

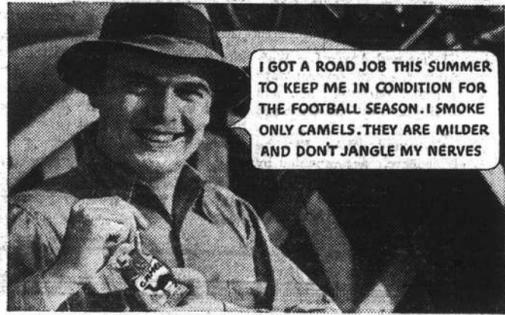
Lee Hospital Items

Mr. J. C. Colton will leave soon for his home in Raleigh. Mrs. D. D. Pattishall, of Sanford Route 5, was operated on this week and is doing nicely. Mrs. E. W. Harrington is recuperating from an operation. Mr. and Mrs. W. J. Wood, of the Sanford Hotel, announce the birth of a son, Monday, August 28th. Mr. J. E. Pardue, who lives on Mr. O. P. Malpeace's farm, was operated on and is doing nicely. Mrs. C. C. Culbreth and baby and Mrs. R. L. Burns and baby have returned home. Misses Lois Arnold and Latha Vance will leave Friday night for their vacation in Florida.

Cumnock News Items.

Mrs. A. S. Fields, of Siler City, spent last week with Mrs. N. H. Perry. Mrs. J. F. Wadcock, of Cumnock, is spending several weeks with her mother at Mocksville. Mrs. J. M. Cade has returned to her home at Fuquay Springs after a visit with Mr. and Mrs. W. M. Cade.

"CAMELS DON'T JANGLE MY NERVES"



I GOT A ROAD JOB THIS SUMMER TO KEEP ME IN CONDITION FOR THE FOOTBALL SEASON. I SMOKE ONLY CAMELS. THEY ARE Milder AND DON'T JANGLE MY NERVES

Camel's costlier Tobaccos never get on your Nerves... Never tire your Taste

SEE US FOR

BUILDING MATERIAL, LIME, CEMENT, PLASTER, ROCK LATH, BEAVER BOARD, ROOFING AND NAILS, LOCKS, HINGES, DO THAT PAINTING BEFORE COLD WEATHER. WE HAVE THE GOODS TO DO IT WITH RIGHT.

Lee Hardware Co.

"The Winchester Store."

Has Worked MIRACLES for Me.....

Enthusiastic users—users who get better results than they had expected from Dr. Miles' Aspirin-Mint, write us every day. "Wonderful!" "Marvelous!" "Miraculously"—are words generally used by these enthusiastic users. Repeatedly they write: "It does more than you claim for it!" Mrs. Ruth Culp, the cheerful lady whose picture is shown here, says: "I use your wonderful Aspirin-Mint Tablets which have worked miracles for me in breaking up Colds as well as relieving the pains of other ailments." Mrs. Ruth Culp, 46 East Chestnut Street, Norristown, Pa. Perhaps you would have a similar experience. Why don't you try it? Your druggist has Dr. Miles' Aspirin-Mint and would be glad to sell you a small package for 15c or a large package for 25c. He will cheerfully refund your money if you are not entirely satisfied.



DR. MILES' Aspirin-Mint

The modern, mint-flavored medicine for Colds, Headache, Neuralgia, Neuritis, Rheumatism, Sciatica, Lumbago, Muscular Pains, Periodic Pains.

DR. MILES' Aspirin-Mint

YOU'LL GET RELIEF OR YOUR MONEY BACK

SAYS STATE DEBT INCREASED UNDER GARDNER REGIME

Attorney General Brummitt Cites Figures To Substantiate His Recent Statement.

Budget Bureau Fails

During the last quadrennium the state actually spent from its general fund \$18,362,932.41 more than it collected, declared Attorney General Dennis G. Brummitt in a statement issued in Raleigh Saturday.

Drawing his figures from the State Auditor's office, the Attorney General pointed out that the recent announcement from the Governor's office that the deficit amounted to \$14,962,208.53 was based upon an accrual rather than cash basis. Mr. Brummitt also cited figures indicating that instead of the State debt being reduced during the Gardner administration it was increased.

The statement follows: "The Budget Bureau recently announced that the debit balance, or deficit, in the general fund for the four-year period of the Gardner financial administration, ending June 30, 1933, amounted to \$14,962,208.53. In reaching that result, it takes no account of the actual surplus of \$2,048,000 in the general fund at the beginning of the period, but does include as assets the sum of \$1,352,723.88 of uncollected taxes on June 30, 1933.

