

THE CHOWANIAN

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This Month's Outstanding Student

Selected by the Editors of The Chowanian



DAVE SUMLER, better known to Chowan College students as "The Little Postmaster", has been selected as the "Outstanding Student of the Month."

Dave, a graduate of Mount Vernon High School in Alexandria, Virginia, is a sophomore this year. While at Mount Vernon High he served as captain of the football and baseball teams. In addition he was Student Government treasurer and vice president of the Key Club.

As a freshman at Chowan he served on the Men's Council and tied for the academic award given to the student with the highest scholastic average. This year he serves as President of the Baptist Student Union.

Dave's course of study lies in the field of liberal arts. He plans to enter the field of journalism.

"I am not bound to win, but I am bound to be true. I am not bound to succeed, but I am bound to live up to what light I have. I must stand with anybody that stands right; stand with him while he is right and part with him when he goes wrong."

—Abraham Lincoln

Thanksgiving

As students of a Christian college, citizens of a prosperous nation, and the leaders of the future, we have countless things for which we should be thankful.

Thanksgiving provides each individual with the opportunity to express his gratitude for all that our Lord has done for us in the past year. It is true that there are some of us who have to dig deep to remain in school; but, behind the Iron Curtain, suppressed peoples must dig deep to live—not to obtain a well-rounded education.

The season itself is not compulsory nor is the spirit which it promotes within the hearts and minds of millions across this continent. There are very few of us who have not been blessed with good homes and the necessities of life.

Now as college freshmen and sophomores, we are once again the recipients of special endowments—an excellent school and as many friends as we choose to make. Chowan College provides each student with unexcelled opportunities in academic, religious, and extracurricular activities. Our acceptance of these opportunities is the first step in the process of being thankful for all we have.

The future holds as many if not more benefits than the present. When our course of study at Chowan is completed, most of us will make our way to other institutions of higher learning to acquire a greater level of knowledge in this modern world. This too is an advantage worthy of the highest praise.

In a more personal respect, we should be most thankful for ourselves. Each of us possesses a brain unsurpassed by no other being in existence today. We have been endowed with the capacity to reason and make important decisions which may someday have great effect on the world situation. Furthermore, we have the American freedom of expressing our ideas about any phase of life—at home and abroad.

When one considers the blessings of this world, he comes to a startling conclusion: No matter what we are, we are the best of the lot!

Thanksgiving is a special occasion, but not a one-day affair. For, throughout every day of the year, we should offer thanks for what we are and what we have.

"Be good at the depths of you, and you will discover that those who surround you will be good even to the same depths. Therein lies a force that has no name; a spiritual rivalry that has no resistance." —Maurice Maeterlinch

"Buckle Down"

(From THE HILLTOP, Mars Hill Junior College.)

College life is new, exciting, and different.

Each day brings new opportunities to emerge into the adult world—our world of tomorrow. Tomorrow the world will be completely in our hands, but today is the day to accomplish tasks which lie before us at the present. There are many problems which face each of us, and the way we approach these problems shows our potentialities for the future. What are we making of ourselves today as freshmen and sophomores?

What about those lessons we should be doing? Are we trying our best? There are many people who are depending on us—folks back home and people right here on the Chowan Campus.

As freshmen, sometimes it is hard to "buckle down" and get "into the swing of things." There are so many activities are worthwhile and should be indulged in; others are only trifles. Our duty is to discern between trifles and real opportunities for advancement and service.

Sophomores have already been down that "first year road"; and we know what our potentialities are. Yet, often we are prone to over-estimate our abilities. We think we can do more than our share. We still have to remind ourselves to choose the better of two good ideas.

During this year, let's try to make the best of every opportunity we have, and let's choose our activities with discrimination.

The Killer

The British Safety Council recently released a report labeling a new brand of killer—the man with the influenza bug.

The Council reports a direct link between flu and numerous deaths and injuries on the roads, in industry, and in the home. "People trying to shake off flu are a menace to themselves and the public generally," says the report.

With the aid of its 9,000 members, the group compiled its report after interviewing motorists, police officials, doctors, and factory officials. The best way to control this new trend: get some medical attention and stay at home.

How To Study

Here's advise taken from a manuscript by Prof. George Weigand of the University of Maryland, an authority on the subject, "How to study", and others.

Budget your time. Set aside certain periods of the day to study certain subjects, but make the schedule your servant, not your master. Don't overlook short, unexpected chances to study. Fifteen minutes of quick review today may be worth two hours of cramming last week.

Plan to watch your favorite television program, even if it comes during a time set aside for study. Chances are you'll watch it anyhow, and if you plan for it you'll also plan to do your studying at another time.

Don't try to do all your studying in one long, unbroken session. Psychologists say that 40 or 50 minutes of work, followed by 10 minutes or so of rest or change, is about right.

Increase Reading

Work to increase your reading speed. Most high school students (and many college students) read at the rate of 200 to 250 words per minute.

You should be able to read 600 or more words per minute, and many students can double that rate. The best way to learn to read faster is to practice, and practice so faithfully and for so long that it becomes a habit.

Don't just read, read with a purpose. Ask yourself questions before you start, then look for the answers in your reading. After you read a section of the text book (it can be a paragraph, a page or several pages) stop and review what you have read. How much of it do you remember?

Learn to make notes, not take them. Don't try to write down everything the teacher or professor says. Get the highlights down in your own words.

As soon as possible, read over your notes, fill them out or re-organize them. They may make sense to you an hour after you write them down, but be complete gibberish a week later.

You are probably 50 per cent more efficient in the morning than in the evening. Studying late at night can be almost completely ineffectual; you'll find yourself reading the same thing over and over. Do the most difficult assignments as early in the day as possible.

It Isn't True.

Don't try to kid yourself that you can study better if you have a radio or phonograph playing quietly in the background. Turn your desk away from the window, there's nothing out there but distraction.

Have a quiet, well-lighted place in which to study.

In reading a text, or making notes in a lecture, watch for such tip-offs as: "The four main causes," "The important results," "Most experts would agree that." This is the author's or the teacher's way of telling you that something is important. Get it now, because you'll get it in a test later.

For note making use a large three - ring notebook, preferably the kind that takes 8½ by 11 inch paper. Use only one notebook for all your classes, with cardboard dividers between the subjects. Number and date the pages.

A special note for those taking a foreign language. You can fall behind in history, economics, biology or literature and catch up later (although this isn't recommended). But if you fall behind in a foreign language you're really in hot water. You've got virtually no chance to catch up.

Above all, review and review and review until you "over-learn."