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A shipment of America's finest production and the world's greatest Sewing Machine. The ball bearing, light running NEW HOME—for cash or easy monthly payments.

Don't forget that we are headquarters for the best sewing machine needles and oil. Beware of imitation goods. The best is the cheapest. We carry the best. Not how cheap, but how good we can give you for your money.

RUSS BROS.
THE PICTURE FRAMERS

The Gem Theater

"The Trail of the White Man"—Indian drama.
"Love Finds a Way"—A drama.
"Dime Novel Detective"—Trick comedy.
"Honor of Thieves"—A Melodrama.

This performance is for the benefit of the Washington High School football team. Come out and help the boys.

Don't fail to try for this week's prize—the beautiful Sugar and Cream Set.



WOMEN'S SHOES

IT IS WITH A FEELING OF PLEASURE AND PRIDE THAT WE ANNOUNCE THE ARRIVAL OF OUR WOMEN'S FOOTWEAR FOR THE FALL AND WINTER SEASONS.

Our shoes are far superior to the ordinary sort of shoes that can be had at every store, where women's shoes are sold.

They came to us direct from the workshops of the world's most noted makers of Women's Shoes. There's many a new-style feature in the Fall models, and we will take the greatest pleasure in showing out women patrons the handsome foot-wear that will be in vogue during the coming season.

S. R. FOWLE & SON

WASEO FLOUR

ALWAYS GOOD and GOOD ALL WAYS

Those who have used it declare that "WASEO" Flour makes sweeter bread and sweeter rolls and sweeter biscuits than any other. For sale only by

E. K. WILLIS.

THE UNION GROCERY CO'S. CAFE

OYSTERS served in all styles by the Noted Chef—RICARD BONNER.

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Blasting Fuse and Caps, Electric Fuses, Batteries, Blasting Machines and Dynamite on hand.

McKeel Richardson Hardware Company

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A BIG LINE OF SAMPLES IN LADIES' COAT SUITS, CLOAKS AND SWEATERS—ALSO MEN'S AND BOYS' HIGH GRADE SAMPLE SUITS, AND A BIG LINE OF REMNANTS AND MILL ENDS IN SILKS, WOOLLENS, SUITING AND COTTON GOODS. PRICES LOWER. COME EARLY AND GET YOUR CHOICE. YOURS FOR BARGAINS.

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NEW BAY LINE "COLUMBIA" and "AUGUSTA." Dining rooms on Saloon Decks. Elegant Table D'Hotel Dinner 75 cents; Club Breakfast, 25 to 40 cents. Polite attention and the very best service in every way. We solicit criticism of our service. Leave Norfolk, foot of Jackson st., daily except Sunday 6.15 p. m.; arrive Baltimore 7 a. m., connecting with rail lines for Phila., N. Y., and all points East and West. For all information and reservations address

G. I. Chandler, G. A. F. R. McMillin, T. P. A., Norfolk, Va.

MEDICINE 1,000 YEARS AGO.

Ancient Tibetan Book Which Contains Many Modern Truths.

A Tibetan "Hand Book of Medicine," published 1,000 years ago, has been recently examined by the Russian Academy of Medicine, and it is found to contain many valuable truths that have been discovered and rediscovered by modern physicians.

A few extracts from the ancient volume are given: "Number of bones in the human body, 206; number of nerves, 99; number of pores, 11,000,000." "The heart is the king of the organs and the staff of life. The lungs embrace it not unlike a mother would a child." "Illnesses are due to man's malice, ignorance and inability to curb the passions for these things interfere with the proper nourishment of the human organs." "All unkind thoughts react upon the heart and liver." Methods for ascertaining the condition of a person's health were much like those that are used today—feeling the pulse and looking at the tongue, taking the temperature, etc. In those days the law imposed fines upon surgeons and physicians who did not keep their instruments clean. Vegetable medicines were advocated; also the bath, compresses, massage, etc.

Early Telescopes.