"It will thus be seen that the Budget Bureau's statement is on the accrual, and not the cash, basis as of June 30, 1933.

"It is quite a simple matter to ascertain the excess of expenditures over receipts of the general fund, or the actual cash deficit in that fund, for this four-year period. It began with an actual cash surplus in the general fund in the State Treasury of \$2,048,000. No uncollected taxes were claimed as a part of this cash surplus. During the four years the State borrowed \$12,230,000, now outstanding in unpaid notes. On June 30, 1933, there was an overdraft, or debit balance, against the general fund of \$4,084,932.41. The total of these three items, amounting to \$18,362,932.41, is the actual excess of expenditures over receipts of the general fund, or deficit, for the four-year period.

"From time to time the effort has been made to create the impression that the Gardner administration reduced the debt of the State in some large amount variously and indetermiately stated as ranging from \$12,000,000 to \$19,000,000. Actually, for the four-year period ending June 30, 1933, the net debt of the State on the cash basis increased \$13,784,773.71.

"The figures I am here giving are actual, authentic and official from the State Auditor's office.

"No wonder Mr. Henry Burke recently admitted the correctness of my statement that the Budget Bureau during this period had been an utter and colossal failure."

Presbyterian Young People Meet Sept. 5th

The Presbyterian young people of Districts six and seven of Fayetteville will meet jointly in their Fall Rally on the afternoon and night of September 5th at the Cameron Presbyterian church, Cameron. An attractive program has been prepared, and indications are that this will be the best and largest attended Rally in the history of young people's work in the two districts. From 175 to 200 young people are expected to be present. The program is as follows:

- 5:00—Welcoming guests to church—Cameron Y. P. C.
5:15—Recreational Period—Aberdeen Y. P. C.
6:00—Picnic Supper.
Evening Session
6:45—Conferences by Districts: District 6—Church auditorium. District 7—Sunday School Rooms
7:15—Musical Program—Vass Community Choir.
7:30—Opening Session of Rally: Welcome—Manley. Response—Bensalem.
7:35—Devotional—Carthage Y. P. C. 1. Song—Congregation. 2. Scripture. 3. Prayer.
7:45—Business Session. 1. President's Announcements, etc 2. Roll Call by Churches. 3. Offering—Cypress Y. P. C. 4. Reports of Work—Y. P. C. Presidents.
8:05—Address—"Youth Traveling Kingdom Highways." Mrs. W. D. Johnson, Secretary of Religious Education, Fayetteville Presbytery.
8:25—Council Meeting Demonstrated—Olivia Y. P. C.
8:40—Inspirational Address—"Show Us the Christ and It Sufficeth Us.
9:00—Closing Song—Congregation. Prayer—Member—Cameron Hill Y. P. C.

Mr. and Mrs. S. L. Long, Jr., have returned to their home in Knoxville, Tenn., after a visit with Mr. and Mrs. S. L. Long. They were accompanied by Billie, who will spend a week with them. Mr. F. W. Tart spent his vacation at Myrtle Beach.

BROADWAY NEWS

Friends of Mrs. Ralph James, of Durham, formerly Miss Ethel Jones, of Broadway, gathered at the home of Mrs. J. C. Jones where she is visiting and gave her a shower. The guests met at a neighbors house and went in a body and were seated in the sitting room when the honoree entered. Without preliminaries the gifts were showered upon her as she stood in the middle of the room. After examination of the gifts several games and contests were enjoyed and then Mrs. Mamie Harrington, sister of the bride, served an iced drink and wafers. Those present were Mesdames Gattis Thomas, L. H. Parrish, Leon Kelly, H. A. Thomas, Clara Rosser, M. W. Black, S. H. Rosser, Fred Yarboro, Mamie Harrington, J. C. Jones and Misses Mattie Harrington, Lucile Chandler, Beulah and Nellie Harrington, Lillian Mathews, Annie Elizabeth Thomas, Myrtle Holler, Grace James and Mrs. Ralph James, the honoree.

Mr. and Mrs. L. B. Dickens spent a few days last week visiting relatives in Hickory. While there they attended a reunion of Mrs. Dickens' people at the home of Mrs. H. C. Fox at Hickory. Miss Lillie Davis, of Lillington, spent last week end at the home of her sister, Mrs. C. E. Thomas.

