UNDER THE BIG WHITE DOME

FROM GRUEL TO GOOD BREAKFASTS

ighout the United State

After you have made your way ong the beautiful lagoon at a Cen and seen the interesting social science with it 600 foot towers you will arrive at the United States government build all near the foods and agricultural you have ever seen before of the basic industry of agriculture.

Farming and its allied industries de

picted in exhibits of ancent and obso ete devces and modern methods of ag riculture are attracting crowds—and holding public innterest. The meagre farm crops from the time when parch ed Indian corn saved the lives of Cap tain John Smith and his Jamestown ds with their direct relations to a healthy diet, are shown. The three billion dollar dairy industry has a sepa rate bilding of its own. The Nation al Industries News Servce has previ ously reported the way in which the government decided upon its participa tion in the Chicago World's Fair, and from personal experience I can testify e art of walking is being reviv ed on the Michigan Lake front. Prob ably you are tired after a long trek through the grounds, your feet may hurt by the time you arrive at the desert to decover in this part of of the exhbition one of the largest revovling stages ever built, where there is presented sixteen spectacular productions that featur the principal food products of this organipation. 1 enjoyed them in rows of "comfy" seats Chen, rather reminiscently, I wrote in my note book: "Who would know

That was a popular story of the 19th century. Progress has evolved other stories other pictures, other achievements, which are grown at the World's Fair exhibit of General Foods. There we witness evolution at work showing primitive breakfast foods that soaked over night and cooked for hours on wood stoves and overopen fires the following day. But from the clouded past we turn our gaze upon a setting where beaty, color and lighting effects are appropriately ed to the modern spirit character izing the great excibition at Chicago e the dramatic story unfolds to show us the foods we now eattoasties, bran flakes, grapenuts, and grapenut flakes, decaffeinated coffee, maple flavored syrups, coffee—all of which are popular joys of the breakfact and for which big folks and little folks naturally ask for "more."

appetite tempting breafast foods

HOW PURE FOODS CAME TO THE

NATION. The med cal profession has made marvelous headway in its Century of Progress. Our physicians today emphasize the importance, and correct combination of foods in which sweets. meats, starches, fats, etc., are import ant to a properly balanced menu. A lot of water has gone under the bridg es during the past hundred years when dried grains, fruits and vegetables, salt pork and hard tack supplemented cooked and baked foods prepared over open fires and in chimney ovens. Cel lars and root houses were our acnestors' refrigerator. They were improve menots on the methods of the first white men of Virginia and Massachu setts who lived on a very l'mited va 'riety of food. In the early days of our country the important question about food was how to get enough of it. The National Industries News Serv ice observes that "Quality was not so important—that has come to bless hu manity in comparatively recent years. Until near the end of the nineteenth century men farmed and women toiled in the kitchens in the same way that their fathers and mothers had farmed

and toiled before them." The dominant note of the food and Agricultural groups is demonstrated in the rapid progress of recent years whereby nature's qual ties in raw products from the famu, dairies and ranch es has been safeguarded as the im. nts science made in packing nd distributing foods have marched steadily forward. Amid these surround inga at the fair you find satisfaction n seeing how it came about that the open barrels, chests and boxes tin and wooden pails and unsanitary containers began to pass. Mother Nature, with the help of the Agricultural De ment and soil and crops spec and the formation of such c es eGneral Foods brought pur s to the people of or Nation.

the ood concern's affairs relates to at a fuel est of \$38.22 for gasoline little daughter, Doris, spent last week her training for a nurse there Walter Baker chocolate and cocoa pro averaging 18.03 a gallon, including with Mr. Dellinger's parents, Mr. and next year. Miss Marshall is making ducts, since this is the oldest trade blend. ducts, since this is the oldest trade orend.

mark given to any food product in the lit is estimated that if one of the little Doris are spending this wee and his Massachusetts food factory Iowa corn belt farmers who are sup

