

# MAY YOUR Christmas

Be the most happy and joyful that you have ever known. And may the New Year held for you even more happiness and joy.

At this, the holiday season, we extend our best wishes for prosperity, good health and happiness to you and all who are dear to you. We hope that our service during 1916 will merit a continuation of your patronage during 1917.

**J. F. Buckman & Son**

## WHAT CHRISTMAS MEANS TO ME

(By Frank Lewis)  
On Christmas we celebrate the birth of Jesus Christ our Saviour. This is a day to be thankful to God for all the blessings we have received and still receive. This therefore is a sacred day and not the time to think of ourselves, but of our friend and what it is to have them. The giving of presents is all very well because we do it in memory of the wise men who brought their choicest gifts to their King. But when we give let us give to those who need it and if we give with the right spirit it will be good for us.

"Not what we give, but what we share—  
For the gift without the giver is bare;  
Who gives himself with alms feeds three—  
Himself, his hungering neighbor,  
and me."

Here from Norfolk.  
Mr. and Mrs. C. H. Fischer and children, of Norfolk, are spending the holidays with her parents, Mr. and Mrs. H. R. Mayo.

# We Wish to Express

Our sincere appreciation for the patronage we have received during the last year. We are grateful for the many favors shown us by the buying public and we hope for a continuation of these favors during 1917.

We extend to you our best wishes for a most joyful Christmas and a most happy and prosperous New Year.

**Pegram-Watson Hdw. Co.**

# We Extend To YOU

Our most cordial wishes for a most joyful Christmas

and a Happy and Prosperous New Year

May the best in our past be worst in your future.

We also desire to thank you for the patronage you have so kindly given us during 1916 and we hope for a continuance of same for 1917.

**R. Lee Stewart**  
Jeweler

## ADVOCATES STERN MEASURES FOR RACE BETTERMENT

Dr. McNary of Kinston Urges Restraint in Marriage as the most Effective Cure.

"The abrogation of the power to propagate his kind as the proper treatment of the habitual and confirmed criminal as well as the vicious insane, was the remedy for race betterment as advocated by Dr. Banks McNary, of Kinston, at the Seaboard Medical convention here this week and which was endorsed by the convention.

Dr. McNary, who is superintendent of the feeble-minded school in Kinston, said in part:

"The editor of a New York Journal in commenting on a Connecticut law, said, 'Could such laws be enforced in the whole United States, less than four generations would eliminate nine-tenths of the crime, insanity, and sickness of the present generation in our land.'

"First, confirmed criminals and mental defectives should be considered subjects for medical and surgical treatment; Second, experience of experts convince us that neither punishment, education, nor environment are effective in restoring normal conditions; Third, heredity is considered to be the important factor in the perpetuation of crime and degeneracy, therefore, the power of procreation should be abrogated; Fourth, he state in exercising its duty to its citizens has the right to enact laws, as the guardian of the privileges and rights of its citizens, which will prevent the procreation of the criminals and defectives, and thereby offer protection against conditions which are harmful to its social integrity. Fifth, history shows that the eunuch is not deficient in intellect, vigor or courage, and he has been prized for his qualities, for his fidelity. His advice and counsel have been sought for by rulers and potentates. Sixth, surgical procedure, instituted for the

prevention of procreation and vicious criminals, perverts, degenerates, idiots, imbeciles, epileptics and the vicious insane, should not be regarded as methods of punishment, but the sole object of which is the betterment of the human race.

"May I not appeal to the members of our most noble profession who are not only the conservators of public health, but who are and always will be the promoters of public good in every sense of the word: equipped through years of study and effective service of their professional duties, with courageous convictions and cultured mentality to do the right, we who stand at the very gateway of civilized conditions, ready ever to lend a ready hand in promoting any movement that is for the public weal. Again I say to you of the medical profession, may I not ask that the study and investigation of this subject be approached with open mind, with the judgement unwarped by an emotional sentimentality, and that we may have the satisfaction that when we pass to the beyond, that the life of posterity may be easier, happier and better by us having lived. Feeling that when so studied there can be but one verdict: that of enlightened approval."

First Baptist Church.

Pastor Edward B. Jenkins.  
"Christmas Without Christ" is the subject of the Sunday night sermon. Come and hear this Christmas-tide sermon.

Services in the morning at 11:00 o'clock and evening at 7:30. Sabbath School at 9:45, Prof. W. G. Privette, Supt. Prayer meeting Wednesday evening at 7:30 p. m.

## BOSTON WOMAN RECOMMENDING IT TO HER FRIENDS.

Popular Boston Lady Says Tonicine Has Proven a Godsend to Her.  
It is always interesting to listen to the statements of our friends, and especially when you know they are sincere and honest in what they say. Added interest is created in a statement coming from one who has spent a lifetime in Boston, where she is well known socially.