Mr. G. T. Chandler spent Monday in Lakeview, S. C. Miss Mary Elizabeth Shaw is spending this week with relatives in South Carolina.

Mr. and Mrs. D. E. Shaw attended the Bankers Convention at Wrightsville last week. They were accompanied by Mr. and Mrs. C. C. Brewer, of Siler City.

Misses Elizabeth and Mildred Stevens and Mr. Vernon Stevens attended a house party at Myrtle Beach last week end.

Miss Mary Frances Lasater returned Tuesday from a visit with relatives in Erwin. Misses Bronnie Foushee and Verna McLeod, of Pisgah, spent last Wednesday night at the home of Mr. W. B. Lasater.

Mr. Mac Stevens spent last week end in Chapel Hill.

Mr. and Mrs. Carlos McNeill, of Greensboro, spent last week end at the home of Mr. J. C. Davis. They were accompanied by Mr. and Mrs. Mitchell, of Greensboro.

Mr. J. C. Jones and son, Mr. Wade Jones, of Sanford, spent Sunday and Monday with Mr. Irving Jones, of Tabor.

Services will be held in the Presbyterian church next Sunday morning and evening by the Baptist. The public is cordially invited to attend.

The September meeting of the Home Demonstration club will be held at the school building Friday afternoon at 2 o'clock.

Mr. and Mrs. G. L. McNeil and Mr. and Mrs. Leonard Clark visited in Apex Sunday.

Mrs. Mamie Harrington, of Pisgah, spent Sunday and Monday nights at the home of her mother, Mrs. J. C. Jones.

Broadway School will open on Monday, Sept. 11th. The personnel of the faculty is as follows:

- Grade 1, Mayo Rosser, Broadway.
Grade 1 and 2, Pauline Hayes, of Jonesboro.
Grade 2, Gaynelle Seawell, Sanford.
Grade 3, Margaret Gunter, Sanford.
Grade 3 and 4, Lillian Harmon, Rocky Mount.
Grade 4, Mae Crumpler, Fayetteville.
Grade 5, Elizabeth Edwards, Lemon Springs.
Grade 6, Alta Dewar, Kipling.
Grade 7, Beulah Thomas, Cameron.
High School; M. A. McLeod, History and French; Virginia Formy-Duval, English; Mildred Campbell, Science; J. H. Taylor, Principal, Math; Virginia Neell, music.

Only two changes were made in the faculty from last year. The teacher of the fifth grade, Miss Edwards, is new and also Miss Campbell of the high school.

Mr. and Mrs. H. A. Thomas and children, Norman and Annie Elizabeth, and Mr. and Mrs. S. H. Rosser and children spent Sunday at Carolina Beach and Port Fisher. While Port Fisher is a beautiful beach in itself, the chief attraction is the battle ground which has been preserved intact since the War Between the States. It was during the bombardment of this fort that the late Mr. N. A. Matthews, father of Mrs. Thomas, was captured and held prisoner at sea for a while. Inscriptions on monuments at the battle ground tell that this was one of the greatest bombardments in history and that of the 18,000 men stationed there nearly all of them were North Carolinians.

Mr. and Mrs. C. H. Bell are spending their vacation with Mrs. Bess people in Winchester, Va., and with Mr. Bell's people in Elizabeth City. Mr. F. W. Tart is with the Progressive store while Mr. Bell is away.

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LIQUID—TABLETS—SALVE Checks Colds first day. Headaches or Neuralgia in 30 minutes, Malaria in 3 days. 666 SALVE for HEAD COLDS. Most Speedy Remedies Known.

FAIR PROMISE NEWS

The rain has stopped and the farmers are busy taking care of their feed and getting tobacco ready for market. Mr. Lane Neal and Clarence Allred, of Bear Creek Route 1, carried a load of tobacco to Lumberton last week. Mr. and Mrs. C. L. Cheek, of Glendon, and Mrs. Paul Phillips and children, of Bear Creek Route 1, visited their sister, of Spray, last week.

Mr. and Mrs. Archie Paschal, of Texas, visited his sister, of Fayetteville, last week end. They are starting back to Brownsville, Texas this week.

Miss Elma Phillips, of Bear Creek Route 1, visited friends and relatives around Hickory Grove last week.

Mr. J. J. Cheek, of Glendon, who has not been well for some time has had some of his teeth taken out. He is fast improving.

