

An Effective Laxative For Growing Children

Dr. Caldwell's Syrup Pepsin Highly
Recommended as a Family
Remedy.

In children the slightest irregularity of the bowels has a tendency to disturb the entire digestive system, and unless promptly remedied invites serious illness. The experienced mother knows that by training her children to regularity in this respect, and when occasion arises administering a mild laxative, she will have little need for the doctor's services.

Mrs. Leo Weisand, 3251 Central Ave., N. S., Pittsburg, Pa., whose two boys, Frank and Joseph, are shown in the illustration, writes that she has found Dr. Caldwell's Syrup Pepsin a most effective laxative, not only for the children but also for herself, and that she will always keep it in the house to use when needed. Dr. Caldwell's Syrup Pepsin is a combination of simple laxative herbs with pepsin that acts easily and naturally, without griping or other pain or discomfort. It is pleasant to the taste so that children like it, and is equally effective on the strongest constitu-



tion. Dr. Caldwell's Syrup Pepsin can be obtained at any drug store for fifty cents, and should have a place in every home. It will save many times its cost in lessened doctor bills and maintain the health of the entire family. To avoid imitations and ineffective substitutes be sure to get Dr. Caldwell's Syrup Pepsin. See that a facsimile of Dr. Caldwell's signature and his portrait appear on the yellow carton in which the bottle is packed. A trial bottle, free of charge, can be obtained by writing to Dr. W. B. Caldwell, 455 Washington St., Monticello, Illinois.

WAR TAKES AMERICANS FROM RANKS OF FOREIGN LEGION

By HENRY WOOD,
(United Press Staff Correspondent)

With the French Foreign Legion, France, Oct. 19.—(By Mail)—Eight hundred odd Americans enlisted in the famous French Foreign Legion in the early part of the war. The Legion, which is one of the finest fighting regiments in France, has participated in nearly all of the big offensives to date, and many of the American volunteers were killed or permanently wounded in these actions. The American contingent suffered especially heavy during the big French offensive in Champagne last September, where, the regiment, as usual, covered itself with glory.

Since then, fully 50 of the American legionaries have been transferred at their own request into the Franco-American Flying Corps; others have secured their discharge, while quite recently the remaining ones have manifested an ardent desire to get into the French regiments which the French government has finally permitted them to do.

The Legion at the present moment is defending one of the more quiet sections of the French front, where the first line trenches run just in

front of one of the most beautiful and most historic chateaus of France. The chateau itself has been completely destroyed by the Germans, but the grounds, in which the Legion is encamped, remain almost as beautiful as ever.

The transfer of the Legion into this ideal spot for a few weeks of quiet trench fighting is in recompense for the brilliant part played by it in the early part of the Somme offensive, where it suffered heavy losses. Almost the first man whom I met in the Legion, after the officers, was a 19-year-old boy of St. Louis, Missouri. Although a member of the Legion for only the past nine months he is proudly wearing the much coveted decoration of the Croix de Guerre which he won in a brilliant bayonet charge on the Somme.

Of the original 100 American volunteers, who sailed from New York on the Rochambeau August 4, 1914, immediately following the declaration of war, only four remain. These are a Lieutenant of Seattle, who is undergoing special treatment at Paris for a bullet through the lungs; a sergeant of New Orleans, a private of San Francisco and a private of

WOULD ALLOW EMPLOYEES OF THE GOVERNMENT TO REGISTER BY MAIL

(By United Press)

Washington, Nov. 6.—Urging that the drain on the time and pocket-books of those in the service of the Federal Government could be cut in half, Secretary of State Robert Lansing has come out strongly in favor of legislation permitting voters to register by mail. Mr. Lansing pointed out that under the laws of most states at present it is necessary for the voter to make the trip to his legal residence to register, and then either remain there until election day or stand the expense of coming back to Washington and returning to his voting place to go to the polls.

Thousands of government employees will lose their privilege of voting this year because of the prohibitive cost of making two trips to their home towns. Secretary Lansing would cut this cost in half by enactment of legislation permitting government employees to have their names placed on the voting lists by affidavit, without being compelled to register personally. He would extend this power to the men outside the government by empowering the courts to accept registration affidavits and issue proper certifications.

Several states have taken up a movement of which Iowa was the pioneer, permitting both registration and voting by mail.

New York.

