

WASHINGTON DAILY NEWS

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WASHINGTON, N. C., OCT. 13.

LET THE NEWS FOLLOW.

Parties leaving town should not fail to let *The News* follow them daily with the news of Washington fresh and crisp. It will prove a valuable companion, ready to you like a letter from home. Those at the seashore or mountains will find *The News* a most welcome and interesting visitor.

MUST BE SIGNED.
All articles sent to *The News* for publication must be signed by the writer, otherwise they will not be published.

THE FARMER'S WORST ENEMY

Many nebulous treatises have been written on necessity for "Crop diversification." Perhaps all are more or less convincing. Actual losses, however, carry greater weight, and the Danbury Reporter marshals an array of cold facts which should cause the farmers in every section to take a second and a serious thought.

Without further comment we direct close attention to this editorial from the Reporter. It shows the farmer his "Worst Enemy":

"The Farmer's Worst Enemy Not the American Tobacco Company."

"Flour, 27 to \$8 per barrel; bacon, 15 to 18 cents per pound; corn, \$1.25 per bushel; chop, \$2.50 to \$3 per bag; other supplies in proportion."

These are the prices which the farmers have been up against this year, and it is reflected on their business judgment, foresight and common sense that they have paid these ruinous prices when they could have produced every one of these articles on their farms. No wonder the fellow who has been raising nothing but tobacco is caught in an ice floe, and freezes to death. Statistics show that corn can be grown on Stokes county uplands at 23 cents per bushel.

Then why pay \$1.25 per bushel for it? Wheat can be raised for 50 cents per bushel. Then why buy it at \$1.50? If corn costs 23 cents your meat ought to be made at 5 cents. Then consider the folly of purchasing bacon at 18 cents.

"If we would figure like the American Tobacco Company figures, we would adopt a sane method of doing business."

Just think how much wiser the trust is than we. They are 10,000 of its clients (Piedmont North Carolina and Virginia farmers) antagonistic—almost frenzied in their intentions to smash the big octopus. Yet it goes on quietly sucking them to death and declaring 40 percent dividends.

The Reporter used to believe that the farmer's worst enemy was the Trust, but we have changed our opinion. The farmer's worst enemy is himself."

MISTAKEN CONCEPTION OF THE FUNCTION OF A NEWSPAPER.

This from the Lexington Dispatch is pretty much the experience of all other newspaper men—editors of country weeklies—where everybody generally knows everything that is going on and thinks it the duty of the newspaper to dish up all the scandal and hateful things that come to its attention. Says the Dispatch:

"Occasionally some perfectly good, sensible man says to the editor, 'You are all the time blowing Lexington, but you never say anything about this, and that, and the other,' naming things that we all regret, that are not pleasant to think about, publication of which would serve no good purpose and would injure individuals and the community. These gentlemen mean no harm by looking at things that way. Some people, however, have got it in them, breed hate to the bone, to take their stand on the rotten sides of life and shout to the world to come and look. Why? What good does it do? Let it alone! Instead of harping at some commercial or moral failure, boost those necessities that are thickly strewn around this town. Look at the doughnut and quit looking at the hole."

And again (it's from the same paper):

"It is very smart to condemn or a newspaper that it turns detective, policeman, sheriff, public prosecutor and so forth, when it points out evils,

things which ought not to be; and then it is up to the officials to do the rest."—Greenville Reflector.

MUST WE GROW OLD?

"Every living being of adult age begins to grow old. In the case of man the weight of years make itself felt a trifle or less heavily. It is a matter of heredity and of good hygiene. But although certain persons are old before their time, there are none who, having reached a certain age, are not old. Old age is a physiologic state."

"It would seem that if we could penetrate the mechanism of old age, we ought to be able to retard its effects and to remain young for a correspondingly longer time. The ancients sought long to solve this problem, and it has always tormented scientific men. The ancients thought that by infusing into an old man's veins the blood of a youth new vigor might be given to him. They tried such transfusion of blood but without success, as it is scarcely necessary to say. We find in various authors a proof of the antiquity of this process. In modern times we have taken it up again, but in a totally different class of cases. The transfusion of blood can not postpone the effects of old age on the organs."

"The living being takes from his environment the substances necessary for the performance of his functions. He transforms them, assimilates them, and excretes them after he has finished with them. In a culture of microbes the waste substances accumulate and are one of the causes of the aging of the microbes. Transport some of these microbes into fresh bouillon and they will take on new activity; they will become young again."

"In more complex organisms, life may be reduced essentially to the same physico-chemical changes, with more complex machinery of coordination and elimination. The waste materials, more or less completely oxidized, are eliminated through natural channels. When the activity of the organs is such that the elimination is not rapid enough, there is a sensation of fatigue, need of rest and sleep. During rest and sleep, the changes are slower; the waste is eliminated, the sensation of fatigue is felt no longer until new efforts bring it on again. But there are insoluble substances, of the nature of tendon or bone, which are continually formed during the working of the organism, and which are either not eliminated at all or are eliminated incompletely, during repose. They progressively clog the organism and are the cause of old age."