Several of G. B. Smith's friends and relatives of Bear Creek Route 1, celebrated with him at Sanford his birthday, there being 68 candles on the birthday cake. Eight of his boys were present. The children and grand children gave Mr. and Mrs. Smith two big rocking chairs. Everybody enjoyed the day. The day closed with the singing of "Till We Meet Again."

Mr. and Mrs. R. R. Riddle, of High Falls, visited Mrs. Riddle's parents, of Bear Creek Route 1, Sunday.

SOPHISTRY OF THE WETS

The Associated Press says that President Roosevelt in his address at Poughkeepsie, N. Y., declared an end to monopolies and announced the new principle of "Home Community—that no individual, no family has the right to do things which hurt neighbors."

This may be a new rule to some, but it is the ideal that has been in the minds of the leaders of the Democratic party in North Carolina for more than a quarter of a century. The country should be gratified that the President has at least grasped the fundamental truth behind the prohibition movement.

If there is to be drunkenness in North Carolina, let it be illegal. If there is to be suffering and debauchery from alcohol in North Carolina, let it be illegal.

Taxes—Taxes—What meaneth the lowering of the cattle in mine ears. Saul tried to justify his greed thousands of years ago and failed in his sophistry.

Regardless of all the sophistry of the wets, when stripped to the naked truth, there are two great demands for repeal. The money consideration—TAXES—Tax eating jobs and I want a drink.

We have recently had in North Carolina two cases of the truth of training a child may he should go and when he is old, he will not depart therefrom. The recent statement of Judge F. A. Daniels for the 18th. Amendment and sobriety. The statement of the press in which our ambassador to Mexico, Hon. Josephus Daniels, refused his approval of the gift of a cocktail shaker to one of his staff which was leaving and forced the giving of some other token of esteem. (Time)

These men are of the age and experience where they know the truth of the proverb, "Wine is a mocker, strong drink is raging, and whosoever is deceived thereby is not wise." PAUL J. BARRINGER.

RESOLUTIONS OF RESPECTS

Whereas, it has pleased our Heavenly Father to remove from our midst our co-worker and member, James Vernon Maddox; and

Whereas, by his devotion to his Master's work, his regular attendance and untiring efforts in behalf of his Kingdom, he has been a source of inspiration to us all; and

Whereas, by his kindness and loving disposition he has endeared himself to the membership of this class; and whereas, Vernon, who had been afflicted since early childhood, bore his suffering and afflictions in such a manner as to prove to us that life is still worth living no matter how we suffer as long as we have faith in God.

Now, therefore, be it resolved by the Banner Class of the Grace's Chapel Sunday School:

First, That a copy of these resolutions be sent to the bereaved family with the deepest sympathy of the class in their loss.

Second, That a copy of these resolutions be sent to the Sanford Express and Sanford Herald for publication.

Third, That through prayer and application the members of this class endeavor to follow his example in the furtherance of God's kingdom on earth.

J. O. Brantley, Pres.

Leola Coggins, Julia Johnson, Committee.

DISTRESS AFTER MEALS Relieved By Black-Draught

"I had sour stomach and gas," writes Mr. Jess Higgins, of Dawsonville, Ga., "and often I would have bilious spells. I read about Theodor's Black-Draught and began to take it. It relieved me of this trouble. I keep it all the time now. I consider it a fine medicine. I take a pinch of Black-Draught after meals when I need it. It helps to prevent sick headaches and to keep the system in good order." Get a package at the store. Try it! Now you can get Black-Draught in the form of a SYRUP, for Children.

Budget Juggling Needed Today To Insure Full Calorie Count

Housewife Should Know Foods Essential to Balanced Diet

By Jane Rogers

THE housewife of today is much more likely to budget her expenses than the bride of fifty years ago. In those days it was only necessary to step into the grocery store and pick a generous helping of fresh vegetables for the evening meal or stop by the smoke-house and procure a sizeable ham at a minimum of cost.

Today, the problem centers around making so many dollars purchase so many calories of food, so many articles of clothing and on through the whole line of living expenses.