In the Legion's brilliant bayonet charges on the Somme three out of the four battalion commanders were killed, the remaining one, Commandant Weddell, an Englishman, having been decorated with the Legion of Honor for his bravery.

Numerically, the Legion has suffered heavily since the beginning of the war, owing to the large number of volunteers who have been released in order to return home and fight with their own armies. The Italians, for example, returned home when Italy declared war; the Greeks at the moment of Greek mobilization, and the Rumanians with their country's entrance into the conflict.

Nevertheless, the Legion still has members from forty-eight different nations. One of the few Greeks remaining, told me he had come all the way from Jerusalem to fight for France and had preferred to remain rather than return to his own colors. Likewise, a remaining Italian, who had lived all his life only two days "on foot" from Rome without ever having seen the "Eternal City" had preferred to continue fighting for France rather than return to his native land.

Birth Of a Nation Here This Week



SCENE FROM "THE BIRTH OF A NATION"

D. W. Griffith's "The Birth of a Nation" is decidedly the most remarkable historical spectacle ever presented in America. It will be seen at the New Theatre tomorrow and Thursday, Nov. 8-9. Petersburg and Atlanta, Appomattox and Ford's Theatre, the foothills of South Carolina and the wild rides of the Ku Klux Klan live again in Mr. Griffith's 12,000 feet of superb motion picture, which too recent months to produce, cost \$500,000, employed 18,000 people and 3,000 horses. The great spectacle is an epitome of scenes, incidents, characters, passions and emotions of the whole period from 1861 to 1870—the period occupied by the Civil War and Reconstruction. Suggested by Thomas Dixon's "The Clansman" and "The Leopard's Spots," it has a grandly epic quality of its own which stamps it as a masterpiece of genius. The enormous popularity achieved by it in New

York, Boston, Chicago, San Francisco and Los Angeles has been repeated in all the towns of the route, and the prospects are that it will crowd the local theatre at every performance.

A matinee will be given on Thursday starting at 2:15. Evening performance will start at 8:15. Seat sale at Worthy and Etheridge's drug store.

BANK OF WASHINGTON HELPING IN PAY-UP WEEK

In the list of establishments, published in the Daily News a few days ago, and giving the names of those who were helping in the "Pay-up Week" project, the name of the Bank of Washington was inadvertently left out. The bank is among those that are giving their support to this movement.

WINCHESTER



.32, .35, .351 and .401 Caliber SELF-LOADING RIFLES

When you look over your sights and see an animal like this silhouetted against the background, you like to feel certain that your equipment is equal to the occasion. It is, if you are armed with a Winchester Self-Loader. Not only does this rifle shoot surely, strongly and accurately, but it gives you a chance to get in a number of shots in quick succession. It is the rifle of rifles FOR ALL KINDS OF HUNTING

NEW NEW TELEGRAPHERS TRY TO READ MACHINE GUN PATTER—SOME NERVOUS

(By United Press)

London, Nov. 6.—The scores of men who have been trained in the past few months as telegraphers for England's new army are complaining of "nerves." Several have claimed the work is so trying that they have found themselves attempting to read the Morse Code into every succession of sounds they hear. The trot of a horse or the honking of an auto horn, they say, invariably spoil out some weird messages. The drumming of the rain on the roof, the clatter of the army service wagons and even the patter of machine gun bullets come to the nervous telegraphers as code messages.

WOULD ABOLISH THE GLASS MILK BOTTLES

(By United Press)

Harrisburg, Pa., Nov. 7.—The death knell of the glass milk bottle in Pennsylvania has been sounded. Dr. Samuel G. Dixon, the state commissioner of health, says that "it will have to give way in the near future to the destructible bottle that will never be used a second time."

This is taken to mean that within a few weeks the health department advisory board will rule that the glass milk bottle must go. Such rulings have all the effect of statute law. Commissioner Dixon doesn't like the danger of infection through the promiscuous distribution and gathering of bottles, no matter how cleanly the dairy or creamery may be.

Every grocery store has its customers who order POSTUM regularly instead of coffee.

They are former coffee drinkers who, for health's sake, changed their table drink.

If you suspect that coffee contributes to your discomfort or illness, ask the grocer for the names of several POSTUM users in your neighborhood; get in touch with them and hear their story.

Or, secure a tin of INSTANT POSTUM and try it on the family table for ten days instead of coffee.

"There's a Reason" for POSTUM