).

She said she may play in next month's Tournament of Champions in Mobile, Ala., giving her a final, thread-thin hope to qualify for the season-ending ADT Championship at Trump International in West Palm Beach,



Cox News Service

World Hall of Fame golfer Beth Daniel doesn't see herself ever retiring completely from golf. "You still can play with your friends or in corporate outings," she said. Daniel, shown above in the 2001 Chick-fil-A Charity Championship in Stockbridge, Ga., turns 50 this month.

Fla. Then again, she may just keep the clubs stored away for the rest of the year.

"I've known for five years the time is coming; it's just a matter of when," Daniel said of competitive retirement. "But I don't think you ever retire from golf. You still can play with your friends or in corporate outings."

Daniel started making the transition when she accepted an offer from Betsy King to be her assist-

ant captain in next year's Solheim Cup in Sweden. Daniel recently went to Sweden to help do a site visit for the matches. She officially says she's "semi-retired."

"I've had a great career, and I've played a lot longer than a lot of people have," Daniel said.

"I've been really lucky to do something I love and make a living out of it for 28 years. It may be time."

## Nicklaus, Wren among those headed to Hall

Five-time PGA champion Jack Nicklaus and North Palm Beach master professional Dr. Gary Wren are among seven inductees to be enshrined in the PGA Golf Professional Hall of Fame this year.

Besides Nicklaus' 18 professional major championships and 73 PGA Tour titles, his philanthropic efforts include teaming up with his wife, Barbara, to establish the Nicklaus Children's Health Care Foundation and the Barbara & Jack Nicklaus Junior Golf Endowment Fund, while also elevating the role of PGA professionals through First Tee teaching grants.

"I have always had an enormous amount of respect for the role of the PGA golf professional," Nicklaus said. "They shoulder the responsibility of teaching the game, growing it and protecting it for future generations."

"It is no secret how the role of a

PGA professional has touched my life and my career."

Wren, the PGA Teacher of the Year in 1987, is a PGA teaching professional at Trump International Golf Club in West Palm Beach, Fla., and heads instruction at all of Trump's golf properties.

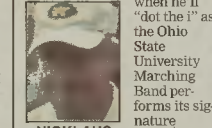
Nicklaus and Wren will be joined in the Hall of Fame class by PGA of America President Roger Warren of Kiawah Island, S.C.; 1968 PGA champion Dow Finsterwald of Colorado Springs, Colo.; 2005 PGA Golf Professional of the Year Bill Eschenbrenner of El Paso, Texas; 1998 PGA Teacher of the Year Manuel de la Torre of Milwaukee, Wis.; and PGA Master Professional William Heald of Westchester, Ill.

The induction ceremonies will be Dec. 8 at the PGA Learning Center at PGA Village in Port St. Lucie, Fla.

— Craig Dolch, Cox News Service

### 'Golden Bear' heads to OSU to 'dot the i'

Jack Nicklaus gets to experience a different kind of thrill when he'll



"dot the i" as the Ohio State University Marching Band performs its signature "Script Ohio" formation during the Buckeyes' homecoming game against Minnesota on Oct. 28.

The honor traditionally goes to fourth-year sousaphone players. Nicklaus joins a short list of non-band members to enjoy the privilege, including Woody Hayes and Bob Hope.

— Craig Dolch, Cox News Service



Dr. T.J. Tomasi is a teaching professional at Nantucket Golf Club on Nantucket Island, Mass. To ask him a question about golf, e-mail him at [TJInsider@aol.com](mailto:TJInsider@aol.com).

## ASK THE PRO

Q: Now that we've been pounded again in the Ryder Cup, I'm wondering what your take is on why we keep losing. And why is Tiger Woods getting beat when he's the best player? I think our team is a bunch of spoiled millionaires who really don't care about the cup or the country — Randall, from Port St. Lucie, Fla.

A: You're right about them being millionaires, but dead wrong about them not caring. They care, big time, so apathy is not the problem.