"As is remarked by Le Dantec, who is the author of this hypothesis, the muscles of old animals are much earthy, because of this accumulation of tendinous substances; but it is not generally in the muscles that this encrustation becomes injurious to the organism. The effect on the walls of the blood-vessels is more dangerous, because these vessels, being fragile, may break. Every one, it is said, is as old as his arteries."

"When, under the influence of the accumulation of these clogging substances, the individual has grown old, he has more chances of becoming the victim of an accident."

"The predominance of the sclerotic elements that close the activities of the organism is favored by a mechanism that has been analyzed by Miltnikoff. The cells called macrophages secrete and devour the good cells. The seeds invade and choke down the good grain."

"Mr. C. P. Aycock is carrying on extensive improvements in front of his home. He has put in a tile drain and is filling up the ditch, which will add very much to the appearance of his property. He is also having a wide cement walk made which will be made handsome when finished and when he gets his water works completed he will have a model up-to-date residence."

RIVER ROAD STATION NEWS

Several of our citizens visited friends in Washington last week.

Mrs. Mabel Jones, of Norfolk, has been visiting her grandmother at Bunyon.

Mrs. Charles Fulford, of Pinetown, who has been visiting her sister, Mrs. A. Allgood, returned home Saturday, accompanied by Mr. and Mrs. A. E. Allgood, Sr., to visit their son, Mr. V. Allgood.

Mrs. T. C. Allgood, of Washington, after a long visit in Norfolk, has returned home, accompanied by her sister, Mrs. H. A. Upchurch, to visit their father, Mr. J. M. Cotton, of Bunyon, who is receiving treatment in the Fowle Memorial Hospital.

Mrs. Nelson Sheppard, of Bunyon, has been visiting Mr. F. Allgood in Washington for several days.

OCT. 12. NOCOMIS,

CAMPBELL'S CREEK NOTES

Mr. J. W. Mixon, who has been ill for the last week, is very much improved.

Mr. E. Griffis and wife, Mr. J. D. Aldridge and daughter, Miss Cassie, and others of this place, went to Jones' Bay last week to a C. D. H. picnic. They report a very pleasant time.

Mr. W. H. Mayo meets his friends with a smile. It's a fine little boy.

Lodge No. 17, C. B. H., had four more initiations last Saturday. Bro. Nat Buitrey and Brother Selby, of Jones' Bay Lodge, were with us. It was good to be there. Let the good work go on.

Mr. Geo. L. Jones, of Vandemere, was here Wednesday.

Mr. A. C. Austin went to Blount's Creek Saturday to fill his appointment there at the Baptist church Sunday.

BILL JUSTICE.

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Dr. Earl S. Sloan, Boston, Mass.

growing old, and make them as they were in the adult period, invulnerable to macrophages.

"Alcoholism and divers infectious maladies hasten this weakening, this being preparatory to the macropathic invasion."

PANTEGO ITEMS.

Misses Ida Shavender and Ruth Credle and Mrs. C. W. Smith left Panalgo, October 7 for the purpose of attending the conference at Elizabeth City.

Mr. Noe, the Episcopal minister of Belhaven, preached here Friday and Saturday nights.

Mrs. Lyde Wallace spent Friday in town.

Mrs. Carter, a former trimmer of Mrs. Shavender's and her sister were in the town Friday morning.

Misses Effie Jarvis and Janie Thompson have returned home after spending a short while in Washington visiting friends.

Miss Effie Latham has returned to her home at Long Acre. She has been here visiting her sister, Mrs. J. H. Respass, and other relatives for three weeks.

The little son of Rev. Thomas Green died Saturday morning and was buried Sunday afternoon.

Miss Evelyn Stadelfe and Gertrude Woolard attended church at Free Union last Sunday.

Rev. D. W. Arnold, of Greenville, began a meeting at the Christian Church on the 26th of September, which was a great success. It closed last Wednesday evening with ten additions and two more joined their membership. The baptismal service took place at the Panalgo creek, on Tuesday afternoon, at 4 o'clock. There was a large attendance.

Mr. C. P. Aycock started his gin last week. This is the first work it has done this season. We are very sorry to state that the cotton crop is cut off very much on account of the dry weather of the last of the summer. The farmers say that they will get only about a half crop this season.

The Norfolk and Southern Railroad Company has completed the branch road from Petersburg to Bishop's Crossing. The regular train made its first trip Monday morning.

This will be a great advantage to the public because it will prevent the long delay at Mackey's Ferry, and also reduce the expense of traveling to Washington and other places on this road.

Mr. Sam Jones, of Swan Quarter, has been visiting Mrs. T. W. Spencer.

Mrs. Lotta Bishop went to Belhaven Friday to spend Saturday and Sunday with her sister, Mrs. Nelson Windley.

Mrs. Irene Judkins, who has been sick for several days, is now able to attend school again.

Mr. C. P. Aycock is carrying on extensive improvements in front of his home. He has put in a tile drain and is filling up the ditch, which will add very much to the appearance of his property.

He is also having a wide cement walk made which will be made handsome when finished and when he gets his water works completed he will have a model up-to-date residence.

THE DAILY NEWS

offers one

LET'S GO TO

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