It appears, according to facts collected by Mr. Arthur Mee, that Thomas Harriot, the English astronomer, born in 1590, made telescopes perhaps contemporaneous with the first instruments of Galileo. The very first telescope seems to have been made in Holland in 1608. The next year Galileo heard of the discovery, and after writing for information, began his own experiments. In the same year Harriot had one or two of the Dutch telescopes sent to him, and immediately began improvements on his own account. It appears that he made a considerable number, and Mr. Mee suggests that some may yet be found in some of the older colleges, or mansions, in England. It is said that Harriot's last and best telescope was nearly twice as powerful as the best made by Galileo. Long before Harriot had been in Virginia, and there employed, in surveying, a "perspective glass." It would be very interesting to know just what his perspective glass was.

Who Columbus Was.

In the afternoon in all the schools a part of the time was devoted to the study of the life and deeds of Columbus.

"An amusing reply was given by one of the pupils. A teacher had told the class of the wonderful voyage of Columbus and how he insisted on continuing the voyage after the other men were clamoring to return. Then she asked: 'Who was Columbus?' with the view of hearing how well they had followed her talk.

"One little hand went up.

"'Wait, Johnny, who was he?' asked the teacher.

"'Columbus was the gem of the ocean.'"

Cause for Reflection.

"The editor of my paper," declared the newspaper business manager to a little coterie of friends, "is a peculiar genius. Why, would you believe it, when he draws his weekly salary he keeps out only one dollar for spending money and sends the rest to his wife in Indianapolis!"

"His listeners," one exception, who sat silent and reflective, gave vent to loud murmurs of wonder and admiration.

"Now, it may sound thin," added the speaker, "but it is true, nevertheless."

"Oh, I don't doubt it at all!" quickly rejoined the quiet one. "I was only wondering what he does with the dollar!"—Ladies' Home Journal.

The Craze for Speed.

Those mighty ocean steamers, like the Lusitania, the Mauretania, and the Kaiser Wilhelm der Grosse, which rush across the sea at the rate of thirty miles an hour, burn up a thousand tons of coal apiece every day. It requires five thousand tons to drive one of them across the Atlantic at that high speed. At a moderate speed, less than half that amount would do, but our century is gone speed crazy. On steamships, on railroads, on automobiles, we must have speed, and sacrifice everything to it, even human lives. Everybody is mad to "get there," whether he has any business "there" or not.—Boy Life.

Enemies of the Rubber-Tree.

A great deal of attention has recently been given to the cultivation of rubber, on account of the continually increasing demand for it. Prof. Francis E. Lloyd points out that "the inevitable struggle of man with nature" has already manifested itself in this new field. Already a considerable number of parasitic enemies have been discovered, "whose energies appear to be largely concentrated upon cultivated rubber-trees." It is another problem for science to deal with.

Electricity as a Carrier.

Does an electric current, when passing through a metal conductor, cause any transportation of particles? It is well known that it does so in the liquid conductors known as electrolytes; in fact, such a common operation as electroplating depends entirely upon this action. To test the matter a recent experimenter passed an electric current continuously for a whole year through a conductor composed partly of copper and partly of aluminum, the sections being pressed firmly together. At the end of the year they were taken apart and examined, but not the slightest trace of either metal was found in the other.

That "Blue" Feeling.

The use of the word "blue" to denote melancholy or terror, as in the phrases to "feel blue," "blue devils," a "blue funk," and on so, is not entirely figurative. If we are to credit a recent medical writer, the class of phenomena that includes fainting, vertigo, nausea, etc., is controlled by certain brain centers that also bring about a sort of cramp of the external muscles of the eye. The resulting compression of the organ causes objects to look gray or bluish, and ultimately produces apparent darkness. The use of the word, having a physiological basis, is common to many languages. The French say, for instance: "I see blue." A writer says that the French word *eboulement* (giddiness) should be spelled *ebouissement*, and has the same origin.

Peppermint and Tobacco.