Woods' entire golf battle plan is based on stroke play, where he relies on only one person — himself. His emotional system



WOODS

is geared to the highs and lows of individual competition. His mental toughness and killer instinct is hitched to a

"loner" mentality, and like the tough cop on the beat, he doesn't want a "snotted rookie" tagging along as a partner while he goes about his business.

Woods has a me-against-them persona and there's no "we" in "me." Better ball and alternate-shot isn't Tiger golf. Superman

## SCHEDULE

All Times EDT  
LPGA TOUR  
Samsung World Championship

• Site: Palm Desert, Calif.  
• Schedule: Thursday-Sunday  
• Course: Bighorn Golf Club, Canyons Course (6,462 yards, par 72)

• Purse: \$875,000. Winner's share: \$218,750

• TV: The Golf Channel (Thursday, 4:30-7 p.m.; Friday, 2-4 a.m., 3:30-6 p.m.; Saturday, 2-4 a.m.) and NBC (Saturday, 2-4 p.m.; Sunday, 4-6 p.m.).

PGA TOUR  
Frys.com Open

• Site: Las Vegas

• Schedule: Thursday-Sunday  
• Course: TPC Summerlin (7,243 yards, par 72) and TPC The Canyons (7,193 yards, par 71)

• Purse: \$4 million. Winner's share: \$720,000

• TV: USA (Thursday-Friday, 4-6 p.m.; Saturday, 3-6 p.m.) and ABC (Sunday, 3-6 p.m.).

CHAMPIONS TOUR  
Adminstaff Small Business Classic

• Site: Spring, Texas

• Schedule: Friday-Sunday  
• Course: Augusta Pines Golf Club (7,003 yards, par 72)

• Purse: \$1.6 million. Winner's share: \$240,000

• TV: The Golf Channel (Friday-Sunday, 6-8:30 p.m., 10 p.m.-midnight)

NATIONWIDE TOUR  
Permian Basin Charity Classic

• Site: Midland, Texas

• Schedule: Thursday-Sunday  
• Course: Midland Country Club (7,854 yards, par 72)

• Purse: \$475,000. Winner's share: \$85,500

• TV: None

## LEADERS

### WORLD RANKINGS

1. Tiger Woods	23.46
2. Jim Furyk	8.77
3. Phil Mickelson	8.17
4. Adam Scott	7.20
5. Vijay Singh	6.69
6. Ernie Els	6.26
7. Retief Goosen	6.14
8. Luke Donald	5.67
9. Sergio Garcia	5.52
10. Geoff Ogilvy	5.34
11. Henrik Stenson	4.83
12. P. Harrington	4.74
13. T. Immelman	4.56
14. David Howell	4.45
15. Chris DiMarco	4.34
16. David Toms	4.30
17. Paul Casey	4.21
18. C. Montgomerie	4.19
19. Davis Love III	4.07
20. J. Ozajabali	3.88

### MONEY LEADERS

PGA TOUR	
Player	Money
1. Tiger Woods	\$9,941,563
2. Jim Furyk	\$6,429,016
3. Phil Mickelson	\$4,256,505
4. Geoff Ogilvy	\$4,228,869
5. Vijay Singh	\$4,163,831
6. Adam Scott	\$3,808,858
7. T. Immelman	\$3,479,746
8. Stuart Appleby	\$3,230,297
9. Luke Donald	\$2,911,408
10. David Toms	\$2,764,287

### LPGA TOUR

PGA TOUR	
Player	Money
1. Lorena Ochoa	\$2,124,122
2. Karrie Webb	\$1,873,753
3. A. Sorenstam	\$1,769,408
4. Cristie Kerr	\$1,472,112
5. Mi Hyun Kim	\$1,272,318

### CHAMPIONS TOUR

CHAMPIONS TOUR	
Player	Money
1. Loren Roberts	\$2,105,764
2. Jay Haas	\$2,026,427
3. Brad Bryant	\$1,640,625
4. G. Morgan	\$1,458,005
5. Tom Kite	\$1,360,285