Such a person is Annie Stewart, who resides in Boston, and is possessed of the respect and confidence of her associates, and is willing for anyone to call on her to verify the following signed testimonial.

"I have suffered with stomach trouble for the past seven years. It took the form of indigestion and dyspepsia. I had dizzy spells and headaches and after I ate a little food it would ferment and cause gas to form in my stomach. I had pains all over my body, and was chronically constipated. My liver was torpid, and I felt generally miserable. I had doctored and had been in the hospital, but received no permanent relief. I was so nervous and restless that at night I could scarcely sleep. The gas pressing under my heart caused palpitation, and when I arose in the morning I was just as tired as when I retired. About two weeks ago I began to take Tonicine, and I can truthfully state that it has done wonders in my case. I am feeling like a new woman and can eat any kind of food. I sleep the night through and have no more aches or pains; in fact, it has cured me, and I am recommending it to all of my friends, as it has been a godsend to me." Worthy & Etheridge sell and guarantee Tonicine.

There are numerous symptoms of this trouble that Tonicine can relieve. In fact, any of the following may denote affections of the stomach: Indigestion, dyspepsia, belching of wind, bad breath, sick throbbing headache, poor circulation, night sweats, that tired feeling, constipation, coated tongue or a poor complexion.

Caution:—As Tonicine is recommended as a flesh builder those wishing to increase their weight 15 pounds or more should not take it continuously.

LOST BETWEEN MY HOME AND the gas office, a gun metal watch with black ribbon and mourning side attached. Finder please return to Miss Margaret Blount at the gas office. 12-22-16.

## Business Man Praises Dr. Miles' Heart Remedy

Successful Merchant After Investigation Found a Remedy That Restored His Health.

"This is Thanksgiving day in the state of Pennsylvania, and I want to devote a part of it in writing a letter to you. On the 26th day of November, 1916, I was stricken with heart trouble. My family physician called it Angina Pectoris. I had from one to five attacks in 24 hours. In the latter part of December, 1916, I wrote to the Miles Medical Co., for information concerning my case and in reply I received a very kind and instructive letter, which I handed to my family doctor, and he told me to use your Remedy in connection with the medicine he gave me, so I did. I used five bottles of Dr. Miles' Heart Remedy and seven bottles of Dr. Miles' Nervine. I was confined to the house for about four months. The action of my heart is now, and has been normal for the last six months. I can truly recommend Dr. Miles' Nervine and Heart Remedy to do what they are intended for. If used according to directions, I thank you kindly for your advice in answer to my monthly reports. I am now sixty-seven years of age, have been in the mercantile business for thirty-five years and lived retired for the last thirteen years." A. H. HOLLINGER, Lincoln, Penna.

Dr. Miles' Heart Remedy is sold and guaranteed by all druggists. MILES MEDICAL CO., Elkhart, Ind.



# MAY THE JOYS OF The Christmas Season

be yours and may Prosperity and Happiness await you during the coming year.

Our Best Wishes Are Yours

**ALDERMAN - CAPEHART**  
LAUNDRY

## WHAT CHRISTMAS MEANS TO ME

(By Daniel G. Oden)  
Christmas is Christ birthday. It means that we should have a Christ like spirit to all. To me it means a holiday, a lot of nice presents and good things to eat and a Jolly good time in general. I always take a trip to my grand mothers which is a lot of pleasure so I all ways like to see Christmas come.

## WHAT CHRISTMAS MEANS TO ME

(By Lou Glynne Cox)  
Christmas means to me a short vacation from school, a merry time at home with plenty of good things to eat and a visit from dear old Santa Clause. Christmas also means a time to remember the orphans and the poor. Above all else Christmas means a celebration of Christ's birthday, the most sacred day of the whole year.

## WHAT CHRISTMAS MEANS TO ME

(By Anna Phillips)  
Christmas is the happiest time of all the year. We celebrate Christmas because it is Christ's birthday by giving and receiving gifts and spreading the Christmas spirit abroad. The best time of all is when we awake Christmas morn and run to see what Santa Clause has brought us and just such a happy time as we all do have.

# Go Our Friends !!

We Wish To Extend our most hearty wishes for a **HAPPY CHRISTMAS** season.

We are deeply appreciative of the patronage we have received during 1916 and hope to give even better service and satisfaction during 1917.

**The Cherry Furniture Co.**

# May Your Christmas

Be the happiest and the most joyful that you have ever experienced.

And may the New Year hold for you the greatest of prosperity and happiness.

We appreciate the patronage you have given us during 1916 and trust that our service has been such as to merit a continuation of same.

**Worthy & Etheridge**