If you have a boy who has begun smoking too early and whom you wish to cure of the habit, feed him peppermints. Dr. O. Clayton Jones of Silverton, England, writing in the London Lancet, is authority for this simple cure. Dr. Jones writes: "To break the smoking habit in a youth there is nothing better than peppermint drops. He cannot smoke with a 'bulleye' in his mouth, and even for some time after it is dissolved tobacco will not blend kindly with the taste that remains. Socially the cure may seem worse than the disease, but from a medical point of view the sucking of peppermints is far less hurtful. A common 'bulleye' will prevent smoking for nearly an hour, so the amount of sweets used need not be great."

For Sore Feet.

Corns and bunions are very obstinate ills to overcome. But if directions are followed faithfully they may be cured, at least to such an extent that they will not be sore and painful. The following formula, if used, twice a day, will, in time, greatly relieve both corns and bunions:

Fill a small bottle one-third full of very fine table salt, then fill the bottle with coal oil in which a tablespoonful of vinegar to every gill of all is used. You must be careful and wear shoes and stockings that fit you perfectly. Bathe the feet daily, but do not soak them. Change your stockings at least every other day, and do not wear the same shoes on the street that you wear in the house.—Inter-Ocean.

Crystallization and Life.

Prof. Otto Lehmann, whose announcement, a few years ago, of the existence of "liquid crystals," gave rise to much discussion, which has ended in the recognition of the reality of the phenomena described by him, maintains that, although crystals themselves are not living, crystallization is the agency made use of by living growth. The similarity in aspect and behavior between certain liquid crystals and bacteria is remarkable, and," says a reviewer of Professor Lehmann's work in Nature, "can scarcely be accidental." The same reviewer holds that Professor Lehmann has "made an important contribution to the solution of the great question confronting alike science and philosophy—'What is life?'"

British Water-Power.

The growing industry of extracting aluminum has stimulated the search for water-power in the British Isles, because the extraction of aluminum is so expensive that only low-cost power can be economically employed. In this respect Scotland, with its mountains, is coming to the front. The water-power plant at the falls of Foyers, in Scotland, has hitherto been the largest in Great Britain, but now a still larger plant at Kinlochleven, utilizing the rainfall over a tract of 55 square miles, is about to be put into operation for the production of aluminum. Its nine hydraulic turbines, each of 3,200 brake horse-power, are the largest water-wheels in the British Isles.

TO THE CITIZENS

Hardy's Drug Co., druggists, handle Gilhooley's Irish Liniment, and they back it up with what might be called a Government bond. In fact a guarantee certificate goes with every bottle, to the extent that if Gilhooley's Irish Liniment does not cure Eczema, Rheumatism, in any form, Salt Rheum, Lumbago or any skin ailment, you are out nothing, as the druggist you bought it from will give back your money and take the certificate for his pay.

The matter is entirely in your hands.

GILHOOLEY IRISH LINIMENT CO.,
St. Paul, Minn.

ANOTHER OPEN LETTER

Greenville, N. C.,
November 11, 1909.

To G. L. Joyner:

Sir—Something like 14 days ago I wrote you an open letter, challenging you to meet me in the courthouse at Greenville, on a public issue you are conducting with the people of North Carolina, setting forth a bill of indictment very clearly which I am ready to defend at any time. Not having heard anything from you, I will state that, unless you set a date soon, then I will, as I am determined to be heard, and am standing pat on the proposition.

Yours, etc.,
J. R. HUTCHINGS.

MORE SWEATERS

For Ladies, Men, Boys and Girls just received. They are beauties and exceptional values.

The Best Looking Sweaters

You have seen on the streets, you will find if you inquire, come 'om us. More now like 'em.

James E. Clark Co.
THE HIGH-ART CLOTHIERS

CARGO OF SALT

Just Received.

H. M. JENKINS CO.,
Wholesale Grocers.

NEW DRIED FRUIT

Currants, Prunes, Raisins, Evaporated Peaches and Apples.

Phone 97.