Selection of foods is one of the most important considerations in budget making. Each member of the family needs a certain number of calories per day—varying according to the amount of manual work or labor indulged in and unless the housewife knows a little about the caloric value of foods there is great danger that her meals will be lacking in some of the most important elements

which make up the well balanced diet. With a market list showing prices and a calorie list, the housewife can work out a very interesting little problem in economical buying. A pound of butter contains 3600 calories and at the average price of twenty-five cents a pound it is possible to obtain 144 calories for one cent. A pound of bacon at twenty cents will furnish 140 calories for each cent; roast beef at twenty cents will furnish 47; macaroni at ten cents will give 185 while sugar at an average price of five cents a pound will furnish no less than 372 calories for each cent spent.

Because of the great number of calories it contains, sugar is one of the cheapest of all foods in addition to being one of the most valuable. It furnishes fuel which keeps the body engine burning, supplies much needed energy and its importance as a sweetener and flavorer, especially when used in the cooking of fresh or canned vegetables is universally recognized. "A dash of sugar and a pinch of salt" have become twentieth century household words.

Of course no one food can be used to the great exclusion of others even though it provides enough calories to meet the average demand but the housewife soon learns this and other little tricks that eventually lead to the preparation of well balanced and at the same time economical meals.



"THE EARTH WITH ALL THAT THEREIN IS"—Centuries passed before man knew that the earth was composed of other than the common elements such as iron, tin, copper, lead, carbon and sulphur. And it was learned only about a century and a half ago that air was composed of a half dozen or more elemental gases. This giant globe with the array of elements grouped at its base is the "Periodic Table of the Elements" occupying a central position in the basic science exhibit at the Century of Progress Exposition in Chicago. There are now ninety-two known chemical elements, all of which have been assembled, through efforts of Dr. Irving E. Muskat of the University of Chicago, in this display. It was found that Union Carbide & Carbon Corporation, through its widespread operations, was able to supply more than half of these elements and for some of them this organization was the only practical source.

Consumption of Sweet Foods Linked to Nation's Morale

THE sugar industry is one of the most important keynotes to recovery in a double sense in the opinion of Dr. John Lee Coulter who, in addition to his duties as a member of the United States Tariff Commission, is now presiding over the meetings of sugar producers and processors in their efforts to draw up a code for the industry. Recovery of the industry is, of course, vitally important to the thousands of workers normally employed in the cane sugar refineries along the Atlantic, Gulf and Pacific Coasts, in the cane fields of Florida and Louisiana and in the beet fields and processing plants of the Middle and Far West. Its recovery is also important, Dr. Coulter believes because of the psychological contribution its products make to the American people as a whole.

"In 1929," Dr. Coulter says, "the people of the United States consumed 11,000,000,000 pounds of sugar—directly and in sweetened foods and beverages. In 1932 consumption was off 2,000,000,000 pounds, or over 15 pounds per person. Perhaps to a considerable degree the happiness of our people in 1929 was due to the sweets they consumed, and the decline marks the difference between their condition then and today. In any event, the sugar consumption was a symbol of their happiness—Success of our united effort for recovery will make it the symbol again."

"For a comparatively small number of us, happiness lies in such costly luxuries as yachts, country places and Paris gowns. For millions upon millions of us, however, it lies in the ability to satisfy our cravings for such small luxuries as are symbolized by the farmer stopping in with his wife at the ice cream parlor when he goes into town, by the ability of the stenographer to have a sundae or ice cream

scald to top off her lunch, by the ability of the housewife to serve a special dessert upon special occasions. "Think what frustration of such natural and human cravings has meant to the morale of our people during the last three years and more. Human beings may be able to exist on meat and potatoes alone, but it is a depressing diet. It provides no basis for zest and joy in life—no will to sustain hope or overcome obstacles. Think what the ability to buy a penny stick of candy means to a child, what unhappiness the child's frustration entails. Think, too, what it will mean in increased employment in thousands of candy, preserving, soft drink and ice cream plants when we are able to have our "sticks of candy" again.

"Morale is as important as physical well-being. Without it no people can move forward to greater things. Civilization not only reaches a standstill but begins to retrogress. That is what has been happening in this country in recent years. When we see sugar and sweets consumption increasing week by week and month by month we will have another indication that the 'New Deal' is surely succeeding. America will again be achieving a higher measure of happiness and success."

The sugar stabilization agreement upon which Dr. Coulter is now working involves many complicated factors for not only is the mainland industry concerned, but also Hawaii, Porto Rico, the Philippines and Cuba—all sources from which in the past the United States has drawn great quantities of raw cane sugar to be processed in her refineries. As to all the recovery codes the primary object is to restore comfort, security and purchasing power to the thousands upon thousands of workers the industry normally employs.