Doubtless the increased interest shown in foods at the Chicago World's Fair is due to public appreciation of the efforts that have created our great food companies whom the National In wisdom took from our midst our friend Harward, Frank Paschal, of Pittsboro, dustries News service believes have and neighbor, Jim Sloan, whom we and Rev. H M Russell, of Durham. The succeeded because they sought "ways admired as a man and trusted as a chors that were present to sing were and means," as they say in the Wash friend. A character whose influence Gum Springs Baptist church, Asbury ington vocabulary, "to eat and grow will live on. During the two years Methodist chu healthy and add stil more days to the that he was confined to his bed he dist church. There were also quartets span of human life." Scientists okeh bore his suffering without a murmur sung from Gum Springs and Mrs. H cake flours, baking powders, beverag or complaint. Each day he seemed to M Hackney, of Haywood, sang a solo es, gelatin, salads and desserts and 50 feel that tomorrow would bring new with Miss Harrington playing the asingle industrial exhibit of which we be admired. He was kind when you crowd present with twenty-three Sun

itors to the exhibit examine as they but Thine." study home economics, refrigeration, General Foods and Agricultural build packing, purity and honset merchandz packing, purity and honset merchandz wife, one step-son, a father, Mr. An-Mrs. Bettle Thomas, of Pittsboro, is M'ss Rosalie Thomas spent last ing as it is visualied before their eyes. der Sloan, four brothers, Fred Ber visiting her daughter, Mrs. J R Ray, Friday with Mrs. Pearl Campbell. This is as it hould be in view of the nice, Ed and Everette, and two sisters, fact that the first study and controversy about food began in the Garden Gunter. ef Eden when Adam and Eve consid-

STRAIGHT GAS GOES MOST

Tests of alcohol blend motor fuels of Oliver Twist had not Dickens wrote how poorly they empare in efficiency the past week under the direction of Mr. E E Utley opened a grocery for the betterment of their neighborfor 'more' of the old time oatmeal? with straight gasoline. If two motor day evening. The took taught was field's building on Main street. Children bjected strenuously to eating cars were to set out from New York "What is Teaching?" There was much Mr. J F Morrison, of Peachland, played in New York City, was greatly their morning porridge and food ex. to San Francisco , that burning blended interest taken in the course and good visited his son, Franklin, Monday. quickly prepared, or ready to serve

28.600 000 WOMEN ARE RIGHT. The second reached its destination! mand for the best and purest qualities of Standards, and others, shows that of food there has been a complete these blended fuels give only 14.3 of the school Priday evening, all enchange that has revolutionized methods of production, sanitatin, handling, miss per gallon as compared with 15 ods of production, sanitatin, handling, miss per gallon from straight gase. In the property of the school Priday evening, all enchange that has revolutionized methods of production, sanitatin, handling, miss per gallon from straight gase. In the property of the school Priday evening, all enchange that has revolutionized methods of the school Priday evening, all enchange that has revolutionized methods of the school Priday evening, all enchange that has revolutionized methods of the school Priday evening, all enchange that has revolutionized methods of the school Priday evening, all enchange that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutionized methods a school Priday evening, all enchanges that has revolutioni Perhaps the most sentimental spot in the 3,175 mile journey could be made Mr. and Mrs. H. B. Dellinger and ed to Baltimore Hospital to resume

that helped blaze the trail for modern posed to be supporting this plan, to food products over a hundred and fifty help the farmer by converting his sur of Bynum, spent last week end with years ago. The volume of sales of plus into industrial alcohl should Mr. and Mrs. T S Harris and son, food products over a hundred and fifty help the farmer by converting his sur of Bynum, spent last week end with years ago. The volume of sales of plus into industrial alcohl should Mr. and Mrs. W J Hanner. bottled pectin for use in making jams decide to motor with his family from Mr. O M Mann and daugnter, Miss and jellies of high grade: cake flour, Des Moines to New York and return, Emma Lee, are visiting friends at double acting baking powder vitafrash it would cost him \$35.97 for blended Fuquay Springs this week.

coffee, jello, cocoanut, tapioca, de caf fuels as compared with \$26.31 for gas Mrs. Garland Pattishall 1 id daughgroup, in which you discover an en- fe nated coffee, and postum, for ex. oline, If he tried to make the journey ters, Hazel and Clara Mae, are visit ample, has expanded to 20,000,000 on the same amount of blended fuel ing relatives in Lee County this week. housewives, and that number of wo- as gasoline, he would be left with dry The Interdenominational Sunday men ,one may feel sure, "can't be tank in Eastern Indiana,498 miles School Conver from home!

JAMES SLOAN

or more brands of food shown in the strength, one with such patience is to companiment. There was a large etc., are all glorified in the turning richly endowed we bow our heads in church.