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Specialties Cigars and Tobacco.

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Ever shown here. Have your frames made now, and don't wait 'til Xmas.

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OYSTERS! PHONE 367.

Delivered to any part of city 25 cents quart. Served in any style, steamed a specialty at 113 Market Street.

Ocracoke Fresh Dressed Mullers.
J. T. WYATT.

TO OUR TELEPHONE SUBSCRIBERS:

In order to obtain satisfactory telephone service, it is necessary for our subscribers to observe the instructions contained on the instruction cards tacked on to the various telephones. A great many of the subscribers are placing their receivers on 't'e hooks before they complete their conversation and by doing this the operator gets the disconnecting signal which requires that she take down the connection, which, will of course, prevent you from completing the conversation with whom you were originally talking.

It is also desired that you place your lips close to the transmitter and give the number of the telephone with which you desire connection slowly and distinctly, calling the numbers by digits instead of the usual way. As example, if you desire to communicate with telephone No. 221, call the number double two, one. The operator will then repeat the number back to you to assure you that she has heard the order correctly and will then make the desired connection. Do not ask questions of the operator, but call for the chief operator for information. The operators will be too busy answering calls of the subscribers to spend any considerable time in connection with your telephone to answer questions that can be just as well answered by the chief operator.

There is still some additional outside work to be done in connection with the lines of those subscribers located outside of the corporate limits and outside of what is known as the cable district. It is necessary to string additional wires from the end of the cables to the subscribers' stations on these citying districts in order to metallic circuit them. This work may cause some trouble to the subscribers, but every effort will be used to reduce the amount of trouble to a minimum. Should you have trouble, however, in using your telephone or find that it is not working satisfactorily, do not hesitate to call the chief operator or Mr. Bell, our local manager, notifying him of the fact, and the matter will then be given prompt attention.

CAROLINA TELEPHONE & TELEGRAPH CO.

WE SELL NOTHING BUT

SHOES



AND

SOX

ASK FOR YOUR REBATE CHECKS. WE GIVE 50c. IN CASH WITH EVERY \$10.00 PURCHASE FROM US FOR CASH.

Knight Shoe Co.
The Only Exclusive Shoe Store in the City.

C. G. MORRIS & CO., BROKERS

WHOLESALE FRUITS AND PRODUCE

Arrived this week.

1 Car Kingan's Reliable Meats,
1 Car Meal

is the Oldest Established in the City and the Most Complete in the State.

OUR PLANT

Our French Dry Cleaning and Steam Pressing is unexcelled anywhere. We do more work than all other establishments in the city combined. Let us do yours.

Wright's Steam Pressing Works,
"WHO PRESS BEST IN WASHINGTON."

JUST RECEIVED

250 TARBELL CHEESE
and **CARLOAD OF CANDY**

This is the largest shipment of Cheese and Candy received in this section during the season. We contracted in June and July for 1909 with Tarbell people for 2,050 Cheese, and have only 62 left. This makes our purchases on Tarbell Cheese since June, 1909, 1988 Cheese, which is more than 3 times as many as sold of any other brand of Cheese. We advertise only actual receipts.

E. R. MIXON & CO.

When you come for your hat don't forget to take a look at our

Crockery and Glassware.

T. W. PHILLIPS & CO.

—HELP IS OFFERED—

WORTHY YOUNG MEN AND WOMEN. No matter how limited your means of education, the GREAT AMERICAN SHORTHAND AND BUSINESS COLLEGE, Durham, N. C., is ready and willing to help you secure a high-grade Business Education. THE ONLY Business College in the Carolinas presided over by an Incorporated Accountant and Auditor. A sufficient guarantee of its superiority. Enter now on easy payment plan. DEPARTMENTS: Bookkeeping, Shorthand, Typewriting, Telegraphy, Penmanship, Civil Service, English Branches, etc. Expert Faculty—Railroad Fare Paid—Positions Guaranteed.



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PRICES RANGE \$15.00 to \$50.00