> He leaves to mournhis passing a visiting Mrs. J E Moore this week. Maine Mrs. Mary Wicker and Mrs. Maggie

MONCURE NEWS

has been held at Moncure M. E. church last week.

ntion of three townships, Center, Haw River and Oakland, was held at Moneure School auditorium on last Sunday afternoon. Mr. J W John-On June 26th., God in his infinite who made talks were Messrs. W. C. met him, tender and loving when you day Schools represented. Next year Carbohydrates, proteins, vitamins, knew him. At the passing of one so the convention goes to Hank's Chapel

pages of a great cook book which vis submission and say, "Not our will, Mrs. W W Durant and daughters,

Mr. and Mrs. E W Avent, Jr., and called on friends Saturday p. m. little son, of Wagram, spent last week The Kelly reunion was held Friday end with Mrs. Avent's parents, Mr. at the old home of Captain J. O. A. and Mrs. J R Ray.

The Cokesbury Training school that at Wagram, returned home one day present.

a novel about the only boy who asked made in Washington recently indicate Rev. H. M. Russell, closed last Fri- store last Saturday at J. R. Crutch- ho

given. Rev. H. M. W Stedman attended the quarterly entertain "As a result of the universal de. The tests made by the U. S. Bureau Russell is a fine instructor and he had meeting at Pleasant Hill church last ber of mutual friends from the Palmand for the best and purest qualities of Standards, and others, shows that his subject well in hand. At the close Friday afternoon. The next and fourth metto State who were stopping in

with Mr. Dellinger's parents, Mr. and next year. Miss Marshall is making a Dinner will be served on the ground the country of fine record there as a student nurse, at the noon hour. In the af Mr. S D Creswell went to Burling- there will be several musical selection ton on business the first of the week. by the choir and preaching.

Juniper Springs News.

The revival meeting is in progres at Juniper Springs church tais week. Rev. Walter E. Bond is assisted by Cad Norris.

Rev. Bond called on a number his members here last week and also called on Rev. Walter Page at Mamers. A number from this community attended the revival last week at Moore Union. Rev. Denton preached and a

good meeting was held. Herman Allen visited his cousins Rufus and Bernice Allen, last week

Mrs. Kenneth McNair spent Thurs day with Mrs. Paul J. Th

Misses Marie and Bertha Tho spent last week end in Leaflet, the former with her uncle. Mr. Polk Tho nas, and the latter at the home of her sins, Mr. and Mrs. Harvey Thomas. Vance Cox visited his cousins, J. G. and Ray Hunter Sunday.

Mr. Flemma Lawrence, who been working timber in South Carolina, was at home this week.

Misses Martha Shacklette, of Dur-Virginia and Jane, of Enfield, are spending some time with friends in of 1929.

Mrs. Ernest Thomas and children

md Mrs. J R Ray.

Kelly which is now occupied by h's

Miss Marjorie Lee Ray, who has son, Joe Kelly. A large number of the been visiting her sister, Mrs. Avent descesdants of Mr. Hatter Kelly were These men were highly esteemed in the community and stood Miss Ruth Thomas, who is now em

perts appreciater the reason for dislik fuel would be stranded with an empty attendance at each meeting. There Rev. H M Russell, Messrs. J F teachers, Miss Elizabeth Scales, is now ing it and turned to making delicious tank at the Utah Nevada Fne when were six Sunday Schools represented Womble and A B Clegg and Mr. W living in the same block. Miss Scales

The public is cordially fivited to come and bring a well filled basket.

es Janie and Mildred Wicker were the week end guests of Mass Mabel Cox.

Miss Sarah Kate Kelly was the dinner guest of Miss Addie Thomas Sunday

Miss Blanche Cox spent Saturday night with Miss Bertie Butler. Miss Christa Belle Batchelor the dinner guest of Misses Ruth and

Elma McLeod Sunday.

Miss Lois Cox spent Saturday night with Miss Dorothy Kelly.

CHEVROLET FORGES AHEAD

Detroit, Mich., August 1-Eighte thousand more men are at work in Chevrolet and Pontiac plants today ager of the Chevrolt Motor Company stated in discussing the employment

In emphasiing this picture of rising employment, Mr. Knutsen also pointed out that payroll figures of the two companies are now at a higher stage ham, who has often visited here, is than in any year since the boom period

men employed increased by approxi-mately 4,000 ot the 20 plants through out the United States and from the 15 up to the present, approximately 2,000 more men had been added to the pay

Since June 1th, declared Mr. Knud sen, as he analyzed the figures, a small army of 11,000 men have found em. ent with Chevrolet and Pontiac Total employment today is above 46.

Thousands had been added to th rolls before the preclamation of the President calling on the country to rten hours and raise wages in orde that the workingmen, on whom the prosperity of the country depends, might have additional funds to main tain the American standard of living.

"Statisticians tell us," 'said Mr. Knudsen, "that the average family is composed of four persons. This means that approximately 164,000 per sons are benefited by either wage or salaries from the Chevrolet and Ponti ac plants. The addition of 11,000 men alone has done much to spread the wave of employment in the cities where these men are employed."

That his companies may have whole heartedly participated in the program of the President is shown by the fact that a salary raise of 15 per cent was granted to all factory wage earners of fective August 1, making a total increase of 20 per cent over March, 1933, since a 5 per cent increase was an. nounced in May. In addition, Mr. Knudsen also raised the pay of all sal per year by 10 per cent.

It is estimated that these incess will place more than a million and a quarter dollars at the disposal of Chev rolet and Pontiac employees, for the balance of the year.



CAMEL'S COSTLIER TOBACCOS NEVER GET ON YOUR NERVES ...

NEVER TIRE YOUR TASTE!

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RALEIGH

LEAVE YOUR AUTO AND PARKING WORRIES HOME

TRAVEL BY RAIL Safe—Comfortable—Economical

			CONTRACTOR OF THE PROPERTY OF
Ě	GOING SCHEDULE	7	ROUND TRIP
			RAIL FARES
	DAILY		TO RALEIGH
é	Lv. HAMLET	10:15 AM	\$1.00
X.	Lv. MARSTON	10:31 AM	1.00
	Lv. HOFFMAN		1.00
	Lv. ADDOR		.75
	Lv. PINE BLUFF	10:45 AM	.75
	Lv. ABERDEEN		.75
	Lv. SOUTHERN PINES	11:01 AM	.75
	Lv. Vass	11:81 AM	.75
	Lv. CAMERON	11:21 AM	.75
58	Lv. LEMON SPRINGS	11:29 AM	.75
	Lv. SANFORD	11:43 AM	.75
	Lv. COLON		.75
	Lv. MONCURE	12:02 PM	.50
	Lv. MERRY OAKS	12:00 PM	MEST DESCRIPTION OF THE PROPERTY AND AREA
뜷	Lv. NEW HILL	12:15 PM	.50
	Lv. APEX		.85

-RETURN-LEAVE RALEIGH 5:10 PM SAME DAY

12:84 PM

12:50 PM

Lv. CARY

Ar. RALEIGH

TICKETS GOOD ONLY GOING ON TRAIN NO. 4 RETURNING ON TRAIN No. 3 THE SAME DAY CONDUCTORS WILL SELL TICKETS ON TRAIN FROM STATIONS WHERE AGENT IS NOT ON DUTY.

For Details See Ticket Agent— H. E. PLEASANTS, D. P. A. 505 ODD FELLOWS BLDG.,

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NORTH CAROLINA STORES FOR NORTH CAROLINA PEOPLE"

SPECIALS FOR FRIDAY AND SATURDAY, AUGUST 4th AND 5th

98 lb Bag

48 lb Bag

24 lb Bag 77c

ace to buy flour at these prices. Next Monday, the processing tax of \$1.38 per barrel goes on. We advise you to stock up this week; and are offering this special s olely so you can save,

SARDINES, 3 cans

Ginger Snaps, 2 Pounds, **13**c

JELLO ICE CREAM POWDER, 3 packages CARNATION MILK 6 small cans 19c 3 tall cans 19c APPLE SAUCE, No. 2 can

RICE, 3 Pounds 11c VINEGAR, Pure Apple, Bulk, gallon 25c

1-2 Pound Package 14 Pound Package

WALDORF TOILET TISSUE, 4 for

KELLOGG'S CORN FLAKES, 3 pkgs.

Shredded Wheat Biscuit, 2 for

ONE POUND CANS MACKEREL, 3 for 25c PINT BOTTLE 15c

GRAPE JUICE ONE POUND JAR PEANUT BUTTER FRUIT JARS

19c

220

190

Quarts, doz. 11 1-2c | 1-2 Gals. doz. \$1.15 **Red Top** Lye, 3 Cans 25c

10c

19c

10c